

Georgia Resilience Innovation Team (GRIT) - Champions for the Health Care Workforce

The Medical Association of Georgia (MAG) [Physician/Health Care Resilience Task Force](#) (PRTF) continues to prioritize the well-being of physicians and the health care workforce, address burnout, and encourage resilience. Through a generous grant from Alliant Health Solutions, [Georgia's Resilience Innovation Team \(G.R.I.T.\)](#) was created to promote available resources to help physicians become champions who collaborate with their [clinical teams \(nurses\)](#), [physicians-in-training](#), and [administrators](#) to address the myriad of challenges associated with the pandemic's reduction phase.

Goal Oriented

The goal of [G.R.I.T.](#) is to empower Georgia's physicians to lead the conversation and change the culture regarding well-being, burnout, and resiliency within every segment of the health care system.

System Focused

Research shows that resilience is primarily a systems issue. Therefore, sharing the outstanding work of many organizations such as the AMA, who offer models like the ["Joy in Medicine"](#) Recognition Program can inform administrators about strategic interventions that tackle the environmental causes of burnout, while recognizing medical practices/health systems for their commitment to their teams.

For more information, please contact MAG Director of Development & Special Projects, Lori Cassity Murphy at lmurphy@mag.org.