ACTIVE STAYS
BY LOEWS HOTELS



Active Stays by Loews Hotels

Designed to help guests move, recharge, and maintain healthy routines while traveling, all at their pace.

Fitness That Comes To You

In-room workouts with fitness trainer Makena Rae

Guests can access a curated library of on-demand, equipment-free workouts directly through their guest room TVs.

Movement, Your Way

Explore through active experiences

From scenic walks and local runs to destination-inspired outdoor activities, guests are encouraged to discover each destination through movement and exploration.

Move Well. Recover Well.

Thoughtfully curated wellness offerings help guests fuel, hydrate, and recharge throughout their stay.

For business travelers. For families. For wellness enthusiasts. For everyone.

LOEWS HOTELS & CO

ESTABLISHED 1960