National Academy for State Health Policy
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The Vermont Health Home for Opioid Addiction Blueprint for Health

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Vermont Blueprint for Health
http://blueprintforhealth.vermont.gov/

Patient Centered Medical Homes: Joint Principles
American Academies of Family & Pediatric Physicians,
College of Physicians, Osteopathic Association

<table>
<thead>
<tr>
<th>Personal Physician</th>
<th>ongoing relationship for continuous &amp; comprehensive care</th>
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<tr>
<td>Physician Directed</td>
<td>team who collectively take responsibility for ongoing care</td>
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<td>Whole Person</td>
<td>provide or arrange for all a patient’s health care needs</td>
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<td>Care is Coordinated &amp; Integrated</td>
<td>across all elements of health care system and community. Care is facilitated by registries and health information exchange.</td>
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<td>Quality &amp; Safety</td>
<td>care planning process based on partnership with patients, evidence-based medicine, accountability for CQI, voluntary recognition process</td>
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<td>Enhanced Access</td>
<td>open scheduling, expanded hours, electronic communication</td>
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<td>Payment</td>
<td>recognizes the added value to patients including for coordination of care</td>
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Vermont Multi-Insurer Payment Reforms for Primary Care

- Fee for Service
  - Unchanged
  - Allows competition
  - Promotes volume

- Payment for Quality
  - NCQA PPC-PCMH Score
  - Payment to practices
  - Consistent across insurers
  - $1.20 - $2.49 PPPM
  - Based on active case load

- Capacity Payment
  - Community Health Teams
  - Shared costs as core resource
  - Consistent across insurers
  - Minimizes barriers
  - $350,000/20,000 people
  - Scaled based on population

All-Insurer Payment Reforms
- Local leadership, Practice Facilitators, Workgroups
- Local, Regional, Statewide Learning Forums
- Health IT Infrastructure
- Evaluation & Comparative Reporting
**Continuum of Mental Health & Substance Use Services**

- **Blueprint Patient Centered Medical Home**
  - Screen MH / SA
  - Education
  - Promote Health Behaviors
  - Treat Conditions
  - Prescribe Medication
  - Coordinate Referrals
  - Co-Manage Complex Care
  - Population Management

- **Blueprint Community Health Team**
  - Assess MH & SA
  - Brief Counseling
  - Self Management Support
  - Referrals & Transitions
  - Community Services
  - Care Management
  - Targeted Extenders
  - Medicaid Care Coordinators
  - SASH Teams
  - MAT Teams

- **Mental Health (MH) & Substance Abuse (SA) Providers**
  - Specialized Assessments
  - Specialized Treatments
  - Ongoing, Intensive Care
  - Housing, Vocational
  - Recovery Services
  - Coordinate Care
  - Co-manage Complex Care

**A “Perfect” Storm**

- Increasing Rates of Opioid Dependence
- Inadequate Network Capacity
- High Health Care Expenditures
- Poor Patient (Client) Outcomes
- Program & Funding Silos
Federal Framework: 2 Programs

Opioid Treatment Programs (OTP)

- Dispense Methadone
- Federally Established Treatment Protocols (daily dosing, “take home” doses, assessment)
- Specialized Addictions Programs
- Regulated by State Substance Abuse Authority, SAMHSA

Office Based Opioid Treatment (OBOT)

- Prescribe Buprenorphine
- Limited Regulation
- General Medical Office
- Any MD (X-DEA license, 8-hr online course)
- Caseload Caps (30 pts/1st year; 100 pts/waiver)
- E&M procedure codes, pharmacy

Health Homes
Section 2703 Affordable Care Act

6 Core Services

- Comprehensive Care Management
- Care Coordination
- Health Promotion
- Comprehensive Transitions of Care
- Individual and Family Support Services
- Referral to Community and Social Support Services
Health Home for Opioid Addiction

Addictions Program
OTP

Medical Office
OBOT

PCMH

Community Health Team

“Spokes” Office Based Opioid Treatment (OBOT)

Primary Care

Psychiatry

OB-GYN

Nurse & Addictions Counselor
Health Home Services

Nurse & Addictions Counselor
Health Home Services

Nurse & Addictions Counselor
Health Home Services

Blueprint Community Health Team

Health Home
Hub: Specialty Addictions Program
Opioid Treatment Program (OTP)

Expand to 5 Regional Centers in 7 Locations
New staff

Dispense Methadone & Buprenorphine
Complex Addictions Care
Intensive Consultation to Spokes
Health Home Services

Payment Changes

Hub OTP
- Monthly Bundled Rate
- FFS for Buprenorphine

Spoke OBOT
- Monthly Capacity Payment for Staff
- $ based on caseload
Integrating Complex Conditions

- PC setting appropriate for non-complex MH SA conditions
- PC extended staff (Health Team) assist complex conditions
- Education for whole team
- Consistent care protocols
- Access to higher levels of care
- Rewards → relationship & witness stable recovery