

Advanced Techniques in Facial Rejuvenation: Mastery of the Sub SMAS and Deep Neck Lift

Part 1: October 24-25, 2026 – Part 2: October 26, 2026 – **Optional Surgery Observership**

Auditorium	2 nd Floor Dining/Exhibit Hall	Zeiss Learning Center (ZLC)	Nayak Plastic Surgery (MONDAY ONLY)
------------	---	-----------------------------	-------------------------------------

Saturday, October 24, 2026 – Part I		
7:00 am	Registration and Continental Breakfast	
7:30 am	Welcome and Introduction/ ISAPS Presentation	Course Directors
7:45 am	Nomenclature of SMAS Penetration for Facelifting	T. Marten
8:00 am	High SMAS Facelift – Single Flap Lifting of the Midface, Cheek, and Jawline	T. Marten
8:15 am	Preservation Deep Plane Facelift	L. Mike Nayak
8:30 am	Keynote Lecture: Have We Been Lifting the Wrong Layer?	D. Bray
9:00 am	Endo Deep Face Lift Brazil	L. Martins
9:15 am	Pearls for Success in a Deep Plane Facelift Practice-Maximizing Outcomes While Minimizing the Process	N. Gordon
9:30 am	How I Have Added Energy Devices in Facelifting	R. Gentile
9:45 am	Subnasal Lip Lift	F. Fechner
10:00 am	Break & Exhibits	
10:30am	Live Cadaver Dissection: Lamellar High SMAS Facelift	T. Marten
11:00am	Live Cadaver Dissection: Preservation Deep Plane Facelift	J. Koehler
11:30 am	Live Cadaver Dissection: Lifting in Level 5	D. Bray
12:00 pm	Live Cadaver Dissection: Subnasal Lip Lift	F. Fechner
12:30 pm	Getting the Most Out of Your Lab Experience	J. Koehler
12:45 pm	Lunch and Exhibits/ Transition to Lab Attire	
1:30 pm	Hands-on Cadaver Lab: Lamellar High SMAS Facelift Deep Plane Facelift Fat Grafting Side Demonstration: Endo Deep Face Lift Brazil	M. Bisseck, D. Bray, F. Fechner, R. Gentile, N. Gordon, W. Hah, M. Kachare, J. Koehler, T. Marten, M. Nayak L. Martins
3:15 pm	Break & Exhibits	
3:45 pm	Hands-on Cadaver Lab: Lamellar High SMAS Facelift Deep Plane Facelift Fat Grafting Subnasal Lip Lift	D. Bray, F. Fechner, R. Gentile, N. Gordon, W. Hah, M. Kachare, J. Koehler, T. Marten, L. Martins, M. Nayak, M. Bisseck
5:30 pm	ADJOURN/ Shuttle to Hotels	

Advanced Techniques in Facial Rejuvenation: Mastery of the Sub SMAS and Deep Neck Lift

Part 1: October 24-25, 2026 – Part 2: October 26, 2026 – **Optional Surgery Observership**

Auditorium	2 nd Floor Dining/Exhibit Hall	Zeiss Learning Center (ZLC)	Nayak Plastic Surgery (MONDAY ONLY)
------------	---	-----------------------------	-------------------------------------

Sunday, October 25, 2026 – Part I Continued		
7:00 am	Sign-In and Continental Breakfast	
7:30 am	Perspectives on Deep Neck lifting	T. Marten
7:45am	Safe Submandibular Gland Reduction in 7 steps-O'Daniel Method (recorded)	T. G. O'Daniel
8:00am	Patient Safety and Hemostasis in SMG Reduction	W. Hah
8:15am	SubSMAS Facelift & Deep Neck Lift: How to Get Safely Started	M. Kachare
8:30 am	Panel Discussion: How to Keep SMG Reduction from Being Next BBL? Q&A	D. Bray, W. Hah, J. Koehler, T. Marten, M. Nayak, M. Kachare, and O'Daniel (zoom link)
9:00 am	Non-Endoscopic Brow Lift	M. Nayak
9:15 am	Forehead Reduction – My Approach	L. Martins
9:30 am	Break and Exhibits	
10:00 am	Video Cadaver Dissection Deep Neck Anatomy	T.G. O'Daniel (video)
10:45 am	Live Video Cadaver Dissection: Deep Central Neck Lift	M. Nayak
11:30 am	Live Cadaver Dissection: Non-Endoscopic Brow Lift	M. Nayak
11:45 am	Live Cadaver Dissection: Forehead Reduction Brow Lift	L. Martins
12:00 pm	Lunch and Exhibits/ Transition to Lab Attire	
1:00 pm	Hands-on Cadaver Lab: Deep Central Neck Lift Brow Lift: Non-Endoscopic, Forehead Reduction	D. Bray, F. Fechner, R. Gentile, N. Gordon, W. Hah, M. Kachare, J. Koehler, T. Marten, L. Martins, M. Nayak, M. Bisseeck
3:15 pm	Break and Exhibits	
3:45pm	Hands-on Cadaver Lab: Deep Central Neck Lift Brow Lift: Non-Endoscopic, Forehead Reduction	D. Bray, F. Fechner, R. Gentile, N. Gordon, W. Hah, M. Kachare, J. Koehler, T. Marten, L. Martins, M. Nayak, M. Bisseeck
5:00 pm	COURSE ADJOURNS - Part 1 Evaluations – Shuttle to Hotels	

Advanced Techniques in Facial Rejuvenation: Mastery of the Sub SMAS and Deep Neck Lift

Part 1: October 24-25, 2026 – Part 2: October 26, 2026 – **Optional Surgery Observership**

Auditorium	2 nd Floor Dining/Exhibit Hall	Zeiss Learning Center (ZLC)	Nayak Plastic Surgery (MONDAY ONLY)
------------	---	-----------------------------	-------------------------------------

Monday, October 26, 2026 – Part II	
6:45 am	Shuttles Depart from Hotels for Nayak Plastic Surgery
7:15 am	Arrival at: Nayak Plastic Surgery 607 S. Lindbergh Blvd. St. Louis, MO. 63131 Continental Breakfast Provided
7:45 am	Live Surgery: Observation via Close-up HDTV – with Live Q and A <i>Planned Surgical Procedures include the following: Deep Plane Facelift, Deep Neck Lift, Brow lift, Lower Blepharoplasty, and Earlobe Repair</i>
11:30 am	<i>Lunch Available</i>
2:00 pm	Live Surgery/Course Anticipated End Time <i>Surgery is scheduled to end at 2pm, however it may take until 3pm.</i> The SLU Van will be providing trips to the airport at 1:00PM, 2:00 PM, and 3:00 PM. <i>Ride Share options are available if you need to leave at a different time or need to return to the hotel.</i>