NACC VIRTUAL SEMINAR

Event: **Inspirational Cookery Demos for your Care Home**

Date: **25th February 2021**

Time: **14:00 – 15:30**

Venue: **Online. Register for FREE via Zoom: http://bit.ly/NACCFeb21**

AGENDA

14:00 Welcome:
Preston Walker, NACC Midlands Regional Chair & Mark Taylor, NACC South East Regional Chair

14:05 Sue Cawthray, National Chair, NACC
NACC Care Chef of the Year 2020 – Compilation Video

14:10 **Matthew Dodds, Head Chef, Gracewell of Ascot**
NACC Care Chef of the Year 2020 Highly Commended Main of 'Post-war ration meal' with poached saddle of rabbit, roasted shallots, baby carrots, crispy kale, fondant potato and a tarragon cream sauce*. This will be followed by any questions for Matthew.*

Simon Lawrence, Head of Culinary & Hospitality & Gareth Cartledge from Avery Healthcare
Winter Warmers and the benefits of taking part in the Care Chef of the Year Competition
Simon & Gareth will discuss the importance of hearty puddings on an evening and how comfort food can be a good way of stimulating appetite. He will demonstrate his favourite winter warmer of baked sweet fig and plum jam roly-poly with custard and flaked almonds. Simon & Gareth will be available for any questions and chat about their experience with the Care Chef of the Year competition and how it has helped elevate their careers.

14:50 **Take a Moment with Horlicks – Seminar Sponsors: Aimia Foods**

James Cotton, Cavendish Park Care Home by Majesticare
NACC Care Chef of the Year 2020 Highly Commended Dessert of Black Forest Bakewell Tart
NB: James will not be available for questions following his presentation

Tim Ware, Green Tree Court, Lexicon Health Care
NACC Care Chef of the Year 2020 Winner cooking his Main of **Butter roast chicken, Bombay potatoes, spinach, and shallot bhajis**
This will be followed by any questions for Tim.

15:30 AOB and Seminar Close

NB: All timings & presenters are subject to change on the day