National Academy for State Health Policy Conference

Building an Accountable Community of Health in King County, Washington

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Public Health – Seattle & King County

• Local health department serving 2 million residents
• Full complement of public health services including disease prevention, environmental health, inmate health, emergency medical and clinical services
• Policy and data units work together with the community to identify trends and support solutions to improve population health and eliminate disparities
• Transformation work – Public Health is a convener and supporting entity of ACH effort
Life expectancy in King County

- Lack of Physical Activity
- Diabetes
- Frequent Mental Distress
- Tobacco Use
- Adverse Childhood Experiences
- Obesity
- Preventable Hospitalization
- Poor Housing Conditions
King County Health & Human Services Transformation Vision (2013)

By 2020, the people of King County will experience significant gains in health and well-being because our community worked collectively to make the shift from a costly, crisis-oriented response to health and social problems, to one that focuses on prevention, embraces recovery, and eliminates disparities.

Fighting childhood obesity in King County:
Example of a cross-sector collaboration

Increased healthy eating and physical activity in low-income school districts, through comprehensive approach

Many Partners!
SEATTLE CHILDREN’S HOSPITAL
6 SCHOOL DISTRICTS and 130,000 STUDENTS
CITY GOVERNMENTS   FARM & FOOD DISTRIBUTION SYSTEMS
LOCAL RESTAURANTS   PUBLIC HEALTH
CORNER STORE   BUSINESSES

Resources: $7 million ARRA funding; multiple aligned public and private in-kind contributions
Addressing obesity: The power of collaboration

Youth obesity (%)

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<thead>
<tr>
<th>Year</th>
<th>Intervention schools</th>
<th>Other schools in county</th>
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<tbody>
<tr>
<td>2010</td>
<td></td>
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<td>2012</td>
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Addressing obesity: The power of collaboration

Potential healthcare savings?
One study found average health expenses . . .
- For obese children on Medicaid: $6,730/year
- For all children on Medicaid: $2,446/year
King County Region
ACH Design Approach - 2015

Partner With Four Initiatives Underway

- Communities of Opportunity (place-based)
- Housing-health partnerships
- Physical/Behavioral Health Integration
- “Familiar Faces” (initiative to improve outcomes for adults with frequent jail use)

Create Interim ACH Leadership Council

Partner with equity network/coalition

Learn / support / test

Work groups for cross-cutting issues

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<tr>
<th>Performance measurement</th>
<th>Regional health improvement plan</th>
<th>Sustainability</th>
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Thank you!

www.kingcounty.gov/ach