

Thursday, June 22, 2023

11:00 am	Registration in Astor Foyer Exhibitor Set-up
2:30 – 4:15 pm	<p>Let Anatomy Be Your Guide to Safe, Effective, and Natural-looking Injections <i>Moderated by Mary Lupo, MD and Rod J. Rohrich, MD</i></p> <p><i>Cosmetic Bootcamp's hallmark cadaver lab focuses on anatomy and injection techniques to maximize safety and enhance results. Injections are shown side-by-side to the relevant anatomical region of the cadaver specimen.</i></p> <ul style="list-style-type: none"> • Jawline/Chin- Gaurav Bharti, MD • Lips – Ivona Percec, MD • Nose – Rod Rohrich, MD • Periocular - José R. Montes, MD and Deborah Sherman, MD • Temples - Gabriela Casabona, MD • Mid-face – Mary Lupo, MD • Forehead – Diane Berson, MD
4:15 – 4:45 pm	Break

PROMOTIONAL SESSION

Not eligible for CME

4:45 – 5:30 pm	TBD
Not Eligible for CME	TBD
	<i>Sponsored by Allergan Aesthetics, an AbbVie company</i>
5:30 – 6:30 pm	Welcome Reception with the Exhibitors

Friday, June 23, 2023

7:00 – 8:00 am	Breakfast with the Exhibitors
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NON CME SIP AND STUDY

7:15 – 7:45 AM	Product Theater TBD	
8:00 – 8:05 am	Welcome from the Co-Directors, Mary Lupo, MD and José R. Montes, MD	
Aging: Embracing the Future, Moderated by Mary Lupo, MD and José R. Montes, MD		
8:05 – 8:15 am	Understanding the Science of Facial Aging	Rod Rohrich, MD
8:15 – 8:25 am	My Personal Anti-aging Prescription	Natasha Cook, MD
8:25 – 8:40 am	Dermatonutrigenomics: Nourishing Skin According to Genes	Sara Mahdavi, PhD
8:40 – 8:55 am	Living Longer, Better	Stephanie Manson Brown, MD
8:55 – 9:00 am	Panel Discussion	
Patient Evaluation, Moderated by Rod Rohrich, MD		
9:00 - 9:10 am	You Gotta Have a Plan: Long Term Non-surgical Results	Mary Lupo, MD

Curriculum subject to change

All sessions in Astor Ballroom, except as noted

Revised 2/3/2023

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Friday, June 23, 2023, cont.

9:10 – 9:20 am	The Psychology, Brain Physiology, and Philosophy of Aesthetic Medicine	Julie Woodward, MD
9:20 – 9:30 am	A Wholistic Approach to Rejuvenation: Combining Treatments for Optimal Outcomes	Doris Day, MD
9:30– 9:50 am	PANEL: The 5 -Second Rule – as it applies to patients, not dropped food! How do we assess patients? Moderated by Nina Jablonski, PhD Panel: Mary Lupo, MD, José R. Montes, MD, MD, Rod Rohrich, MD	
9:50 – 10:10 am	Break with Exhibitors	
Toxins, Moderated by Steve Fagien, MD		
10:10 – 10:20 am	Botulinum Toxins: Are there real differences in products?	Gary Monheit, MD
10:20 – 10:30 am	Using a Combination of Neuromodulators in the Same Patient: When, Where, and Why?	Steve Fagien, MD
10:30 – 10:40 am	How Ultrasound Guidance Changed my Toxin Injections	Gabriela Casabona, MD
10:40 – 11:10am	INJECTABLE DEMOS	
Fillers, Moderated by Gary Monheit, MD		
11:10 – 11:20 am	HA Fillers: Can science determine what you use where?	Gary Monheit, MD
11:20 – 11:30 am	Autologous Blood Platelet Therapy as a Natural BioFiller	Kian Karimi, MD
11:30 – 11:40 am	Hyperdilute Calcium Hydroxylapatite for Perioral Rhytids	Michael Somenek, MD
11:40 - 12:00 pm	KEYNOTE ADDRESS, introduced by Kenneth Beer, MD Perceptions of Skin Color: How Do Bias and Identity Labels Affect Care Nina Jablonski, PhD	
12:00 – 12:30 pm	Lunch with Exhibitors	
LUNCH AND LEARN NON CME SESSIONS		
Bring your lunch and keep on learning!		
12:30 – 12:40 pm	TBD <i>Sponsored by Fotona</i>	
12:40 – 12:50 pm	TBD <i>Sponsored by InMode</i>	
12:50 – 1:00 pm	TBD <i>Sponsored by TBD</i>	
1:00 – 1:30 pm	<i>Snacks in Exhibit Hall – stretch your legs before you settle in for the afternoon sessions</i>	
The Finer Points of Injectables and Facial Rejuvenation, Moderated by Diane Berson, MD		
1:30 – 1:40 pm	Toxin Microdroplet Injections for Acne and Rosacea	Diane Berson, MD
1:40 – 1:50 pm	Optimizing Outcomes with Nuances: a Review of the “Why” behind the “How” for aesthetic injections	Deborah Sherman, MD
1:50 – 2:00 pm	Evaluation and Treatment Strategies for Skin types III-VI	Jeanine Downie, MD
2:00 – 2:10 pm	Cannulas and needles: you need both	Susan Weinkle, MD
2:10 – 2:20 pm	Filliterati: Be in the Know about What's Coming	Anna Guanche, MD
2:20 – 3:00 pm	INJECTABLE DEMOS	

Friday, June 23, 2023, cont.

Skin Deep, Moderated by Ivona Percec, MD

3:00 – 3:10 pm	Why I Love Being a Skin Care Expert: A Surgeon's Perspective	Lisa Grunebaum, MD
3:10 – 3:20 pm	Exploring Exosomes: The next frontier in regenerative medicine	Michael Somenek, MD
3:20 – 3:30 pm	Medical Conditions with Cosmetic Implications	Diane Berson, MD Jeanine Downie, MD
3:30 – 3:40 pm	Lip and Eye Peels: Results and Adjunct Procedures for the Right Patient	Ivona Percec, MD
3:40 – 4:05 pm	5 in 5: What's in My Skincare Regimen Lately? Diane Berson, MD, Jeanine Downie, MD, Doris Day, MD, Mary Lupo, MD, José R. Montes, MD	

From the Inside Out: Hair, Skin and Nutrition, Moderated by Doris Day, MD

4:05 – 4:15 pm	Hair Loss: Patient Consult and Treatment Options	Glynis Ablon, MD
4:15 – 4:25 pm	Update on Hair Growth: New Meds, New Devices, New Ideas	Doris Day, MD
4:25 – 4:35 pm	From the Inside Out: Impact of the Environment and Diet	Diane Berson, MD
4:35 – 4:45 pm	Senolytics. A New Frontier in Anti-Aging or Age Reversal	Anna Guanche, MD

4:45 – 5:30 Non CME Product Theaters

TBD

TBD

TBD

5:30 – 6:30 pm Reception with Exhibitors

Saturday, June 24, 2023

7:00 – 8:00 am Breakfast with the Exhibitors

7:00 – 7:30 am Non-CME Sip and Study - TBD

Beyond the Needle: Devices and Novel Techniques to Enhance Skin Tone, Texture and Laxity, Moderated by Carolyn Jacob, MD

8:00 – 8:10 am	HIFES+ RF Technology for Non-surgical Face Lifting	Carolyn Jacob, MD
8:10 – 8:20 am	Good Ol' Erbium Yag and Why it is Still My Go-to	Lisa Grunebaum, MD
8:20 – 8:30 am	Periocular Laser Skin Resurfacing, Energy-based Devices and Laser Blepharoplasty	Julie Woodward, MD
8:30 – 8:40 am	Microneedling: 10 Years' Experience	Gabriela Casabona, MD
8:40 – 8:50 am	Role of Microcoring in Facial Rejuvenation	Rod Rohrich, MD
8:50 – 9:00 am	PANEL: Power of Three: My Favorite 3 Fillers, 3 Devices and 3 Skincare Products and Why Mary Lupo, MD, Deborah Sherman, MD, Ivona Percec, MD	
9:00 – 9:10 am	PDO Threads in 2023 - Where Do We Stand and What Does the Literature Show?	Kian Karimi, MD

9:10 – 9:30 am Break with Exhibitors

Saturday, June 24, 2023, cont.

9:30 – 10:30 am DEVICE DEMOS

Innovative Treatments from Around the World, Moderated by Natasha Cook, MD

10:30 – 10:40 am	Temples: How to Choose the Technique	Gabriela Casabona, MD
10:40 – 10:50 am	Preservation After Restoration	Gaurav Bharti, MD
10:50 – 11:00 am	Aussie Innovation	Natasha Cook, MD
11:00 – 11:10 am	Daddy Do Over	José R. Montes, MD

Body Contouring, Moderated by Glynis Ablon, MD

11:10 – 11:20 am	What's New in Tightening Devices	Glynis Ablon, MD
11:20 – 11:30 am	Non-invasive Fat Melting	Jeanine Downie, MD
11:30 – 11:40 am	HIFEM +RF technology for Non-surgical Fat Reduction and Toning of Muscle with a Novel Applicator for the Waist	Carolyn Jacob, MD
11:40 – 11:50 am	Options for Treating Cellulite	TBD
11:50 am – 12:00 pm	The Body Consult: Crepey, Dimpled and Rippled, Oh My!	Mary Lupo, MD

12:00 – 12:30 pm Lunch with Exhibitors

LUNCH AND LEARN NON CME SESSIONS

Bring your lunch and keep on learning!

12:30 – 1:00 pm *TBD*
Sponsored by Allergan

1:00 – 2:00 pm Non-CME Product Theaters

1:00 – 1:20 pm TBD
TBD
TBD
TBD

2:00 – 2:30 pm *Snacks in Exhibit Hall – stretch your legs before you settle in for the afternoon sessions*

2:30 – 3:30 pm Interdisciplinary Exchange, Moderated by Lisa Grunebaum, MD

	Superficial and Medium Depth Chemical Peeling for your Practice	Gary Monheit, MD
	Combining Surgical and Non-surgical Approaches to Optimize the Jawline	Gaurav Bharti, MD
	How and When to Tell Patients Surgery is Really the Only Option	Lisa Grunebaum, MD
	Tips and Pearls in Surgery and Aesthetics	Susan Weinkle, MD

PANEL: Across the Aisle: Fostering Relationships across Specialties and Knowing When to Refer
Gaurav Bharti, MD, Ivona Perce MD, Susan Weinkle, MD

3:30 – 4:00 pm *Final Chance to see the exhibitors – enjoy a healthy smoothie and make those last minute connections with industry!*

Tear Troughs: A-Z Advanced Primer Moderated and Deborah Sherman, MD

4:00 – 4:10 pm	Periocular fillers: How to choose, injection techniques, and how to avoid and manage complications.	Julie Woodward, MD
4:10 – 4:20 pm	When and Why Tear Trough Fillers Can Be a Disaster; Detection and Management	Steve Fagien, MD
4:20 – 4:30 pm	Examining the Tear Trough: Why So Unpredictable?	Michael Somenek, MD

Saturday, June 24, 2023, cont.

4:30 – 4:40 pm	Recognizing “Danger Zones”- Enhancing Safety Outcomes in the Periorbital Area	José R. Montes, MD
4:40 – 5:00 pm	PANEL: Tear Trough Trials and Tribulations: My Best Non-Surgical Result Deborah Sherman, MD, José R. Montes, MD, Steve Fagien, MD, Michael Somenek, MD	
5:00 – 6:00 pm	Reception in the Courtyard Sponsored by Revance	

Sunday, June 25, 2023

7:00 – 8:00 am	Breakfast	
8:00 – 11:00 am	Marketing and Practice Management	
8:00 – 8:15 am	Succession Planning for the Aesthetic Provider	Gaurav Bharti, MD
8:15 – 8:25 am	Live Differentiators: Achieving Staff Alignment	Deborah Sherman, MD
8:25 – 8:50 am	PANEL: What Has Worked in My Practice Moderated by Deborah Sherman, MD Gaurav Bharti, MD, Mary Lupo, MD, José R. Montes, MD	
8:50 – 9:05 am	Finding Purpose in Your Practice	Shawn Allen, MD
9:05 – 9:30 am	Social Media-- How I Got Started and What I Do Now	Anna Guanche, MD
9:30 – 10:15 am	PANEL: Social Media: The Good, the Bad and the Ugly Anna Guanche, MD, José R. Montes, MD, Rod Rohrich, MD, Mary Lupo, MD	
10:15 – 11:00 am	Best of CBC: Meeting Highlights from this year , and a peek into 2024 – an interactive session Let us know what you liked, and what you’d add to our agenda next year! Mary Lupo, MD, José R. Montes, MD	