
MINDFUL PRACTICE FLOURISHING IN MEDICINE FACILITATOR WORKSHOP

Chapin Mill Retreat Center Agenda

TUESDAY, DAY 1

3:00 PM – 6:00 PM	Check-in and registration
6:00 PM – 7:00 PM	Dinner
7:30 PM – 9:15 PM	Introductory Session

WEDNESDAY, DAY 2

6:30 AM - 7:30 AM	Morning Practice
7:30 AM - 8:30 AM	Breakfast
8:30 AM - 9:00 AM	Affinity Groups
9:00 AM – 12:00 PM	Morning Session
12:00 PM - 2:00 PM	Lunch and Afternoon Break
2:00 PM - 2:30 PM	Affinity Groups
2:30 PM - 5:30 PM	Afternoon Session
6:30 PM -- 7:30 PM	Dinner
7.30 PM - 9:30 PM	Evening Session

THURSDAY, DAY 3

6:30 AM - 7:30 AM	Morning Practice
7:30 AM - 8:30 AM	Breakfast
8:30 AM - 9:00 AM	Affinity Groups
9:00 AM – 12:00 PM	Morning Session
12:00 PM - 2:00 PM	Lunch and Afternoon Break
2:00 PM - 2:30 PM	Affinity Groups

2:30 PM - 5:45 PM	Afternoon Session
6:30 PM -- 7:30 PM	Dinner
8.00 PM - 9:00 PM	Evening Session

FRIDAY, DAY 4

6:30 AM - 7:30 AM	Morning Practice
7:30 AM - 9:00 AM	Breakfast
9:00 AM - 12:00 PM	Morning Session
12:00 PM - 2:00 PM	Lunch and Afternoon Break
2:00 PM - 2:30 PM	Affinity Groups
2:30 PM - 5:00 PM	Afternoon Session
6:30 PM -- 7:30 PM	Dinner
7.45 PM - 9:15 PM	Evening Session

SATURDAY, DAY 5

6:30 AM - 7:30 AM	Morning Practice
7:30 AM - 8:30 AM	Breakfast
8:30 AM - 9:00 AM	Affinity Groups
9:00 AM – 12:30 PM	Morning and Closing Sessions
12:30 PM - 1:30 PM	Lunch