

Welding PPE

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Welding Gloves/Helmet



- A helmet helps protect your eyes from UV and IR rays that cause Arc eyes
- A helmet uses auto darkening lenses to allow clear viewing while blocking out intense light
- Gloves help protect hands and forearms from extreme heat, sparks, splatter, and molten metal

Steel boots/jeans

- Wearing cotton jeans or work pants is needed for welding
- Wearing steel boots protects you from flying debris
- Steel boots and jeans protect you from sparks and catching fire



Welding jacket

- Protects your arms and torso from sparks, spatter, and slag
- Welding can cause skin damage, jackets protect that, preventing skin cancer

