

FRIDAY/SATURDAY SCHEDULE

FRIDAY, OCTOBER 23

4:00pm-6:30pm	Registration Open
6:30pm-8:00pm	Welcome Reception & Resident and Student Poster Judging Session

SATURDAY, OCTOBER 24

7:00am-10:30pm	Registration Open
7:00am-8:00am	Continental Breakfast & Visit Exhibits
7:55am-10:35am	Plenary Session I
7:55am	Welcome and Introduction - Tadhg J. O’Gara, MD
8:00am	Is It Really Just an Intertroch? - Suman Medda, MD
8:20am	Introduction of Honored Surgeon - Amy K. Trammell, MD
8:25am	Honored Surgeon Lecture: Cynthia L. Emory, MD, MBA, FAAOS, FAOA
8:55am	Discussion and Q&A
9:10am-9:50am	Controversies in Care I: Trauma vs. Joint Replacement
9:10am	Introduction and Case Presentations - Suman Medda, MD
9:18am	The Case for Fixation - Eben A. Carroll, MD
9:31am	The Case for Arthroplasty - Brian M. Curtin, MD
9:44am	Discussion and Audience Q&A
9:50am	Break in Exhibit Hall
10:10am	Why Orthopedic Surgeons Should Care About HRT - Amy K. Trammell, MD
10:20am	Featured Lecture: Five Things I’ve Changed in My Hand Practice - Warren C. Hammert, MD, DDS
10:35am	Featured Lecture: Musculoskeletal Tumors — What the General Orthopedist Should Know - Robert J. Esther, MD



SATURDAY SCHEDULE (CONTINUED)

10:50am-11:25am

Resident Presentations

- 10:50am Cranial Marginal Impaction and Femoral Head Injury Predict Post-Traumatic Acetabular Conversion to Hip Arthroplasty - **Suman Medda, MD**
- 10:56am Public Misconceptions of Minimally Invasive Total Hip Arthroplasty: A Census-Weighted Survey - **Bradley Q. Fox**
- 11:02am Prevalence and Early Postoperative Course of Pelvic Floor Dysfunction Following Total Hip Arthroplasty - **Meredith Benson, MD**
- 11:08am Inferior Baseplate Position and Tuberoplasty Yield Greatest Improvements in Impingement-Free Range of Motion in Reverse Shoulder Arthroplasty - **Blake H. Hodgens, MD**
- 11:14am Discussion

11:25am-12:15pm

Lunch

12:15pm-1:30pm

Breakout Sessions (choose one of five):

BREAKOUT SESSION 1: TRAUMA & FRACTURE CARE - Suman Medda, MD (Moderator)

- 12:15pm What's New in Trauma: Five Practice-Changing Papers - **Kevin D. Phelps, MD**
- 12:27pm Do Wound Characteristics and Management Strategies Affect the Outcome of Open Pelvic Ring Fractures? - **Shawn Hines, MD**
- 12:39pm Low Rate of Antibiotic-Related Complications in an RCT of a Novel Prophylactic Strategy for SSI (METRC SEXTANT) - **Rachel Seymour, PhD**
- 12:44pm Non-Contiguous Humerus Fractures: Injury Characteristics and Management Strategies - **Abigail S. Smith, MD**
- 12:49pm Impact of Absorbable versus Non-absorbable Closure on Wound Dehiscence and SSI in Hip Fracture Surgery - **Bradley Q. Fox**
- 12:54pm Feasibility of Prescribing SNRIs at Discharge for Geriatric Lower Extremity Fragility Fracture Patients - **Meghan K. Wally, PhD**
- 12:59pm Discussion

BREAKOUT SESSION 2: ADULT RECONSTRUCTION & INFECTION - Brian M. Curtin, MD (Moderator)

- 12:15pm Perioperative Suzetrigine Is Associated with Reduced Opioid Prescriptions and Hospitalizations Following TJA - **Christopher Reynolds, MD**
- 12:27pm Does Technology Influence Outcomes After Total Knee Arthroplasty? Computer-Navigated, Robotic, and Conventional - **Christopher Reynolds, MD**
- 12:39pm Is Exchange Arthroplasty Superior to DAIR for Late Acute Hematogenous PJI? - **Collin Blackburn, MD**
- 12:44pm Chronic Antibiotic Suppression After Two-Stage Exchange Arthroplasty - **George D. Graham, MD**
- 12:49pm Incidence and Risk Factors for PJI in Patients with a Prior PJI in Another Joint - **David Constantinescu, MD**
- 12:54pm Discussion

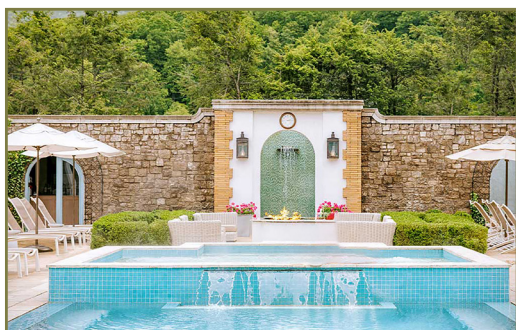
SATURDAY SCHEDULE (CONTINUED)

BREAKOUT SESSION 3: HAND, WRIST & UPPER EXTREMITY - Gregory Knoll, MD (Moderator)

- 12:15pm Intramedullary Nailing of Metacarpal and Phalangeal Fractures: Tips and Techniques - **Amy K. Trammell, MD**
- 12:27pm WALANT Dupuytren's Release: Wide-Awake Hand Surgery in the Office - **Natalie H. Vaughn, MD**
- 12:39pm What to Know Before You Sign with a Private Practice - **Nick Yetter, MD**
- 12:51pm Outcomes of Single versus Double Fascicular Nerve Transfers for Elbow Flexion - **Meredith Benson, MD**
- 12:56pm A Biomechanical Analysis of Volar Plate Capsulodesis With an Internal Brace - **Stephen M. Himmelberg, MD**
- 1:01pm A Biomechanical Analysis of Intramedullary Threaded Nail vs. Dorsal Plate and Screw Fixation for Metacarpal Base Fractures - **Stephen M. Himmelberg, MD**
- 1:06pm Tendon Interposition versus Non-Tendon Interposition in Thumb Carpometacarpal Arthroplasty - **Joseph P. Dalola**
- 1:11pm Proximal Radial Shaft Fractures: Injury Characteristics and Fixation Strategies - **Sarah C. Conlon, MD**
- 1:16pm Discussion

BREAKOUT SESSION 4: SPORTS MEDICINE & SHOULDER - DJ Scholten, MD (Moderator)

- 12:15pm The Rotator Cuff Tear I Won't Repair: Knowing When Surgery Fails - **Justin Smith, MD**
- 12:27pm Psychosocial Risk Factors for Post-Traumatic Arthritis Following ACL Reconstruction - **Joseph P. Dalola**
- 12:39pm Predictors of Surgical Timing in Multiligament Knee Injury: Impact of Injury Severity - **Alexander B. White, MD**
- 12:44pm Tranexamic Acid Administration in Endoscopic Repairs of Gluteus Medius and Minimus Tears - **Robert J. Stratta Jr.**
- 12:49pm Impact of Cannabis Use Disorder on Postoperative Complications After Shoulder Arthroscopy - **Kyle Wallace, MD**
- 12:54pm PT Utilization Following ACL Reconstruction with LET and Meniscal Repair - **G. Dillon Graham, MD**
- 12:59pm Discussion



2026 NCOA Annual Meeting - October 23-25 at the Omni Homestead Resort & Spa

SATURDAY/SUNDAY SCHEDULE

BREAKOUT SESSION 5: FOOT & ANKLE - Kevin Coates, MD (Moderator)

12:15pm	Predicting Pilon Complications: Blame the Injury, Not the Patient - G. Dillon Graham, MD
12:27pm	The Diabetic Foot: What Every Orthopedist Should Know - Jennifer Kipp, DPM
12:39pm	Postoperative Complication Rates Following Calcaneal Fracture Fixation with and without Primary Subtalar Arthrodesis - Andrew Cibik
12:49pm	Association Between Meary's Angle and Gait Biomechanics in Progressive Collapsing Foot Deformity - Pierce T. Bombard
12:54pm	Fibular Fixation in Pilon Fractures: Is It a Source for Increased Complications? - Ainsley K. Bloomer, MD
12:59pm	Does Initial Immobilization Method Affect Alignment in Pilon Fractures? - Katherine Snipes, MD
1:04pm	Discussion

1:30pm	Adjourn to Vendor Fair
1:30pm	Optional Golf Tournament & Resort Activities (pre-registration required)
6:30pm-8:00pm	Reception & Banquet / Presentation of Honored Surgeon Award featuring the Presidential Lecture by Phillip Summers, MPH
8:00pm-10:00pm	Screening of <u>The History of Concrete</u> documentary (Theater 1923)

SUNDAY, OCTOBER 25

7:00am-10:40am	Registration open
7:00am-8:00am	Continental Breakfast in Exhibit Hall / View Posters
7:25am-7:45am	NCOA Business Meeting (<i>no credit awarded</i>)
7:45am-12:45pm	Scientific Session
7:45am	Welcome - Tadhg J. O'Gara, MD
7:50am	Blame Your Ancestors: The Price of Standing Upright - Tadhg J. O'Gara, MD
8:10am	Advocacy Update - Cady Thomas
8:25am-8:55am	Symposium: The Business of Orthopaedics
8:25am	The Anatomy of a Malpractice Lawsuit - Romney Andersen, MD
8:40am	How to Avoid Implant Request Denial by Your Value Analysis Committee - Laurence B. Kempton, MD
8:53am	Discussion
8:55am	Introduction of the AAOS President - Tadhg O'Gara, MD
9:00am	AAOS Presidential Address - Wilford K. Gibson, MD, FAAOS
9:30am	Working Smarter with AI: Practical Efficiency in Your Practice - Christian A. Pean, MD, MS
9:50am	Pediatric Orthopaedics Update: What the General Orthopedist Needs to Know - Alejandro J. Marquez-Lara, MD, PhD
10:10am	Break in Exhibit Hall

SUNDAY SCHEDULE (CONTINUED)

10:30am-11:38am

Resident Presentations

- 10:30am Acute Compartment Syndrome in Tibia Fractures: Incidence and Risk Factors Across 324,646 Plateau and Shaft Fractures - **Joseph P. Dalola**
- 10:36am Menopausal Hormone Therapy History Is Associated with Improved Postoperative Ambulatory Recovery After Hip Fragility Fracture - **Bradley Q. Fox**
- 10:42am Psychiatric Disorders Are Associated With Increased Complications, Pain, and Prolonged Opioid Use After Elective Hand Surgery - **Joseph P. Dalola**
- 10:48am Discussion
- 10:54am Secondary Patella Resurfacing Based on Total Knee Arthroplasty Implant Design: An Analysis from the AJRR - **Reyanne N. Strong, MD**
- 11:04am Transphyseal ACL Reconstruction Using Quadriceps Autograft with Modified Lemaire LET versus Isolated Hamstring Autograft - **Alexander B. White, MD**
- 11:10am Articular Acetabular Cartilage Damage in Adolescents with Elevated Alpha Angles - **Connor R. Mack**
- 11:16am Learning Curve for Distal Interlocking Screw Alignment during Intramedullary Nailing of the Femur - **Isabel Shaffrey**
- 11:22am Discussion

11:38am-11:55am

Closing Plenary Session

- 11:38am Presentation of Resident Paper Awards
- 11:50am Closing Remarks / Passing of the Gavel / 2027 Preview
- 11:55am Adjourn



North Carolina
Orthopaedic Association