



Family Support Training Center

Family Support 101 Foundational Series

About Our Family Support 101 Series

The Family Support 101 series aims to provide family support staff with the foundational skills and resources they need to provide strong and supportive programs and services that strengthen families across Massachusetts.

Trainings

Strengthening Families Protective Factors 101

This 3-hour, evidence-based training identifies the Strengthening Families Five Protective factors that, when present and robust in families, help increase family strengths, enhance child development, and reduce the likelihood of child abuse and neglect.

Cultural Humility 101

This 2-hour training introduces the practice of cultural humility, a lifelong process of self-reflection and learning to foster respectful, inclusive relationships. Explore its key tenets and learn to recognize and address power imbalances in social and organizational settings.

Engaging Dads 101

This 2-hour training explores barriers to father engagement and elevates the practices, attitudes, and behaviors that support best practices with fathers. Gain concrete strategies for making organizations inclusive of fathers and how to connect men with their families.

Preventing Child Abuse and Neglect 101

This 2-hour training will provide an overview of the forms of child maltreatment and how to respond to concerns of possible abuse and neglect. Learn to support families and promote positive outcomes for families, reducing the risk for child abuse and neglect.

Reflective Practice 101

This 2-hour training aims to help providers reflect upon their roles, ongoing changes, team dynamics, and professionalism. The training looks at vicarious trauma, self-care, resilience, and available resources all through the lens of attunement.

Trauma-Informed Practice 101

This 2-hour training focuses on early childhood brain architecture and the impact of adverse childhood experiences (ACEs) on children and their long-term physical and mental health. Learn to recognize certain behaviors as a trauma response rather than a behavioral issue.



Check out our upcoming Family Support 101 trainings!

Learn more at <https://childrenstrustma.cventevents.com/Y5zEmA>.

Questions? Email training@childrenstrustma.org for more info.