Pennsylvania Strategies to Meet the Needs of Families Affected by Substance Use Disorder

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Pennsylvania's Strategy

Fighting the Opioid Epidemic

- Prevention
- Rescue
- Treatment

Opioid Data Dashboard

Prevention

- Prescription Drug Monitoring Program
- Drug Take-Back Boxes
- Opioid Stewardship
- Prescribing Guidelines
- Medical Student Education
- Medical Provider Training
- Get Help Now PSA

Rescue

- Issued a standing order prescription for Naloxone for first responders and the general public.
- Expanded first responder access to Naloxone.

Treatment

- Medicaid Expansion
- Centers of Excellence
- PA Get Help Now Helpline
- PA Coordinated Medication Assisted Treatment

Pennsylvania's Strategy

- Centers of Excellence
- 21st Century Cures Grant
- Disaster Declaration

- Neonatal Abstinence Syndrome
  - Epi-Aid
  - CAPTA

Strategies for Pregnant Women

- Recovery Home Model
- Opioid Prescribing Guidelines

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Services to Pregnant and Postpartum Women

- The model includes the delivery of the following services directly or in collaboration with other health care, SUD, and community partners:
  - Obstetrical services and prenatal/perinatal/postpartum care
  - Medication assisted treatment
  - Behavioral health/SUD counseling

Services to Pregnant and Postpartum Women

- Case management services, including coordination of prenatal and pediatric care
- Recovery support services
- Active follow-up with program participants

Centers of Excellence

- Seven COEs provide services to pregnant and parenting women:
  - Family First Health
  - Magee-Women's Hospital of UPMC
  - Penn Presbyterian Medical Center

Centers of Excellence

- Reading Hospital and Health System
- Temple University Hospital
- Thomas Jefferson University Maternal Addiction, Treatment, Education, and Research
- Wedge Recovery Centers

Task Force

- Safe and Effective Prescribing Practices Task Force
  - Convened by the Department of Health and the Department of Drug and Alcohol Programs.
- Membership - state agencies, medical associations, provider advocates and community members.

Task Force

- Guidelines for 11 medical specialties on the safe and effective use of opioids in the treatment of pain.
- Process to develop and adopt the guidelines.

Opioid Prescribing Guidelines

- Treating Chronic Non-Cancer Pain
- Emergency Department Pain Treatment Guidelines
- Opioids in Dental Practice
- Opioid Dispensing Guidelines
- Obstetrics & Gynecology Opioid Prescribing Guidelines
- Geriatric Pain
- Use of Addiction Treatment Medications in Treatment of Pregnant Patients with OUD
- Safe Prescribing Benzodiazepines for Acute Treatment of Anxiety & Insomnia
- Safe Prescribing of Opioids in Orthopedics and Sports Medicine
- Safe Prescribing of Opioids in Pediatric and Adolescent Populations
- Safe Prescribing for Workers' Compensation

Pregnant Patients

- Use of Addiction Treatment Medications in the Treatment of Pregnant Patients with OUD.
- Address stabilization, treatment and recovery management for OUD during pregnancy.
- Based on ACOG, Federal Guidelines and other professional organizations directives.

Pregnant Patients

- Pregnant patients should be co-managed.
- During pregnancy, medication assisted treatment is the standard of care.

Pregnant Patients

- Guidelines
  - The use of methadone for the treatment of OUD in women who are pregnant.
  - The use of buprenorphine for the office-based treatment of OUD in women who are pregnant.
  - Guidelines for breastfeeding in mothers receiving methadone or buprenorphine.

Obstetrics and Gynecology

- Obstetrics and Gynecology Opioid Prescribing Guidelines.
- More than 140,000 women give birth in PA each year.
- Addresses the use of opioids for the treatment of pain in pregnant patients, during and immediately following delivery, and while breastfeeding.

Obstetrics and Gynecology

- Guidelines
  - Patient screening for SUD.
  - Use of opioids for the treatment of pain in women of childbearing age.
  - Use of opioids for the treatment of pain during pregnancy.
  - Use of opioids for the treatment of pain during and following delivery.

Obstetrics and Gynecology

- Guidelines
  - Use of opioids for the treatment of pain in women who are breastfeeding.
  - Treatment of pain during pregnancy, labor and delivery, and postpartum in patients receiving medication-assisted treatment for OUD.

Obstetrics and Gynecology

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