Group Outdoor Recreation & Eco-Friendly Activities

Event Forecast: clear and sunny with a chance of discovery.

The Grand Del Mar’s backyard is landscaped with the spectacular natural scenery of the stunning 4,100-acre Los Peñasquitos Canyon Preserve, a naturalist’s haven and an outdoor enthusiast’s playground. Combine this with the legendary Southern California coastline — a mere five miles away — and the opportunities to take in the San Diego sunshine are seemingly endless.

HIKE INTO THE PAST
Los Peñasquitos Canyon Preserve reveals prehistoric pasts, an abundance of flora, wildlife communities, flowing creeks, a waterfall and scenic vistas. Take in the stunning natural beauty and uncover Native American history dating back 7,000 years on this memorable and educational guided hike, offering 2.5-, 4- and 6-mile options that range from an easy stroll or a moderate hike to a heart-pumping adventure!
{ 2.5 – 6 miles / 2 – 3 hours / Minimum: 6 participants / Requires transportation* }  
{ $75 per person** includes bottled water, trail mix and sport drink in a custom Grand daypack }

COASTAL SPLENDOR BEACH WALK
Embark on a two-mile naturalist-led trek along one of Southern California’s most pristine beaches. The walk begins due west of The Grand Del Mar where Los Peñasquitos Marsh and Lagoon meets the Pacific. Explore the rich life within the surf zone and gain a unique perspective of its mysterious ecosystem. Before your coastal discovery concludes, take off your shoes, comb the beach, run with the waves or just sit in splendor.
{ 1.5 – 3 miles / 2 – 2.5 hours / Minimum: 6 participants / Requires transportation* }  
{ $75 per person** includes bottled water, granola bar and seasonal fruit in a custom Grand daypack }

COAST WALK
Diversity, sea life, nesting birds, Native American lore and beach culture highlight this eclectic guided walk along La Jolla’s historic Cliffside Trail. Pacific breezes and breathtaking views of the Seven Caves of La Jolla provide the quintessential, coastal San Diego experience.
{ 3.5 miles / 2 – 2.5 hours / Minimum: 6 participants / Requires transportation* }  
{ $75 per person** includes bottled water, protein snack and seasonal fruit in a custom Grand daypack }
ADVENTURE ON WHEELS
This fast-paced, 6-mile adventure begins with a brief historical tour of Los Peñasquitos Ranch House, an adobe estate built in 1824, before riders head into an environment tailor-made for two wheels: Los Peñasquitos Canyon Preserve. Ride along the tree-lined dirt road — once a bustling stagecoach route to the coast for weary travelers and anxious soldiers — to the boulder-studded Los Peñasquitos Creek Waterfall and back.
{ 6 miles / 2 – 2.5 hours / Minimum: 10 participants / Requires transportation* }  
{ $120 per person** includes bottled water, granola bar and sports drink in a custom Grand daypack }

NATIVE PLANT RESTORATION
In partnership with local non-profit agencies, a guided hike or mountain bike adventure leads your group into the heart of Los Peñasquitos Canyon Preserve to assist in planting multiple species of indigenous plants, including the California Scrub Oak — once the diet foundation of the Kumeyaay Native Americans and numerous wildlife species that made the canyon their home. This truly rewarding experience leaves participants with a great sense of accomplishment and deepened appreciation of the environment.
{ 2.5 miles / 2.5 hours / Minimum: 15 participants / Requires transportation* }  
{ Hike: $75 – $85 per person** / Bike: $105 – $115** }  
{ Pricing includes bottled water, protein snack and seasonal fruit in a custom Grand daypack }

HORSEBACK RIDING
The Grand Del Mar’s Equestrian Center offers an abundance of horse adventures for riders of any experience level. Discover breathtaking scenic vistas from a new elevation — with four legs — as you amble through picturesque Los Peñasquitos Canyon Preserve along exciting slopes and serene ridges with a surefooted horse as your personal tour guide.
{ 1 – 1.5 hours / Maximum: 4 adults (up to 230 lbs) and 2 juniors (up to 140 lbs) per ride }  
{ $135 – $170 per person** }

KAYAK THE SEVEN CAVES
The best way to experience the Pacific is to dive right in! Gaze upon amazing views and abundant wildlife on this guided, 2-hour kayak tour through the fascinating marine paradise of the La Jolla Ecological Reserve to the famous La Jolla sea caves. Wildlife sightings often include seals, sea lions, dolphins and leopard sharks (seasonal), and the tour finishes with a fun ride through the gentle waves of La Jolla. Thanks to the aid of a passionate and well-trained kayak enthusiast, no experience is necessary to enjoy this exciting eco-adventure, but you must be able to swim.
{ 2 hours / Minimum: 6 participants / Requires transportation* }  
{ $75 per person** includes equipment and wet suit rentals, bottled water and towel }

SURFING LESSONS
Reinvent the “board” meeting and learn how to ride the waves off the famous coast of La Jolla.Introduced to the area by Hawaiian-born George Douglas Freeth in 1907, San Diego became a surfing hot bed by the mid 1950s. Experience Southern California’s surf culture firsthand and take the ride of a lifetime in this picturesque setting with friendly, professional instructors. Must be able to swim.
{ 2 hours / Minimum: 5 participants / Requires transportation* }  
{ $135 per person** includes equipment and wet suit rentals, bottled water and towel }
TOUR BIRCH AQUARIUM AT SCRIPPS
Explore more than 60 habitats of fish and invertebrates from the cold waters of the Pacific Northwest to the tropical waters of Mexico and beyond. Perched on a bluff overlooking the Pacific Ocean and minutes from The Grand Del Mar, Birch Aquarium at Scripps is the public exploration center for the world-renowned Scripps Institution of Oceanography at the University of California, San Diego. An outdoor tide pool and interactive museum showcase research discoveries by Scripps scientists on climate, earth and ocean science. This event pairs well with our two-hour Coast Walk.

{ 2 hours / Minimum: 10 participants / Requires transportation* }  
{ $35 per person** }

ADDITIONAL DETAILS
• Hikes can be customized into the following categories: interpretive/educational hike at a moderate pace; power hike/walk for fitness; combination of interpretive and fitness at a moderate to fit pace.
• Box lunches are available for all outdoor recreation activities. Pricing starts at $25 per person, plus tax and gratuity.
• The Grand Del Mar or company logo attire is available for purchase starting at $25 per item.

* Transportation is not included in pricing. Your Conference Services Manager can assist with arrangements.

** Pricing is subject to change and does not include 23% Service Charge.
Your event’s recipe for success.

Turn up the heat and uncork the fun with The Grand Del Mar’s award-winning culinary and wine team. Sip, sauté, savor or roll up your sleeves for an exciting culinary battle. With a number of epicurean adventures, there’s no shortage of enticing things to learn… and taste!

**THE GRAND CULINARY DEMONSTRATION**
Fulfil your appetite for both knowledge and gourmet cuisine, as our talented culinary team demonstrates a few of The Grand Del Mar’s signature dishes and shares kitchen stories, culinary tips and exclusive recipes. All we ask is that you sit back and reap the tasty benefits. This event also pairs well with a Wine Tasting.

- **2 hours / 6 – 18 participants / Includes three-course meal**
- **Lunch: $145 per person** / **$200 per person** includes The Grand Del Mar signature apron
- **Dinner: $170 per person** / **$225 per person** includes The Grand Del Mar signature apron

**CHEF IN TRAINING**
Tap your inner Top Chef and participate in an unforgettable hands-on experience. With the guidance of our resort chefs, create a three-course meal from prep to flavorful finish. Then, enjoy the fruits of your labor family-style with your fellow chefs. Kitchen tips, culinary tricks and take-home recipes make this event one to savor for many meals to come.

- **2 – 3 hours / Minimum: 6 participants, Maximum: 14 participants / Includes three-course meal**
- **Lunch: $225 per person** includes The Grand Del Mar signature apron
- **Dinner: $270 per person** includes The Grand Del Mar signature apron

**IRON CHEF COMPETITION**
Let the food fights begin! Devised by the resort’s masterful chefs, this cooking challenge allots matching ingredients (and unnerving time limits) to opposing teams tasked with the creation of gourmet dishes. Win, lose or draw, one thing is certain: every single outcome is bound to be delicious.

- **1.5 – 2 hours / Minimum: 30 participants / Requires sound system, Master of Ceremonies and prizes**
- **$165 per person**

**WINE TASTING**
Wine lovers, prepare to be smitten. The Grand Del Mar’s highly lauded 36,000-bottle collection spans the world, from California to Australia, South Africa to South America, Spain to Germany, and virtually every wine valley in between. Get a taste of this exclusive collection at a customized tasting hosted by one of the resort’s knowledgeable sommeliers.

- **1 – 1.5 hours / Minimum: 4 participants**
- **$85 per person**
SOMMELIER EXPERIENCE
Savor the taste of discovery in this behind-the-scenes experience ideal for true wine connoisseurs. Uncover the secrets to pairing wine with food and learn how to organize and manage your wine cellar — all before a high profile tasting of six grand cru quality wines not readily available in the marketplace. This remarkably exclusive experience with one of the resort’s knowledgeable sommeliers is one your palate will never forget.
{ 2 – 3 hours / Maximum: 8 participants }
{ $295 per person** includes one of The Grand Del Mar’s exclusive bottlings }

MIXOLOGY DEMONSTRATION
Pour on the fun at your next cocktail hour. The Grand Del Mar’s smooth mixologists shake up an intoxicating array of tastings with a twist, from seasonal martinis and re-imagined classics to herb-infused cocktails and creative flavor combinations — all tailored to your event.
{ 1 – 2 hours / 6 – 20 participants }
{ $75 per person** }
Be the office MVP.

Sometimes the best way to improve office productivity is to get out of the office. Whether you need to reconnect, build camaraderie, find motivation or simply have fun, The Grand Del Mar has a sport, game or teambuilding activity to make your “point.”

CANYON QUEST
Set out to discover and conquer the mystique of the 4,100-acre Los Peñasquitos Canyon Preserve on this unparalleled hiking or mountain biking adventure. Teams must solve clues and take on challenging initiatives to make their way through the exciting terrain of this scenic environment.
{ 2 – 4 miles / 2.5 hours / Minimum: 15 participants / Requires transportation* }  
{ Hike: $75 – $85 per person** / Bike: $115 – $125**}  
{ Pricing includes bottled water, protein snack and seasonal fruit in a custom Grand daypack }

GRAND FRONTIER ADVENTURE
Explore the Wild West! Once the site of a thriving Native American population and the first stagecoach route to San Diego, Los Peñasquitos Canyon Preserve inspires a series of fun-filled challenges, educational puzzles and good ole' fashioned teamwork along a 1.5-mile scenic trail. This activity may also be simplified to flat terrain within the resort grounds only.
{ 2 – 4 miles / 2.5 hours / Minimum: 15 participants }  
{ $75 – $85 per person** includes bottled water and light snack }

TRIO OF FUN
Overlooking The Grand Golf Club nestled in Los Peñasquitos Canyon Preserve, the 10,000-square-foot Aria Lawn is the perfect setting for a unique teambuilding activity customized for your group. Teams compete for points in your choice of three activities: Bocce, Croquet, Horseshoes, Three-Legged Race, Pictionary or Tug-of-War. Points are tallied and winners awarded in this exciting trio of friendly competition.
{ 2 hours / 8 – 32 participants }  
{ $450 per group** }

BOCCE
Toss like an Egyptian… As early as 5000 B.C., the Egyptians played a game throwing polished rocks at a target. While the rules and equipment may have changed since ancient times, today’s Bocce is considered one of mankind’s oldest games and an American favorite since the 1750s. Groups can choose from casual individual play or a spirited tournament beneath the San Diego sun on the resort’s 10,000-square-foot event lawn.
{ 2 hours }  
{ 4 – 9 participants: $20 per person** plus $250 for Bocce Meister }  
{ 10 or more participants: $450 includes Bocce Meister }
CROQUET
Grab a mallet and aim for the hoops! Bring the team to The Grand Del Mar’s lush Aria Lawn for a few hours of American six-wicket Croquet. More than 250 years old, Croquet is rich in tradition and can be fiercely competitive, lending itself to exciting tournaments and unique receptions.

{ 2 hours }
{ 4 – 9 participants: $20 per person** plus $250 for Croquet Meister }
{ 10 or more participants: $450 includes Croquet Meister }

TENNIS
Two pro-style tennis courts, a lush lawn and shaded viewing terrace set the scene for an exciting tennis competition, from group tournaments and 3-on-3 challenges to vintage wood racquet tournaments and celebrity emcee events. Or, host a private academy where players learn tennis fundamentals and test their skills with Lynn Lewis, UCLA 3-time All American, NCAA doubles champion and former touring professional. The Grand Tennis Pavilion perched above the nature preserve offers a beautiful location for pre- and post-event receptions and award ceremonies.

{ 3 – 6 participants: $120.00 per hour** / Tournament scoring: $300 }

FENCING
Get to the point and gear up for battle with one of the country’s top competitive fencers and collegiate fencing coach, Tedd Padgitt. Through demonstration and participation, learn about the various fencing styles rooted in a rich history dating back to the days of ancient Egypt and Rome, the barbaric Dark Ages and the elegant Renaissance. After a lesson in the basics, take on your colleagues in a real fencing battle for the ultimate bragging rights.

{ 2.5 hours / Minimum: 6 participants }
{ $90 per person** includes equipment rentals and champagne toast }
{ Cocktail reception exhibition also available: $700 for 2.5 hours }

CANVAS PAINTING
Learn the basics of canvas painting with a local artist and recreate a Van Gogh or one of their own original paintings, choosing between San Diego themes, landscapes and sunsets. This step-by-step demonstration for beginner to intermediate painters teaches color mixing and a variety of techniques. Enhance this activity with a great glass of wine. Painting and vino, what could be better?

{ 3 hours / Minimum: 10 participants }
{ $90 per person** includes 6 x 8 canvas, bottled water and light snack }
{ Cocktail reception exhibition also available: $700 for 3 hours }

ADDITIONAL DETAILS
• Prizes for tournaments and teambuilding activities are available for purchase and include an array of options, from golf clubs and spa robes to exclusive wine bottlings and Grand experiences.

• The Grand Del Mar or company logo attire is available for purchase starting at $25 per item.

* Transportation is not included in pricing. Your Conference Services Manager can assist with arrangements.

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THE GRAND DEL MAR
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