

Thursday, March 9

Cosmetic Medicine Advances – Part 1

6:30 – 7:00 am **MEETING REGISTRATION – DALLAS BALLROOM FOYER**
BREAKFAST WITH THE EXHIBITORS – FT. WORTH BALLROOM
COSMETIC MEDICINE – Part 1

Moderators: Mary Lupo, MD and David Sieber, MD

DALLAS BALLROOM

Aesthetic Devices – Hot Topics In Cosmetic Medicine

7:00 – 7:05 Welcome from the Chairs Rod J. Rohrich, MD Jamil Ahmad, MD, Mary Lupo, MD and David Sieber, MD

7:05 – 7:15 am Role of Microcoring in Facial Rejuvenation *Jill Waibel, MD*

7:15 – 7:25 am Do Energy Based Plasma Devices Enhance Your Body Contouring Results? *David Sieber, MD*

7:25 – 7:35 am How Radiofrequency Technology Has Transformed My Body Contouring Results *Chris Chia, MD*

7:35 – 7:45 am Is there a Cellulite Cure? Cut vs Chemicals *Kamakshi Zeidler, MD*

7:45 – 8:15 am My Best and Busiest Three Devices in My Cosmetic Practice and Why: Pearls and Pitfalls
Mary Lupo, MD
Jill Waibel, MD
Dave Sieber, MD
Michael Gold, MD
Kamakshi Zeidler, MD

8:15 – 8:30 am Panel: Innovative Devices in Cosmetic Surgery and Medicine
Moderators: Jamil Ahmad, MD and Rod J. Rohrich, MD
Jill Waibel, MD, David Sieber, MD, Chris Chia, MD Kamakshi Zeidler, MD, Mary Lupo, MD and Michael Gold, MD

8:30 – 9:30 am **Live Treatments with Devices**
Moderators: David Sieber, MD and Jamil Ahmad, MD

- Microcoring for Neck/Facial Aging Correction – Jill Waibel, MD
- RF Skin Tightening – Chris Chia, MD
- Plasma Skin Tightening (live edited video) – David Sieber, MD
- Non-Surgical Hair Restoration/Enhancement-Role of Exosomes and PRP – David Weir, NP
- Radio Frequency Microneedling-What’s New? – David Weir, NP
- Cellulite Removal-Role of Collagenase – David Weir, NP
- Cellulite (live edited video) – Kamakshi Zeidler, MD

9:30 – 9:45 am **Break**

Game Changer in My Practice

9:45 – 9:55 am 5 Jaw Line Enhancers *Rod J. Rohrich, MD*

9:55 – 10:05 am How New Longer Acting Neurotoxins Are Transforming the Market *Steven Fagien, MD*

10:05 – 10:15 am Selective Use of New Tear Trough Fillers *Steven Fagien, MD*

10:15 – 10:25 am Making Bioskin Stimulators Work in Your Practice Today *Mary Lupo, MD*

10:25 – 10:35 am Incorporating New Facial Fillers *Steven Fagien, MD*

10:35– 10:45 am What’s New in Skin Care – Exosomes and Beyond *Mary Lupo, MD*

Thursday, March 9, cont.

10:45 – 10:55 am	Beyond Fine Line Filler Finesse	Steven Fagien, MD
10:55 – 11:05 am	Best New Scar Removal Treatment	Jill Waibel, MD

11:05 – 11:20 am	Panel: Beyond Fillers and Neurotoxins-What’s Hot Moderators: David Sieber, MD and Jamil Ahmad, MD Panel: Rod J. Rohrich, MD, Steven Fagien, MD, Mary Lupo, MD and Jill Waibel, MD	
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Fillers and Injectables Live Demos and Updates: The Master Injectors-Advanced Techniques and Finesse
Moderators: Rod J. Rohrich, MD and Steven Fagien, MD

11:20 am – 12:25 pm	<ul style="list-style-type: none"> • The New Long-Lasting Neuromodulator VIDEO– Steven Fagien, MD • What’s New in Neuromodulator Toxin Finesse LIVE – Elizabeth Houshmand, MD • Use of Blended PLLA in the Jaw VIDEO – Mary Lupo, MD • Soft Hyaluronic Acid Fillers LIVE - David Sieber, MD and David Weir, NP • Fine Lines Correction Finesse VIDEO - Steven Fagien, MD • Beyond Mandibular Border Filler Finesse LIVE - Rod J. Rohrich, MD • Cheek Augmentation with Adipose Matrix Injection LIVE - Rod J. Rohrich, MD and Michael Gold, MD • Neuromodulator Calf Injections - Rod J. Rohrich, MD
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12:25 – 1:00 pm Lunch
Grab your lunch and join our lunch and learn!

12:45 – 1:15 pm Lunch and Learn – TBD
Take this time to change into your scrubs for the afternoon lab

1:15 – 1:45 pm	Panel: Social Media-How to Make it Work for You Moderators: David Sieber, MD and Jamil Ahmad, MD Ashkan Ghavami, MD, Jennifer Walden, MD, Mary Lupo, MD, Rod J. Rohrich, MD, Roy Kim, MD, Jill Waibel, MD and Kamakshi Zeidler, MD
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1:45 – 2:00 pm	Panel: Supercharging Your Non-Surgical Practice Moderators: Jamil Ahmad, MD and Rod J. Rohrich, MD Mary Lupo, MD, David Sieber, MD, Michael Gold, MD, Kamakshi Zeidler, MD, Jennifer Walden, MD, David Weir, NP and Jill Waibel, MD
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Dallas Cosmetic Surgery Advances and Finesse

Part 1: Innovations and Controversies in Cosmetic Breast Surgery

Chair: Rod J. Rohrich, MD

Co-Chairs: William P. Adams, Jr., MD and Jamil Ahmad, MD

2:00 – 2:10 pm	Welcome and Introductions State of the Art Breast Augmentation and Mastopexy Moderator: William P. Adams, Jr., MD
2:10 – 2:20 pm	Panel: Breast Augmentation-Mastopexy Technical Pearls: Safe and Effective – What's New Moderator: Jamil Ahmad, MD William P. Adams, Jr., MD, Ashkan Ghavami, MD and David Sieber, MD
2:20 – 2:40 pm	Panel: My Approach to Revision Mastopexy: Key Elements for Success Moderator: William P. Adams, Jr., MD John Burns, MD, Ashkan Ghavami, MD, and David Sieber, MD

Thursday, March 9, cont.

Challenging Problems in Revision Breast Implant Surgery

2:40 – 2:50 pm	Explant with Immediate Fat Grafting	John Burns, MD
2:50 – 3:00 pm	Soft Tissue Support for Recurrent Ptosis	William P. Adams, Jr., MD

Facial Anatomy and Safety

3:00 – 3:20 pm	Key Facial Anatomy to Stay Safe – What You Really Need to Know to Stay Out of Trouble	James M. Stuzin, MD
3:20 – 3:45 pm	Video Cadaver Demonstration – Fat Compartments/Face and Neck Lift/Browlift and Blepharoplasty	Rod J. Rohrich, MD Jamil Ahmad, MD

Move to Cadaver Lab

3:45 – 5:45 pm **Interactive Anatomy Lab Dissection, Moderator: Rod J. Rohrich, MD and Jamil Ahmad, MD**
SAN ANTONIO BALLROOM

- Brow lifting
- Blepharoplasty
- Facelift Techniques - How to Inject the Key Fat Compartments
- Neck lift Techniques

5:45 – 6:30 pm **Special Breakout Sessions (Assigned Rotations)**

- RF Technology Head, Neck and Torso – Chris Chia MD and David Weir, NP
- Energy Based Plasma Devices Demo – David Sieber, MD
- Breast Augmentation Dual Plane – William P. Adams, Jr., MD
- Buttock Augmentation – Ashkan Ghavami, MD and Daniel Del Vecchio, MD
- High-Definition Liposculpting – Alfredo Hoyos, MD

6:30 – 7:30 pm Reception with the Exhibitors

7:30 pm **Cosmetic Surgery Video Theater – DALLAS BALLROOM TBD**

Friday, March 10

Dallas Cosmetic Surgery Advances and Finesse, cont.

6:30 – 7:00 am Meeting Registration – Dallas Ballroom Foyer
Breakfast with the Exhibitors – Ft. Worth Ballroom

7:00 – 7:05 am **Welcome and Introductions: Rod J. Rohrich, MD, William P. Adams, Jr., MD and Jamil Ahmad, MD**

7:05 – 7:25 am Panel: Explant Surgery – Capsules, Lifts and Fat
 Moderator: William P. Adams, Jr., MD
 Ashkan Ghavami, MD, Jamil Ahmad, MD, Jacob Unger, MD and John Burns, MD

7:25 – 7:50 am Panel: What’s Next in Cosmetic Breast Surgery – New Implants and Support
 Moderator: Jamil Ahmad, MD
 William P. Adams, Jr., MD, Ashkan Ghavami, MD, David Sieber, MD, and Jacob Unger, MD

Part 2: Innovations and Safety in High-Definition Liposuction, Body Sculpting and Buttock Augmentation

7:50 – 8:05 am	Marking a High-Definition Liposuction Patient – LIVE Marking	David Sieber, MD Alfredo Hoyos, MD
8:05 – 8:10 am	Commentary	Ashkan Ghavami, MD Daniel Del Vecchio, MD
8:10 – 8:30 am	High-Definition Liposuction Refinements	David Sieber, MD

Friday, March 10, cont.

8:30 – 8:50 am	Male Contouring: Pectorals, Trunk and Beyond	<i>Alfredo Hoyos, MD</i>
8:50 – 9:05 am	The S Curve Body Shaping	<i>Ashkan Ghavami, MD</i>
9:05 – 9:25 am	High Definition Liposculpture (video)	<i>Alfredo Hoyos, MD</i>
9:25 – 9:45 am	Panel: Challenges in Liposculpting – Is High-Definition Lipo for Everyone? <i>Moderator: Rod J. Rohrich, MD</i> <i>Jamil Ahmad, MD, Daniel Del Vecchio, MD, Ashkan Ghavami, MD, Alfredo Hoyos, MD and David Sieber, MD</i>	
9:45 – 10:00 am	Role of Ultrasound in BBL Safety (with video)	<i>Daniel Del Vecchio, MD</i>
10:00 – 10:15 am	Break with Exhibitors	
10:15 – 10:30 am	Finesse Ultrasound in Buttock Augmentation in SSBA (Safe Subcutaneous Buttock Augmentation) and Long-Term Results (with video)	<i>Daniel Del Vecchio, MD</i>
10:30 – 10:55 am	Panel: Technical Pearls for High-Definition Liposuction and Buttock Augmentation <i>Moderator: Jamil Ahmad, MD</i> <i>Daniel Del Vecchio, MD, Ashkan Ghavami, MD, Alfredo Hoyos, MD, and David Sieber, MD</i>	
10:55 – 11:10 am	Panel: Managing Complications after Liposuction and Buttock Augmentation <i>Moderator: Jamil Ahmad, MD</i> <i>Daniel Del Vecchio, MD, Ashkan Ghavami, MD, Alfredo Hoyos, MD, and David Sieber, MD</i>	
Part 3: Controversies and Outcomes in Eyelid, Face and Neck Rejuvenation		
11:10 – 11:25 am	Upper and Lower Blepharoplasty Refinements and Finesse – Preventing Complications	<i>Steven Fagien, MD</i>
11:25 – 11:40 am	Finesse Facelifting: 5 Things that Matter	<i>Rod J. Rohrich, MD</i>
11:40 – 11:55 am	Incision Planning and the Safe SMAS Facelift	<i>James M. Stuzin, MD</i>
11:55 am – 12:10 pm	Refining the Male Facelift	<i>Dino Elyassnia, MD</i>
12:10 – 12:25 pm	Panel: Facial Rejuvenation and Beyond <i>Moderator: Rod J. Rohrich, MD</i> <i>Steven Fagien, MD, James M. Stuzin, MD and Dino Elyassnia, MD</i>	
12:25 – 12:30 pm	MEETING REGISTRATION – DALLAS BALLROOM FOYER DALLAS RHINOPLASTY	
12:30 – 1:15 pm	Lunch with Exhibitors Transition to Rhinoplasty Meeting	

Friday, March 10

Dallas Rhinoplasty – Preservation Meets Precision Rhinoplasty!

Dallas Rhinoplasty Essentials – The Basics/Nasal Analysis

Chair: Rod J. Rohrich, MD

1:15 – 1:30 pm	Consistency in Rhinoplasty - Precision vs Preservation, Where Are We Now?	<i>Rod J. Rohrich, MD</i>
1:30 – 1:45 pm	Nasal Analysis – Key to Rhinoplasty Success	<i>C. Spencer Cochran, MD</i>
1:45 – 2:00 pm	Nasal Analysis for Structure vs Preservation Rhinoplasty	<i>Bart Stubenitsky, MD</i>

Friday, March 10, cont.

Dallas Rhinoplasty – Preservation Meets Precision Rhinoplasty!

2:00 – 2:15 pm Panel: Finesse in Clinical Analysis – Key to Rhinoplasty
 Moderator: Rod J. Rohrich, MD
 Dino Elyassnia, MD, C. Spencer Cochran, MD, Aaron Kosins, MD, Jamil Ahmad, MD
 and Yves Saban, MD

Preservation Rhinoplasty Overview

2:15 – 2:30 pm Preservation Rhinoplasty Overview *Aaron Kosins, MD*

2:30 – 2:45 pm Evolution of Preservation Rhinoplasty *Yves Saban, MD*

2:45 – 3:00 pm Advanced Nasal Anatomy Video
 Rod J. Rohrich, MD and Jamil Ahmad, MD

3:00 – 3:30 pm Break with Exhibitors – Ft. Worth Ballroom - Gown Up for Anatomy Lab

3:30 – 5:45 pm Advanced Rhinoplasty Lab Dissection – San Antonio Ballroom

Dallas Rhinoplasty - Moderators: Rod J. Rohrich, MD and Jamil Ahmad, MD
 Preservation Rhinoplasty - Moderator: Aaron Kosins, MD

Part 1: Dallas Rhinoplasty Dissection Lab - Live Demos/Interaction with the Experts

Part 2: Preservation Cadaver Anatomy

- Station 1: Opening the Nose, Instrumentation, Preservation of Ligaments, Subperichondrial Subperiosteal Dissection
Dino Elyassnia, MD
- Station 2: Ultrasonic Energy Piezo Removal of the Bony Cap, Piezo Electric Osteotomies, Cartilage Push Down Technique
Enrico Robotti, MD
- Station 3: Ultrasonic Energy Piezo Assisted High Septal Strip Let Down Technique
Yves Saban, MD
- Station 4: Low Septal Strip Let Down Technique, Fixing the Deviated Nose
Bart Stubenitsky, MD
- Station 5: Creating Beautiful Tip Anatomy, Tip Sutures, Support Techniques, Alar Conservation
Abdulkadir Goksel, MD
- Station 6: The Z-Flap Mid Septal Strip Technique
Dean Toriumi, MD

5:45 – 6:45 pm **Reception with Exhibitors**

7:30 pm **Rhinoplasty Video Theater – Dallas Ballroom TD**

Saturday, March 11

6:30 – 7:00 am **Meeting Registration – Dallas Ballroom Foyer**
Breakfast with the Exhibitors – Ft. Worth Ballroom

Preservation Rhinoplasty Overview, cont.

7:00 – 7:15 am Preservation Rhinoplasty Learning Curve *Abdulkadir Goksel, MD*

7:15 – 7:35 am **Jack P. Gunter, MD Distinguished Lecture** *Dean Toriumi, MD*
 The Hybrid Preservation Rhinoplasty – Structural Preservation

Saturday, March 11, cont.

7:35 – 7:55 am Panel/Questions - Ideal Candidates for Preservation Rhinoplasty
 Moderator: Rod Rohrich MD
 Jason Roostaeian, MD, Aaron Kosins, MD, Yves Saban, MD, Enrico Robotti, MD and Dino Elyassnia, MD

Tip Shaping Finesse

7:55 – 8:05 am	Specific Problem: Long Infralobule	Nazim Cerkes, MD
8:05 – 8:15 am	Specific Problem: Overprojected Tip	Bart Stubenitsky, MD
8:15 – 8:25 am	Specific Problem: Underprojected Tip	Aaron Kosins, MD
8:25 – 8:35 am	Understanding Nasal Tip Support	Nazim Cerkes, MD
8:35 – 8:45 am	Why Septal Extension Grafts are Superior in Tip Shaping	Rod J. Rohrich, MD
8:45 – 8:55 am	Understanding Nasal Tip Rotation	Aaron Kosins, MD
8:55 – 9:05 am	Tip Shaping – My Way	Ashkan Ghavami, MD
9:05 – 9:15 am	Tip Shaping – My Way	Jason Roostaeian, MD
9:15 – 9:25 am	Tip Shaping – My Way	Dean Toriumi, MD
9:25 – 9:35 am	Tip Shaping – My Way	Enrico Robotti, MD
9:35 – 9:45 am	Tip Shaping – Soft Tissue and Skin Management in Thick Skin Rhinoplasty	Aaron Kosins, MD
9:45 – 9:55 am	Alar Base Resection Simplified/Refined	Rod J. Rohrich, MD

9:55 – 10:15 Break with Exhibitors

10:15 – 10:25 am	Closed Tip Shaping – Preservation	Dino Elyassnia, MD
10:25 – 10:35 am	Closed vs Open Tip Shaping	Aaron Kosins, MD
10:35 – 10:55	Panel: Nasal Tip Surgery Moderator: Rod J. Rohrich, MD Aaron Kosins, MD, Jason Roostaeian, MD, Dean Toriumi, MD, Abdulkadir Goksel, MD, Nazim Cerkes, MD and Enrico Robotti, MD	

The Lateral Wall/Alar Rim

10:55 – 11:10am	Advances in Retrograde and Dual Alar Contour Grafts for Alar Rim Contouring	Rod J. Rohrich, MD
11:10 – 11:25 am	Beyond Alar Contour Grafting – When I Need More	Jason Roostaeian, MD
11:25 – 11:40 am	Refining the Soft Tissue Triangle in Rhinoplasty	Jamil Ahmad, MD
11:40 – 11:55 am	Lateral Crural Strut Grafts Update	Dean Toriumi, MD

11:55 – 12:45 pm LUNCH WITH THE EXHIBITORS – FT. WORTH BALLROOM

Advanced Septal Surgery

12:30 – 12:45 pm	Managing the Septum vs Turbinates – Staying Safe	Yves Saban, MD
12:45 – 1:00 pm	Understanding Septal Surgery in Dorsal Preservation – Beyond the L-Strut	Aaron Kosins, MD

Saturday, March 11, cont.

Dorsum Finesse

1:00 – 1:15 pm	Precision Osteotomies vs. Piezo Surgery Osteotomies	<i>Rod J. Rohrich, MD Abdulkadir Goksel, MD</i>
1:15 – 1:30 pm	Osteotomy Selection	<i>Aaron Kosins, MD</i>
1:30 – 1:45 pm	The Keystone: Consistency in Restoring the Aesthetic Dorsum in Structural Rhinoplasty	<i>Paul Afrooz, MD</i>
1:45– 2:00 pm	Restoring the Structural Dorsum – When and Why? My Way	<i>Rod J. Rohrich, MD</i>
2:00 – 2:15 pm	Restoring the Structural Dorsum – When and Why? My Way	<i>Nazim Cerkes, MD</i>
2:15 – 2:30 pm	Dorsal Preservation: An Overview and Patient Selection	<i>Yves Saban, MD</i>
2:30 – 2:45 pm	Learning Dorsal Preservation	<i>Bart Stubenitsky, MD</i>
2:45 – 3:00 pm	High Septal Strip (SABAN) Let Down Technique	<i>Yves Saban, MD</i>
3:00 – 3:15 pm	Break with Exhibitors	
3:15 – 3:30 pm	Low Septal Strip	<i>Dino Elyassnia, MD</i>
3:30 – 3:45 pm	Straightening Maneuvers and Blocking Points	<i>Abdulkadir Goksel, MD</i>
3:45 – 4:00 pm	The Deviated Nose	<i>Bart Stubenitsky, MD</i>
4:00 – 4:15 pm	Dealing with the Keystone Region in Preservation Rhinoplasty	<i>Dino Elyassnia, MD</i>
4:15 – 4:30 pm	Modified Dorsal Split – A Hybrid Technique for Pushdown and Full Letdown	<i>Enrico Robotti, MD</i>
4:30 – 4:45 pm	The Push-up Technique in Preservation Rhinoplasty	<i>Dean Toriumi, MD</i>
4:45 – 5:05 pm	Panel: Failures in Dorsal Reconstruction, How I Do It Now <i>Moderator: Yves Saban, MD and Rod J. Rohrich, MD Dean Toriumi, MD, Aaron Kosins, MD, Dino Elyassnia, MD, Enrico Robotti, MD, and Nazim Cerkes, MD</i>	
5:05 – 5:25 pm	Panel: When to do Preservation vs Structural Rhinoplasty <i>Moderators: Aaron Kosins, MD and Rod J. Rohrich, MD Dean Toriumi, MD, Dino Elyassnia, MD, Yves Saban, MD, Ashkan Ghavami, MD, Bart Stubenitsky, MD and Jamil Ahmad, MD</i>	

5:30 – 6:30 pm Reception with Exhibitors

Sunday, March 12 Dallas Rhinoplasty Advances/Finesse

**6:30 – 7:00 am Meeting Registration – Dallas Ballroom Foyer
 Breakfast – Ft. Worth Ballroom**

Dallas Rhinoplasty Advances/Finesse

7:00 – 7:10 am	Nonsurgical Rhinoplasty: Applications and Limitations	<i>Jamil Ahmad, MD</i>
7:10 – 7:20 pm	The Aging Nose – Rhinoplasty Techniques to Counteract Nasal Aging	<i>Dino Elyassnia, MD</i>

Sunday, March 12, cont.

The Ethnic Nose

7:20 – 7:30 am	The Asian Nose - Dorsal Augmentation Rhinoplasty	<i>Dean Toriumi, MD</i>
7:30 – 7:40 am	The Middle Eastern Nose	<i>Ashkan Ghavami, MD</i>
7:40 – 7:50 am	The Hispanic Nose	<i>Aaron Kosins, MD</i>
7:50 – 8:00 am	The African American Nose	<i>Jamil Ahmad, MD</i>
8:00 – 8:10 am	Macrorrhinia (Large Nose Management)	<i>Yves Saban, MD</i>
8:10 – 8:35 am	Panel: What About This Result? <i>Moderator: Rod J. Rohrich, MD and Jamil Ahmad, MD</i> <i>Aaron Kosins, MD, Ashkan Ghavami, MD, Yves Saban, MD, Nazim Cerkes, MD,</i> <i>Dean Toriumi, MD and Enrico Robotti, MD</i>	

Revision Rhinoplasty

8:35 – 8:50 am	Revision Rhinoplasty Principles	<i>Rod J. Rohrich, MD</i>
8:50 – 9:05 am	Rib Cartilage in Secondary Rhinoplasty	<i>Dean Toriumi, MD</i>
9:05 – 9:20 am	Why Fresh Frozen Rib Grafts are Better	<i>Rod J. Rohrich, MD</i>
9:20 – 9:35 am	SPF-SPLF Grafts: Optimizing Dorsal Rib Grafts in Revision Rhinoplasty	<i>Enrico Robotti, MD</i>
9:50 – 10:05 am	Advances in Cleft Rhinoplasty	<i>Dean Toriumi, MD</i>
10:05 – 10:20 am	Break	
10:20 – 10:35 am	Panel: Complications We Have Had Many Times and How We Avoid Them Now <i>Moderator: Rod J. Rohrich, MD</i> <i>Ashkan Ghavami, MD, Yves Saban, MD, Dean Toriumi, MD</i> <i>and Dino Elyassnia, MD</i>	
10:35 – 10:50 am	Break	
10:50 – 11:20 am	Panel: How to Manage the Rhinoplasty Patient (Pre and Post Op) – 5 Keys to Success <i>Moderator: Rod J. Rohrich, MD</i> <i>Ashkan Ghavami, MD, Nazim Cerkes, MD, Enrico Robotti, MD</i> <i>and Abdulkadir Goksel, MD</i>	
11:20 – 11:50 am	Panel: Latest/Greatest Rhinoplasty Refinements – Technique Video <i>Moderator: Rod J. Rohrich, MD</i> <i>Dean Toriumi, MD, Aaron Kosins, MD, Dino Elyassnia, MD, Yves Saban, MD,</i> <i>Abdulkadir Goksel, MD, Enrico Robotti, MD and Nazim Cerkes, MD</i>	
11:50 am – 12:00 pm	Closing Remarks/Adjourn	