

MOKARA

 SPAS

The Classic Design

This design includes a relaxing shampoo followed by a cut and style that your designer will customize especially for you.

Men's Design

Begin with a therapeutic shampoo and gentle scalp massage, followed by a tailored design, cut and finish.

Shampoo and Finish

This option includes a thoroughly relaxing shampoo and scalp massage, followed by a light protective rinse. Blow drying will give you a polished result.

Special Occasion or Bridal Design

Our stylist will create a stunning design based on modern styles.

*Additional time may be required for thicker or longer hair.
Please advise at time of reservation.*

Hair Color

Your color specialist will formulate a new shade or give life to an existing one. Optional service includes a precision haircut and finish.

Highlights and Dimensional Effects

Infusions of contrast and/or depth perfectly balance an existing color and are complemented by an expert design and finish.

1500 Masters Blvd, ChampionsGate, Florida 33896
407-390-6603 mokaraspas.com

MM #15856

MOKARA



Mokara Retreat

Mokara Signature Facial, Manicure and Pedicure

The Ultimate Mokara Signature Spa Day

Select one of our Specialty Body Treatments, along with our 50-minute Signature Massage, Signature Facial, and our Signature Manicure and Pedicure.

Spa Lunch included with this package.

The Mokara Classic

Signature Facial and 80-minute Signature Massage

Relax, Relieve and Rejuvenate

Body Relax Wrap, Tension Reliever Massage and Youth Revival Facial

Men's Spa Escape

Men's Sport Massage, Men's Rescue Facial, Men's Sports Manicure and Pedicure

Mokara Couples Package

Dual 50-minute Signature Massage and Signature Pedicure

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Men's Rescue Facial

Created for the unique skincare of men, this treatment is custom-tailored to your specific concerns. From acne to ingrown hairs, to protecting your face, this treatment is the answer. Includes deep-cleansing, exfoliation and a soothing hydrating masque.

Men's Sports Massage

Designed to ease areas of muscle tension and soreness, this massage uses a variety of pressure point and stretching techniques. Helps soothe activity-induced muscle stress while increasing range of motion and flexibility. Highly recommended for our golfers.

Men's Deep Tissue Massage

Experience the rejuvenating effects of deep-tissue massage, from increased circulation to enhanced muscle function and elasticity. Designed especially for guests who regularly receive massages, this intense indulgence helps restore proper body alignment and range of motion by focusing on the deeper layer of muscle tissue.

Men's Anti-Aging Facial

This treatment protects and repairs against the ravages of time. Using the latest in technology for men, this anti-aging treatment addresses the visible signs of aging in men and reduces the appearance of deep lines and wrinkles. After a relaxing hand, neck, shoulder and deep face massage you leave refreshed and de-stressed.

Sports Manicure and Pedicure

Designed especially for men. Invigorate and renew tired hands and feet with our sports manicure and pedicure which includes nail shaping, cuticle trim, a calming soak, an exfoliating scrub and a relaxing foot and calf massage.

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Classic Manicure

A 25-minute manicure includes exfoliation, nail shaping, hydrating lotion and polish.

Deluxe Manicure

Our exfoliating sweet almond and sea salt scrub gently polishes the skin in preparation for the moisturizing massage that follows. Cuticle care and nail shaping, topped off with perfect polish complete this treatment.

Spa Manicure

This ultimate manicure rejuvenates, hydrates and restores hands to a more youthful appearance. Bask in a bath of coconut milk, followed by an exfoliation of cane sugar. Hands are then wrapped in warm coconut butter and exotic oil infused with a powerful dose of vitamins. Special attention to the cuticles and nail shaping topped off with the perfect shade of polish complete this luxurious treatment.

Classic Pedicure

A half-hour pedicure recommended for guests who receive a pedicure regularly. Includes a warm soak, exfoliation, nail trimming and shaping, hydrating massage and polish.

Deluxe Pedicure

In this pedicure your feet are soothed in a warm, relaxing sweet almond milky bath. Delight in this intoxicating sweet almond oil, vitamin E and jojoba treatment. Mineral salts to exfoliate, a soothing and moisturizing massage follows with hydrating lotion. Finish with a cuticle clean-up, and nails are shaped and polished.

Spa Pedicure

Sit back, relax and be pampered from soul to sole with this spa pedicure. Indulge in a warm bath, followed by an exfoliation of pure cane sugar and exotic oils infused with a powerful dose of vitamins to deeply hydrate and soften the feet. A warm body butter wrap is then applied to the feet while your lower legs are massaged. Finish this luxurious relaxing treatment with nail shaping, cuticle care and polish.

Princess in Paradise

Manicure or Pedicure for the Princess 12 and under

Polish Change (Hands or Feet)

Does not include clipping, shaping or buffing

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Sugar Glow

Cold pressed exotic nut oils are combined with fresh Fijian cane sugar to exfoliate, cleanse and rehydrate skin with Vitamins A, B, C and E. The sugar is gently massaged into the skin with coconut milk, eliminating dull skin to reveal new healthy skin. This treatment will strengthen elasticity and replenish moisture to create the ultimate, healthy glow.

Hydrating Wrap

A gentle, dry brush exfoliation helps to stimulate circulation and opens pores. The skin is then drenched in a treatment of exotic oils high in Vitamins A, B, C and E leaving the skin nourished and replenished. Release tension while your hands and feet are covered in a moisture-rich coconut butter and warm towels. Concluding this service, relax while a scalp and cold-stone facial massage is added to induce a state of deep relaxation.

Marine Body Mask

This slimming body wrap uses an application of seaweed gel to flush toxins from the body. During the rest and absorption period, enjoy a scalp and cold stone facial massage. Gel is then removed with hot towels followed by an application of a moisturizing, firming gel.

Dilo Rescue Wrap

Exotic Dilo Nut Oil is recommended to assist in healing for skin irritations, sunburns and dull, dry skin. High in vitamins A, C and E and combined with coconut oil and aloe make a super charged healing cocktail for the skin. Great for any time of year, this cool wrap will soothe your skin. A scalp and cold stone facial massage will clear your mind and induce a state of deep relaxation.

Body Relax Wrap

This relaxing treatment begins with a gentle dry brush, followed by a light massage application of Aspara serum and massage cream. Aspara, which is a natural headache reliever, is a natural plant which has remarkable stress-relieving properties. The body is wrapped cocoon-style while you enjoy a scalp and cold stone facial massage. This experience will leave you feeling replenished and relaxed.

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Ultimate Restorative Facial

To induce relaxation, a warm marine therapy compress is applied on the back and spine. Our facial includes an AHA exfoliation, which ensures optimal efficiency of our treatment masque. An intensive anti-aging eye contour masque is applied to help reduce the appearance of fine lines and wrinkles. This amazing treatment is further enhanced by a luxurious hand, arm and scalp massage.

Deluxe Hydration Facial

This hydrating facial helps to plump dehydrated and stressed skin while promoting a healthy, radiant appearance. Using a moisture enhancing gel, your skins hydration levels will be replenished thus revealing a supple, youthful glow.

Rejuvenating Vitamin C Facial

Designed to give all skin types that special, pampered treatment they deserve. Your skin will feel hydrated, firmed, refreshed. This facial helps to diminish age spots and other forms of hyperpigmentation. The perfect antidote for skin that needs a circulation boost from air travel, poor diet and medications or stress.

Youth Revival Facial

Helps smooth out the appearance of fine lines and wrinkles. This facial brings out a youthful appearance by stimulating cells, firming tissue and neutralizing free radicals while restoring a smooth, healthy complexion to mature skin.

Clarifying Back Treatment

Our therapeutic back treatment also happens to be deeply relaxing. The hard-to-reach, often neglected skin on the back will glow with renewed clarity and smoothness.

Eye Contour and Lip Treatment

This treatment reduces puffiness, dark circles and fine lines around the eyes while decreasing wrinkles around the mouth. This can be easily incorporated into any of our facials.

Facial Enhancements

Customize your experience by adding facial enhancements.

Scalp & Hair Treatment

Nourish your scalp with an intensive conditioning hair treatment and scalp massage to hydrate and repair damaged hair.

Gel Peel

This treatment is designed to minimize the appearance of surface lines, smooth out rough skin texture, aid in clearing acne, and help fade hyper pigmentation.

Foot Treatment

This wonderful foot treatment exfoliates as well as moisturizes. Hot towels are added to help soothe tired, stressed feet.

Muscle Melting Mud Pack

Aches and pains melt away with this soothing stress-pack treatment. This self-heating, detoxifying mud is highly recommended for the treatment of over-exertion, muscle stiffness, joint pain and tendonitis.

*Eighty-minute facials include an additional foot treatment.
Waxing services are available.*

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Swedish

Bring your body and mind back into balance while easing away built-up stress and tension. Using time-honored, authentic Swedish massage techniques, this massage is designed to increase circulation and relax weary muscles, inducing pure relaxation.

Sports

A rhythmic treatment designed to ease areas of muscle tension and soreness using our muscle-warming oil combined with a variety of specialized massage techniques and stretching. Whether an all-over experience or a focus on certain muscle groups, this treatment is sure to help soothe activity-induced muscle stress while increasing range of motion and flexibility.

Deep Tissue

Experience the rejuvenating effects of deep-tissue massage from increased circulation to enhanced muscle function and elasticity. Designed for guests who regularly receive massages, this intense indulgence helps restore proper body alignment and range of motion by focusing on the deeper layer of muscle tissue.

Hot Stone

This specialty massage uses the wonderful healing properties of smooth, volcanic basalt stones to release tight muscles - soothing away aches and pains. Stones are placed on key tension areas and integrated into the traditional Swedish techniques. This massage will help guide you into a state of blissful relaxation.

Mother To Be

Prenatal massage therapy focuses on the needs of the mother to be. Safe techniques are specifically adapted to the second or third trimester of pregnancy. This massage will help alleviate fatigue, soothe muscle and joint pain, and improve circulation.

Couples

Share your experience with a special someone and receive a side by side Swedish massage in our specially designed treatment room.

Tension Reliever

Focusing on the head, neck and shoulder area, where we accumulate the most stress and tension. This treatment is not a full body massage.

Massage Enhancements

Customize your experience with our massage enhancements.

Aromatherapy

Personalize and amplify the benefits of your massage by adding one of our fragrant essential oils.

Scalp & Hair Treatment

Nourish your scalp with an intensive conditioning hair treatment and scalp massage to hydrate dry scalp and repair damaged hair.

Foot Treatment

This wonderful foot treatment exfoliates as well as moisturizes. Hot towels are then added to help soothe tired, stressed feet.

Muscle Melting Mud Pack

Aches and pains melt away with this soothing detox treatment. This self-heating, detoxifying mud is highly recommended for the treatment of over-exertion, muscle stiffness, joint pain, and tendonitis.

Reflexology

Make this your entire treatment or a portion of your massage. Time is focused on all the reflex points of your hands and feet. This treatment helps to deepen your relaxation by reconnecting the energy in the body. This enhancement is an additional 25 min.

Hot Stone Add-in

Stones are placed on key tension areas and integrated into massage of your choice to release tight muscles and soothe away aches and pains.

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Mokara Massage

Using a combination of massage techniques, this signature service is orchestrated to your specific needs. Choose to energize, relax or detoxify, and let our expert therapists do the rest! A heat-activated whipped shea butter balm leaves the skin dewy and hydrated, and a steam towel treatment with an essential oil will pamper and please the senses.

Mokara Facial

Designed specifically with your skin's needs in mind, this multifaceted facial is completely customized every step of the way. Following a thorough skin analysis, one of our expert estheticians will create a customized treatment incorporating deep cleansing, exfoliation, aromatic steam, massage and a nutrient-rich mask.

Mokara Manicure

This ultimate hand-renewal treatment starts with an intense hand massage that smooths, hydrates and restores your skin's appearance. The signature service also includes the application of nail polish. Choose from a variety of color options, including Mokara Red, a signature color designed for Mokara Spas. (A sample of Mokara Red polish is also yours to take home.)

Mokara Pedicure

This luxurious pedicure starts with a four-step exfoliation process that leaves your feet as soft and smooth as silk. Next, enjoy a rejuvenating foot mask and hydrating cucumber heel therapy, followed by a relaxing foot and calf massage. The treatment also includes the application of nail polish. Choose from a variety of color options, including Mokara Red, a signature color designed for Mokara Spas. (A sample of Mokara Red polish is also yours to take home.)

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To ensure that your preferred treatment or therapist is available, we encourage you to schedule your Mokara Spa appointment in advance. Bookings made on the day of service and walk-in appointments are always welcome, based on availability. All reservations must be secured with a major credit/debit card and telephone number. To schedule your appointment, please call our Spa Concierge desk at 407-390-6603.

Group Reservations

For groups of six or more, a Spa Group coordinator is available to facilitate your booking and spa experience.

Speak Softly. No Cell Phones, Please.

The Mokara Spa offers guests the rare opportunity to relax in a calm, quiet environment with no disruptions or distractions. Please help us maintain this peaceful atmosphere by turning off your cell phone and speaking softly.

No Alcohol, Please

For your comfort and safety, we recommend that you not consume any alcoholic beverages during your spa visit, or immediately before or after your treatment. Alcohol is not allowed in the spa.

Health and Comfort Level

We recommend showering prior to your treatment for optimal service benefits. In addition, please notify our spa concierge when booking your treatments if you:

- Have high blood pressure
- Have a heart condition
- Have had recent surgery
- Suffer from allergies
- Are pregnant
- Are taking any medication
- Have any health concerns

It is always advisable to check with your doctor prior to your appointment. To avoid skin irritation, please note that shaving is not recommended before a Body Treatment or Men's Facial. If you choose to shave, please do so at least four hours prior to your service.

Observe Our Minimum Age

Mokara Spa is designed for use by adults only. Guests must be at least 18 years old to use our facilities.

Arrival and Check-In

To relax and allow yourself time to check in and enjoy our amenities, we recommend that you arrive at least 30 minutes before your scheduled appointment time. Oversized robes and slippers are provided, and our spa attendant is available to assist with any additional requests.

Arriving late will limit the time for your treatment. Please understand that you will be billed for the full treatment time.

Cancellation Policy

We value your business and welcome you to experience the exceptional level of service offered at Mokara Spa. Please respect our scheduling by keeping appointments whenever possible and providing a minimum of 6 hours notice when cancelling or rescheduling appointments to avoid any charges being made to your credit card.

Gratuities

For your convenience, a 20% service charge will be added to all Mokara Spa treatment prices. Gratuities should reflect your level of satisfaction with our services and your personal providers; therefore, all additional gratuities are left solely at your discretion. Envelopes are provided at the spa checkout desk.