This course will look at findings that will enhance the emotional well-being of children and adolescents at school. Topics will focus on students, teachers, mental health personnel, administrators, families, and others impacting the child and his/her school and emotional needs. The emphasis is on practical clinical information and skills based on current research, including evidence-based practices and innovative learning strategies. It is designed to help the attendee identify the gaps and problems in practice and school settings needed to promote learning, resiliency, and social and emotional growth, as well as to support and enhance collaboration. Didactic lectures, case studies, panel discussions, and Q&A will be offered. The course is intended for mental health and health clinicians, educators and administrators, researchers, and others interested in the development and treatment of school-aged children and adolescents.

Learning Objectives: Upon completion of this activity participants will be able to: describe strategies for reshaping school culture, reducing truancy, assessing safety, and reducing teacher and student stress; promote positive body image in students as well as offer strategies for enhancing social, emotional, and behavioral health; identify tools for talking with diverse students and present ways to cultivate mindfulness; develop techniques to reduce student anxiety and help students on the autism spectrum; and explain the risks associated with vaping, e-cigarettes, and sexual misconduct.

For Further Information Contact: Cambridge Health Alliance Physicians Organization (CHAPO-CME), P.O. Box 398075-Inman Square, Cambridge, MA 02138; Phone: 617-806-8770; Fax: 617-806-8777; Email: cme@challiance.org; Web: www.cambridgecme.org

---

### SCHOOL MENTAL HEALTH

#### Treating Students K-12

**FEBRUARY 7-8, 2020**

FAIRMONT COPELEY PLAZA HOTEL

**Boston, Massachusetts**

**Offered by**

THE DEPARTMENT OF PSYCHIATRY

CAMBRIDGE HEALTH ALLIANCE PHYSICIANS ORGANIZATION

---

**Judy Reiner Platt**

under the direction of

**Nancy Rappaport**

**Christopher Willard**

---

**November 1-2**

- **Treating Couples**
  - January 24-25
  - **Treating Anxiety**
    - School Mental Health

**November 15-16**

- **Sex, Sexuality, & Gender**
  - February 7-8
  - Addictions

**December 6-7**

- **Integrated Care**
  - March 6-7
  - May 1-2

---

**October 6-7**

- **Digital Media and the Mental Health of Students**
  - October 6-7

**November 1-2**

- **E-cigs, Flavoring Chemicals, and Popcorn Lung**
  - November 1-2

---

**April 23-24**

- **Supporting Students Who Experience Anxiety at School**
  - April 23-24

---

**May 1-2**

- **Meditation & Psychotherapy**
  - May 1-2

---

**FRIDAY – FEBRUARY 7, 2020**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 - 12:45</td>
<td>MORNING PROGRAM - Moderator: Nancy Rappaport</td>
</tr>
<tr>
<td>12:45 - 2:00</td>
<td>BREAK</td>
</tr>
<tr>
<td>2:00 - 5:15</td>
<td>AFTERNOON PROGRAM - Moderator: Christopher Willard</td>
</tr>
<tr>
<td>12:45 - 2:00</td>
<td>BREAK</td>
</tr>
<tr>
<td>2:00 - 5:00</td>
<td>AFTERNOON PROGRAM - Moderator: Nancy Rappaport</td>
</tr>
</tbody>
</table>

---

**SCHOOL MENTAL HEALTH (#732468-2002)**

<table>
<thead>
<tr>
<th>Registration Fees:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physicians $425</td>
</tr>
<tr>
<td>All Others: $310</td>
</tr>
</tbody>
</table>

Plus a processing fee of $10 (all fees in US dollars)

Secure Online Registrations can be made by credit card or check at [https://cmeregistration.hms.harvard.edu/SMH2020](https://cmeregistration.hms.harvard.edu/SMH2020) (directly into browser) or [www.cambridgecme.org](http://www.cambridgecme.org)

Inquiries may be made to Harvard Medical School — Department of Continuing Education at 617-384-8600 (Monday to Friday - 9:00 am to 5:00 pm EST); email: CEP@hms.harvard.edu or Cambridge CME at 617-806-8770; email: cme@challiance.org

---

**2019-2020 CAMBRIDGE/HARVARD CALENDAR**
Null