

Cosmetic Bootcamp Summer Meeting
 St. Regis Aspen
 June 24-27, 2021



This activity is jointly provided by Medical Education Resources and Cosmetic Bootcamp Bootcamp Summer Meeting.

This activity is supported by educational grants and/or in kind product donations from

Company	Product
AbbVie, Inc.	BOTOX® Cosmetic (OnabotulinumtoxinA) 100 Unit Juvéderm® Ultra XC Syringes Juvéderm® Ultra Plus XC Syringes Juvéderm VOLUMA® XC Syringes Juvéderm VOLBELLA® XC (0.55mL) Syringes Juvéderm VOLLURE® XC KYBELLA™ 20mg Skin marking grids tsk Juvéderm cannulas
Alumier Labs	
Crown Medical	
Endo International	Qwo
Evolus	Jeuveau
Galderma Laboratories, LP	Restylane® Silk 1.0 mL syringes Restylane® Lyft 1.0 mL syringes Restylane® Refyne 1.0 mL syringes Restylane® Defyne 1.0 mL syringes Restylane Kysse 1.0 mL syringes Restylane Contour 1.0 mL syringes Dysport® 300 unit vials Sculptra® Aesthetic 367.5 mg vials
Merz North America, Inc.	Radiesse® (+) with integral 0.3% Lidocaine 1.5cc syringe Radiesse® 1.5cc syringe (without integral Lidocaine) Belotero Balance® with Lidocaine 1cc syringe Xeomin incobotulinumtoxinA® Cosmetic 50U **Aesthetics Only**
Mint Threads	MINT FINE+ (18G, 18cm bi-directional threads) MINT FIX (18G, 15cm multi-directional threads)
Sofwave	

Target Audience

The primary target audience is Dermatologists, Ophthalmologists, Otolaryngologists, Facial Plastic Surgeons and Plastic Surgeons, and medical staff employed in those office working under the supervision of a board certified physician in one of the above specialties.

Statement of Need

Cosmetic Bootcamp offers a method of supplemental education and to provide exposure to real-life situations and treatments. The meetings will also offer consolidated opportunities for attendees to hear from and dialogue with seasoned and highly-regarded physicians in their own fields. Cosmetic Bootcamp is dedicated to fostering a community of aesthetic physicians who draw upon each other's experiences, challenges and resources.

Program Overview

Cosmetic Bootcamp Didactic and Live Technique Symposium is a symposium that will review the mechanism of action, technical considerations and patient consultation recommendations for using various aesthetic treatment modalities including fillers. Lasers in aesthetic practice will also be discussed alone, and in combination therapy with fillers. Practice management will also be a significant component of the meeting and will be addressed in a series of presentation and discussions.

In general, each day will consist of didactic lectures and live patient demonstrations. There will be opportunities to interact, allowing attendees to engage in conversation, and question and answer sessions with faculty members.

Learning Outcome

To update training as necessary to learn how to implement safe practices into new and emerging techniques and technologies.

Educational Objectives: After completing this activity, the participant should be better able to:

- Identify the appropriate combination of therapies for patients with a variety of medical and aesthetic dermatologic needs, utilizing therapeutic agents and other treatment modalities.
- Identify and assess current and emerging therapies and their role in successful patients consultations
- Demonstrate advanced techniques in the use and application of various neurotoxins and dermal fillers
- Demonstrate increased proficiency in the application of injections and identify potential complications.
- Identify methods of minimizing complications due to filler injections and increase patient safety awareness.
- Demonstrate proficiency in identifying the anatomy in the 6 danger zones of the face.
- Compare and contrast treatment strategies using lasers, light and radiofrequency devices.
- Use global rejuvenation procedures that maximize current developments and advances in aesthetic medicine
- Distinguish appropriate practice management techniques for a successful medical practice and improved patient-clinician communication.
- Discuss treatment options within a realistic framework of potential outcomes, and patient expectations
- Review treatment options for atopic dermatitis, seborrheic keratosis, acne, rosacea, pigmentation, scars, and other skin conditions.
- Identify therapeutic options and patient management for primary axillary hyperhidrosis



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INTERPROFESSIONAL CONTINUING EDUCATION

Accreditation Statement

In support of improving patient care, this activity has been planned and implemented by Medical Education Resources (MER) and Meeting Designs. MER is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician Credit Designation

Medical Education Resources designates this live activity for a maximum of 20 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Nurses Credentialing Center (ANCC) Credit Designation

Medical Education Resources designates this live activity for a maximum of 20 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity. **American Academy of Nurse Practitioners (AANP) Credit Designation**

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) 20 contact hours from activities approved by AMA, ACCME, ANCC, AANP.

Physician Assistant Credit Designation

Medical Education Resources has been authorized by the American Academy of Pas (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 20 AAPA Category 1 CME credits. Pas should only claim credit commensurate with the extent of their participation.

Disclosure of Conflicts of Interest General Session

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The **faculty** reported the following financial relationships with commercial interests whose products or services may be mentioned in this CME activity:

Name of Faculty	Reported Financial Relationship
Kenneth Beer, MD, FAAD	Grants/Research Support: Allergan, Galderma, Revance Consulting Fees: Allergan, Galderma, Revance Ownership Interest/Shareholder: Anterios
Jacob Beer, MD	Consulting Fees: Galderma
David Bell	No financial relationships to disclose
Diane Berson, MD	Consulting Fees: Allergan, Procter & Gamble, L’Oreal, OthoDerm, Revance, La Roche-Posay, Crown, Evolus, Cassiopea, Ferndale, Regimen Pro, CLN
Kourtney Cavallio	Salary: Allergan Aesthetics
Annie Chiu, Md	Grants/Research Support: Allergan, Cynosure Consulting Fees: Allergan, Avene, Dove/Unilever, Endo Pharmaceuticals, Galderma USA, La Roche-Posay, Merz Aesthetics, Obagi Medical Products, Orce, Revance Therapeutics, Inc, ReVive, RoC, SkinMedica, Inc., Solta Medical, X-Medica Speakers’ Bureau: Allergan, American Academy of Dermatology, American Society of Dermatologic Surgery, BTL Industries, SkinMedica, Inc.
Taryn Conway	Ownership Interest/Shareholder: Revance Salary: Revance
Jeanine Downie, MD	Grants/Research Support: Allergan, BioPharmx, Croma, Endo Therapeutics, Evidera, Johnson & Johnson, Laviv, Merz, Neothetics, Ranbaxy, Raziell Therapeutics, Revance, Skin Medica Consulting Fees: Aclaris, Allergan, BTL, Galderma, Intendis (Bayer), IntraDerm, Johnson & Johnson, Lifes 2 Good, Merz, Nutrafol, Obagi, Perigee Medical, Pfizer, Procter & Gamble, Restorsea, Sensus, Sente, Skin Medica, Theraplex, LLC, ThermiRF, Valeant Speakers’ Bureau: Aclaris, Allergan, BTL, Cutera, Exeltis, Galderma, Johnson & Johnson, Lifes 2 Good, Nutrafol, Obagi, Perigee Medical, Pfizer, Sente, Solta, Stratpharma, Skin Medica, ThermiRF Ownership Interest/Shareholder: Medmetriks, RegimenMD
Steven Fagien, MD	Consulting Fees: Allergan, AbbVie, Evolus, Merz, Revance, Alastin
Julius Few, MD	Grants/Research Support: Allergan, Merz Sofwave, Sciton Consulting Fees: Allergan, Merz Sofwave, Sciton Ownership Interest/Shareholder: Sciton, Hydrafacial, Revance Royalty/Patent Holder: Book sales “The Art of Combining Surgical and Non-Surgical Techniques in Aesthetic Medicine”
Paul Friedman, MD	Consulting Fees: Allergan, Solta medical, Candela Speakers’ Bureau: Solta Medical, Candela

Emmy Graber, MD	<p>Grants/Research Support: Hovione, Ortho Dermatologics, Sebacia</p> <p>Consulting Fees: Digital Diagnostics, Almirall, Cutera, Hovione, Keratin Biosciences, La Roche Posay, Lidor AB, Ortho Dermatologics, Cebacia, Solgel, Verrica, WebMD</p> <p>Speakers' Bureau: Almirall</p> <p>Ownership Interest/Shareholder: Digital Diagnostics</p> <p>Royalty/Patent Holder: Wolter Kluwer Health</p>
Michelle Henry, MD	<p>Consulting Fees: Merz, Allergan, Galderma, Cynosure</p> <p>Speakers' Bureau: Merz, Allergan</p> <p>Ownership Interest/Shareholder: Areolase</p>
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Kate Kaler	<p>Salary: Galderma</p>
Mary Lupo, MD, FAAD	<p>Grants/Research Support: Bausch Health, Brickell, Inmode, ChemoCentryx, , Novan Molluscum, Strathspey Crown</p> <p>Consulting Fees: Allergan, Pulse Bioscience, Eastern College of Health Vocations LLC, Revance Therapeutics, Revision Skincare, Solta/Valeant, Theraplex, TopMD</p> <p>Speakers' Bureau: Allergan, Bellus, Lumenis, Merz Thraplex, Ortho Dermatologics, Revision Skincare, Solta/Valeant, Theraplex</p> <p>Ownership Interest/Shareholder: Cosmetic Bootcamp, LLC, Alphaeon, Evolus, TopMD</p>
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Mark Melson, MD	No financial relationships to disclose
José Montes, MD, FACS, FACCS	<p>Consulting Fees: AbbVie, Galderma, Merz</p> <p>Speakers' Bureau: AbbVie, Galderma, Merz, SkinCeuticals</p>
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Rod Rohrich, MD	<p>Grants/Research Support: Galderma, MTF Biologics, Allergan, InMode</p> <p>Consulting Fees: Allergan, MTF Biologics, Galderma, InMode</p> <p>Ownership Interest/Shareholder: Medical Seminars of Texas, LLC</p> <p>Royalty/Patent Holder: Thieme Publishing, Eriem Surgical</p>
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Sarmela Sunder, MD	<p>Consulting Fees: Allergan</p>
Kamakshi Zeidler, MA	<p>Grants/Research Support:</p> <p>Consulting Fees: Galderma, Alastin, Allergan</p> <p>Speakers' Bureau: Bimini</p> <p>Ownership Interest/Shareholder: Bimini, Recros Medical</p>

The **content managers** reported the following financial relationships with commercial interests whose products or services may be mentioned in this CME activity:

<i>Name of Content Manager</i>	<i>Reported Financial Relationship</i>
Karen S. Dennis, Meeting Designs, LLC	No financial relationships to disclose
Planners from MER	No financial relationships to disclose