A modern-day monument to the invigorating spirit of the Renaissance, The Spa, in décor, design, practice and philosophy, epitomizes that golden era. Explore the wild herbs, mineral-rich clays, and plethora of local elements used in our restorative spa treatments. Immerse yourself in the art of wellbeing.

Touch Therapies

HERBAL SALT SCRUB
Indigenous, aromatic rosemary works in synergy with a stimulating, cascading Vichy shower to deliver an experience of exhilarating, restorative wellness.

{ 30 minutes: $110 weekdays, $130 weekend }

HERBAL REFLEXOLOGY
Rosemary and rose petals infuse an aromatic, warm saltwater footbath, followed by a hand and foot reflexology massage to clear energy pathways and stimulate total wellness by addressing the body's organs.

{ 60 minutes: $185 weekdays, $205 weekend }

REFINED
This exhilarating Vichy shower experience begins with a full body exfoliation with a nutrient-rich body scrub. A relaxing application of hydrating body lotion follows, leaving the skin soft and glowing.

{ 60 minutes: $185 weekdays, $205 weekend }

THERAPEUTIC
From soothing Swedish to tension-releasing deep tissue, the Therapeutic massage is personalized to your specific pressure preference and areas of tension, pain or chronic issues. Release tightness, reduce muscle pain, increase circulation and simply relax.

{ 60 minutes: $195 weekdays, $215 weekend / 90 minutes: $280 weekdays, $300 weekend }

MANUAL LYMPH DRAINAGE (MLD)
Helping to alleviate stress, accelerate healing, reduce inflammation, relieve pain and boost immunity, Manual Lymph Drainage (MLD) induces a deep state of relaxation and removes toxins through light, rhythmic motions in the direction of the lymph flow.

{ 60 minutes: $195 weekdays, $215 weekend / 90 minutes: $280 weekdays, $300 weekend }

BEGINNINGS
This relaxing maternity massage promotes circulation in feet and legs, soothes aches and reduces tension. Extra care and pillows enhance comfort and support while lying down.

{ 60 minutes: $195 weekdays, $215 weekend }

GOLF REVITALIZATION
Designed to alleviate neck and shoulder pain, relax hips and lower back, and increase range of motion, this service promotes pain-free play and a lower handicap. Stretching, a cold or hot clay wrap and aromatic oils used on key parts of the body associated with the sport of golf leave the muscles and mind revitalized for your next round.

{ 60 minutes: $195 weekdays, $215 weekends }

BETWEEN TWO WORLDS
Perfect for reducing anxiety, this light touch therapy with aromatic oils targets nerve pathways to inspire a deep, soulful relaxation. A sweet-grass compress follows to awaken the senses and reconnect you with the earth.

{ 75 minutes: $235 weekdays, $255 weekend }

*Bath enhancement available upon request.

STONY SILENCE
Subtle, penetrating heat from this warm stone massage addresses muscular aches and pain as it soothes the body and mind. This ritualistic treatment helps improve circulation and melt away stress, anxiety and tension.

{ 90 minutes: $280 weekdays, $300 weekend }

*Reservations: 858.314.2020 | thegranddelmar.com

Weekday pricing is available Monday – Thursday. Weekend pricing is valid Friday – Sunday.
Triad Treatments
These multi-tiered treatment trios are designed to fully rejuvenate the body and spirit.

EXTREMITIES
Promoting relaxation and a sense of wellbeing, this treatment begins with a therapeutic herbal footbath followed by a healing reflexology massage on the hands and feet, stimulating energy pathways. A soothing scalp, neck and shoulder massage using warmed, aromatic oils prolongs the relaxation.
{ Footbath, Reflexology and Upper Body Massage / 90 minutes: $280 weekdays, $300 weekend }

DECOMPRESSION
An invigorating body scrub of organic rosemary is followed by a hydrating body wrap of goat butter while lying on a warm, free-floating bed, encouraging the ultimate in relaxation. A customized body massage culminates this soothing, luxurious treatment.
{ Scrub, Hydrating Body Wrap and Massage / 120 minutes: $370 weekdays, $390 weekend }

EXPRESSION
The tiered ritual begins with the massage of warm, soothing stones, followed by an invigorating body scrub and Vichy shower. A brisk tonic massage finish stimulates circulation and creates a surge of energy from head to toe.
{ Stone, Scrub and Tonic Massage / 120 minutes: $370 weekdays, $390 weekend }

SCULPTED BEAUTY
Ideal for improving the skin’s appearance, this treatment includes a contouring body massage to encourage the elimination of excess fluid followed by a mineralizing seaweed clay wrap. An indulgent Swiss shower ensues before the skin is hydrated with a sunflower and mango-infused goat butter tightening cream.
{ Massage, Thermal Wrap and Swiss Shower / 120 minutes: $370 weekdays, $390 weekend }

Grand Wraps
Three nourishing wrap experiences begin with a dry body brushing to gently exfoliate skin and are followed by choice of either a mini-Portrait facial or a mini-Therapeutic massage.
{ 60 minutes: $185 weekdays, $205 weekend }

RECOVER
Using a blend of Roman chamomile and lavender essential oils, this wrap calms and nourishes irritated skin.
Great for sunburned skin.

Grand Wraps continued
REPAIR
A detoxifying blend of seaweed and minerals helps purify the body.

REPLENISH
This deeply moisturizing wrap of Porphyra red algae, hyaluronic acid and clary sage protects the skin, fights water retention and balances the senses.

Facial Therapies
PORTRAIT
Following a brief consultation, our expert estheticians customize this toning and refreshing facial to your individual skin type, using a handmade, organic skincare line designed exclusively for The Spa.
{ 60 minutes: $195 weekdays, $215 weekend }

LUMINOUS
A slow pressure point massage incorporates botanical elements, enzyme exfoliants and nutrient-rich clay to heighten relaxation and induce a deep sleep-like state. The dramatic, regenerative results will leave your complexion bright and illuminated. Recommended for sun-damaged, dull or dehydrated skin.
{ 90 minutes: $300 weekdays, $320 weekend }

ART FOR ART’S SAKE
Our signature facial begins with a choreographed sequence of exfoliation, warm aromatic cloths and a nourishing clay mask rich in essential fatty acids and antioxidants, giving the skin a healthy radiant glow. Next, warm oils enhance a neck, shoulders, décolleté, face, scalp and foot massage. Specific products are selected for gender and skin types.
{ 90 minutes: $280 weekdays, $300 weekend }

THE GRAND MASTERPIECE
The Spa’s anti-aging facial begins with an exquisite massage application of a detoxifying kaolin clay mask with vitamin E and centella asiatica to tone, stimulate collagen production and protect delicate skin from future damage. Then, an acerola extract mask, rich in vitamin C, minerals and antioxidants hydrates and softens the skin. This regenerative experience lifts lines, smooths wrinkles and restores firmness and elasticity in your skin.
{ 60 minutes: $300 weekdays, $320 weekend / 90 minutes: $400 weekdays, $420 weekend }

Reservations: 858.314.2020 | thegranddelmar.com
Weekday pricing is available Monday – Thursday. Weekend pricing is valid Friday – Sunday.
Facial Enhancements

MANUAL LYMPH DRAINAGE (MLD)
Focusing on the face and neck, this light, rhythmic technique improves overall functioning of the immune system and induces a deep state of relaxation. Benefits include alleviating facial congestion and sinusitis, improving skin conditions, treating puffy eyes and dark circles, and accelerating facial surgery recovery.
{ 30 minutes: $110 weekdays, $130 weekend }

ANTI-AGING HAND TREATMENT
Facial grade, anti-aging serums and creams are applied to the hands before a warm paraffin treatment. This exquisite add-on moisturizes hands, lightens and brightens age spots, and reduces muscle and joint soreness.
{ Add to any facial therapy, $35 }

MOISTURIZING FOOT TREATMENT
This gently exfoliating and deeply hydrating treatment uses luxurious goat butter and warm paraffin to penetrate the skin and soothe achy feet.
{ Add to any facial therapy, $80 }

REVIVAL PEEL
Enhance your facial with a nutrient-rich, all-natural exfoliation featuring a blend of salicylic, lactic and glycolic acids derived from hibiscus flowers to gradually exfoliate the skin without resulting redness.
{ Add to any facial therapy, $80 }

WAXING
The Spa offers a full complement of facial and body waxing services.
{ Call for pricing, 858.314.2020 }

Packages

THE GRAND DAY SPA RETREAT
Decompress and renew with a full day of relaxation, including a full body Therapeutic massage, personalized Portrait facial and poolside lunch.
{ Massage, Facial and Lunch: $390 weekdays, $430 weekend }

WORK OF ART
The 90-minute Core Elements treatment strengthens and soothes the body’s core through massage and an enriching wrap, before our exquisite Art for Art’s Sake facial.
{ Core-Specific Massage, Wrap and Facial / 180 minutes: $550 weekdays, $590 weekend }

COUPLE’S CLASSIC
This sensuous experience for two includes a relaxing, mineral-rich bath, followed by a moisture-intensive wrap with a blissful head and foot massage and completed with a customized 60-minute massage.
{ Bath, Massage and Wrap / 120 minutes: $650 weekdays, $690 weekend }

Hands & Feet

SPA MANICURE
The Spa’s signature herbal manicure leaves hands beautiful and sensuously soft – artfully groomed to perfection.
{ Manicure, $65 / French Manicure, $85 }

SHELLAC MANICURE
This mini-manicure includes cuticle care, nail shaping and shellac finish – extending the length of your hands’ polished appearance.
{ Manicure, $100 / French Manicure, $115 }

ANTI-AGING MANICURE
A gentle hand exfoliation and massage with pure collagen is followed by a hydrating Soyaffin treatment.
{ Manicure, $95 / French Manicure, $110 }

SPA PEDICURE
An herbal extract footbath, exfoliation and a warm, sweet herb oil massage includes aromatic compresses applied to the neck and shoulders to help ease stress.
{ Pedicure, $100 / French Pedicure, $115 }

PURIFYING PEDICURE
Relax in a warm footbath enhanced with vitamins and minerals to promote detoxification. A gentle exfoliate and soothing clay mask invigorate the skin, leaving it supple and soft, and a relaxing massage and Soyaffin treatment on your hands and feet complete the experience.
{ Pedicure, $135 / French Pedicure, $150 }

STONE MANICURE & PEDICURE
Soothing warmed stones used to massage the hands or feet with our signature Spa Manicure or Spa Pedicure.
{ Manicure, $100 / French Manicure, $115 }
{ Pedicure, $125 / French Pedicure, $140 }

NAIL POLISHING, FINISHING & SOYAFFIN
Polish Change
Hands ................................................................. $30
Feet ........................................................................ $40
French Polish Change
Hands ................................................................. $40
Feet ......................................................................... $50
Shellac Finishing
Hands ................................................................. $50
Feet ......................................................................... $60
French Shellac Finishing
Hands ................................................................. $60
Feet ......................................................................... $75
Soyaffin Treatment
Hands ................................................................. $35
Feet ......................................................................... $45

Reservations: 858.314.2020 | thegranddelmar.com

Weekday pricing is available Monday – Thursday. Weekend pricing is valid Friday – Sunday.
Hair & Makeup

HAIR CUTTING, STYLING & MORE

Women’s Haircut ................................................................. from $115
Shampoo/Blow Dry ................................................................. from $95
Thermal Styling Add-On
(Curling or Flat Iron) ........................................................... from $35
Updo or Special Event Styling ........................................ from $115*
Body Wave ........................................................................ from $150/hour
Chemical
Relaxer ........................................................................... from $150/hour
Deep Conditioning
Treatment ........................................................................... from $65
Scalp Treatment ................................................................. from $65

HAIR COLOR SERVICES
Partial Highlight ................................................................... from $185
Full Highlight ....................................................................... from $230
Color Glosser ....................................................................... from $75
Base or Base Lift with Partial Highlight .............................. from $125
with Full Highlight ................................................................ from $245
Color Change or Corrective Color ........................................ from $150/hour

MAKEUP, EYELASH & BROW SERVICES
Makeup Application ............................................................... $115
Makeup Lesson ....................................................................... $140
Eyelash Application
Strips ...................................................................................... $40
Individual ............................................................................... $50
Eyelash Tint .............................................................................. $50
Eyebrow Tint .............................................................................. $50

*Group rates are available for parties of six or more.

Bride-to-be Services

Hair Styling Consultation and Trial ........................................ from $115
Wedding Day
Hair Styling ........................................................................... from $140
Makeup Consultation and Trial ........................................ from $115
Wedding Day
Makeup ................................................................................. from $140

Gentlemen’s Spa & Salon Services

ATHLETIC ENCOUNTER
Designed to focus on specific areas of concern, this therapeutic sports massage addresses the restrictions and impairments of strained and repetitively stressed muscles. Rhythmic strokes realign and stretch the muscles to help improve flexibility and flush metabolic waste from the tissues.

{ 60 minutes: $195 weekdays, $205 weekends / 90 minutes: $280 weekdays, $300 weekends }

PORTRAIT
Using a handmade organic skincare line, our expert aestheticians customize this toning and refreshing facial to your individual skin type, followed by a warm scalp treatment.

{ 60 minutes: $195 weekdays, $215 weekends }

BACK TO NATURE
This deep cleansing and moisturizing back exfoliation treatment features an individually customized, facial-grade blend of botanical and aromatic oils.

{ 60 minutes: $180 weekdays, $200 weekend }

HAIR SERVICES
Experience a relaxing aromatherapy hot towel treatment and neck massage, followed by a relaxing cleanse, condition and soothing scalp massage.

Haircut ................................................................................... from $75
Cleanup (neck and sideburns) .............................................. $45
Base Color .............................................................................. from $75
Highlight ................................................................................ from $75

MEN’S MANICURE & PEDICURE
The Spa’s signature herbal manicure and pedicure for men leaves hands and feet artfully groomed to perfection.

{ Manicure, $60 / Pedicure, $85 }

Children’s Services

Guests 10 years of age and younger

Haircut ................................................................................... $55
Special Event Styling ................................................................. $50
Manicure ...................................................................................... $35
Pedicure ...................................................................................... $40

Reservations: 858.314.2020 | thegranddelmar.com

Weekday pricing is available Monday – Thursday. Weekend pricing is valid Friday – Sunday.
SPA & SALON RESERVATIONS
Spa treatments are available for guests age 18 and over. We encourage you to book spa and salon appointments when you reserve your guestroom. Please inform the reservation agent of any medical conditions or other special needs that require our attention, so we can ensure your experience is a pleasant one.
Reservations: 858.314.2020

OUR FACILITIES
The Spa features 21,000 square feet of old-world elegance and 11 expansive treatment rooms – including a romantic couple’s suite – for massage, cleansing facials and hydrotherapy body treatments. Separate Men’s and Women’s Lounges offer lavishly appointed relaxation rooms with stone fireplaces, showers, steam and sauna areas, and indoor whirlpools. A shared outdoor whirlpool and Relaxation Pool adjacent to The Spa are also available.

HAIM SALON
From manicures and pedicures, to hair styling and makeup for a special day, Haim Salon offers a broad array of services to make you look as radiant as you feel.

FITNESS CENTER & MOVEMENT STUDIO
Located adjacent to The Spa, the Fitness Center features state-of-the-art equipment, including a variety of cardio and weight machines, and free weights. Our fitness center is complimentary to all resort guests age 16 and over. Personal training (reservations required) and fitness classes in the Movement Studio are also available. For your safety, proper close-toed fitness shoes and clothing are required in the Fitness Center and for fitness classes. Please contact The Spa for more information, class schedules and personal training rates and reservations.

CANCELLATION & RESCHEDULING POLICY
We request cancellation/rescheduling notification by 4 pm the day prior to a scheduled appointment. 50% of the value of the service will be charged for rescheduling or cancellations made after 4 pm. No-show appointments will be charged the full value of the service, plus the gratuity and service fee.

GRATUITY & SERVICE FEE
For your convenience, a 20% service charge will be automatically added to all services and packages. This service fee is allocated to the spa staff members who serve you during your visit at The Spa. Please feel free to make an adjustment based on the service that you experienced.

LOCATION & PARKING
The Spa at The Grand Del Mar is located on the first floor at the west end of the resort. For your convenience, valet parking is complimentary for our spa guests.

ARRIVAL
We invite you to arrive 30 minutes prior to your scheduled spa service so that you can relax in our vitality mineral whirlpool, steam, sauna and showers, and prepare for your treatment. To ensure that all guests receive their full treatment, late arrivals will end at the originally scheduled time.

SPA ATTIRE
Complimentary use of spa robes, slippers and lockers is provided for all spa guests. Most of our guests prefer to fully undress for treatments, since our staff is professionally trained in proper draping designed to ensure modesty and comfort throughout the treatments. If you prefer, you may wear undergarments for your treatment, and disposable undergarments are also available upon request. A bathing suit is recommended for our whirlpool, sauna and steam treatments. The Spa also provides a luxurious array of personal care products for your complimentary use.

CONSIDERATIONS & VALUABLES
To preserve our tranquil environment, The Spa is a cellular-phone-free and smoke-free environment. Please avoid bringing jewelry or other valuables to The Spa. If you are a guest of the resort, please leave valuables in your in-room safe. We are not responsible for valuables that are lost or left at The Spa.

GIFT CERTIFICATES & THE SPA BOUTIQUE
Gift certificates for spa, salon and fitness services, as well as items at The Spa Boutique, make ideal gifts for any special occasion. The Spa Boutique carries our exclusive handmade and organic skincare line, as well as stylish yoga wear, robes and slippers, candles and other soothing gifts.

Forbes
Hotel & Resort Spa
AAA