Texas Managed Care

- Texas has three Medicaid managed care programs:
  - STAR – Medicaid for children, newborns, pregnant women and some families and children
  - STAR+PLUS – Medicaid program for people who have disabilities or are age 65 or older
  - STAR Health – Medicaid for children who get Medicaid coverage through the Texas Department of Family and Protective Services (DFPS); also for certain young adults who were previously in foster care
STAR Health Background

- In 2005, the Texas Legislature required the Texas Health and Human Services Commission (HHSC) to design a comprehensive medical services delivery model to specifically meet the healthcare needs of children in foster care
- In April 2008, the STAR Health program was the first of its kind to be implemented
- STAR Health, which operates under the Medicaid state plan, is a managed care model operating under 1915(a) of the Social Security Act

STAR Health Program

- STAR Health is a statewide program that provides comprehensive and coordinated health services to children in foster care and kinship care
- HHSC administers the program under a contract with a single managed care organization, Superior HealthPlan Network, to provide an array of health services
- 30,818 members currently served
STAR Health Program Benefits

- In addition to providing the full Medicaid array of services, STAR Health members receive:
  - Immediate eligibility and access to a statewide provider network
  - Increased focus on behavioral health services, such as psychotropic medication review
  - Service management and coordination teams
  - Access to an electronic health passport

Populations Eligible for STAR Health

- Children in state conservatorship
- Young adults up to age 22 with a voluntary foster care placement agreement
- Young adults up to age 21 who were previously in foster care and are receiving transitional Medicaid services
- Young adults age 21 through the month of their 23rd birthday who were previously in foster care and enrolled in a higher education program
Service Management and Coordination

• Service management is for members who have complex or high priority needs. Service managers are registered nurses or licensed clinicians (LPC, LMSW, etc.)
• Service coordination is for stable members who require minor assistance with a health need; service coordinators are degreed professionals

Value-added Services Enhancements

• Care Grants
• Expanded Vision Benefit
• Over-the-Counter Services
• CentAccount / a2A
• Boys and Girls Club
• Sports/Camp Physicals
• 7-day Follow-up Incentives
• Online Mental Health Resources
Case-by-Case Added Services Enhancements

- Psychiatric Hospital Diversion Services
- Primary Medical Needs supports
- Equine Therapy with Trauma-Focused Cognitive Behavioral Therapy
- Flex Funds
- Trauma Informed Peer Support
- Proactive visits (dental and gynecology)

Psychiatric Hospital Diversion Services

- Turning Point is a program designed to intervene with youth in crisis prior to entering psychiatric hospitalization. The three key components are:
  - Mobile Crisis Outreach Team: licensed professional comes to the home immediately, evaluates the child in crisis, and assists with stabilization
  - Group home site: provides crisis stabilization treatment such as incentive outpatient group programming and individual and family therapy while services and training are provided to the family
  - Child psychiatrist: provides medication oversight and managements and clinical direction
Targeted Provider Training

- Trauma-Focused Cognitive Behavioral Therapy trainings
- Children Parent Psychotherapy is a series of provider trainings designed to take one year to complete
- Parent-Child Interaction Therapy is a series of provider trainings designed to take up to three years to complete

Foster Care Centers of Excellence

- Superior will partner with providers having extensive foster care experience to implement statewide access to Foster Care Centers of Excellence (FCCOE)
- FCCOEs provide a medical home environment that includes practice guidelines specific to children in foster care, child abuse and neglect, and developmental and mental healthcare
- FCCOEs will serve as consultants for other less experienced providers in their region
Transitioning Youth Program

- Transitioning Youth Program provides outreach, education, and assistance to young adults transitioning to independent living
- Ongoing transition planning includes:
  - Health and wellness education, such as self-management
  - Identifying adult healthcare providers
  - Transitioning from STAR Health to other Medicaid programs
  - Ensuring the young adult, their caregiver, and DFPS are aware of all available programs, services and supports

Health Passport

- Health Passport is an electronic health record that is populated with all provider claims for visits, labs, prescriptions, and immunizations
- At enrollment, each member record is also fed two years of Medicaid and CHIP claims from the data warehouse, if the youth was previously enrolled in Medicaid or CHIP.
- Foster parents, caseworkers, and providers use Health Passport to find needed information about a child’s healthcare services
Health Passport Enhancements

- Record of future scheduled appointments
- Flag members enrolled in Transitioning Youth Program
- Mobile accessibility
- Integration with providers’ electronic medical records
- Caseworker patient list

Future Health Passport Enhancements

- December 2015:
  - Record of provider referrals
  - Height and weight entry will display on an interactive growth chart
  - Day supply included with medication details
- Future enhancements:
  - Ability to create records for members without a DFPS ID (transitioning youth)
  - Enhancement to ability to restrict record access
  - Include regional STAR Health liaison in contacts module
STAR Health Website

- For more information on the Texas STAR Health program, please visit the Texas Department of Family and Protective Services website at:
- https://www.dfps.state.tx.us/Child_Protection/Medical_Services/guide-star.asp