Putting our heritage in everyone’s hands

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Ellensbrook

Putting our heritage in everyone’s hands

National Trust
WESTERN AUSTRALIA
Woodbridge

Putting our heritage in everyone’s hands
Peninsula Farm

Putting our heritage in everyone’s hands
Old Farm
Strawberry Hill
Dearest Mother,

Being on a hospital ship, it is very hard as we were told to believe.

The food is far better than we expected. The fruit and vegetable store is full. For instance we get an allowance of 6 pears, 3 apples, 2 oranges, 6 bananas, 1 cucumber, 2 tomatoes, 1 pickle, 1 tin of jam, 2 cheeses, 1 loaf of white bread, 1 loaf of brown bread and a small bottle of wine.

It is a week of rice, once a week. How much rice we can purchase from the Dry Store. We can buy any other things that we need, fish and meat. etc.

The water is all fresh. The vegetables and fruit are being kept cool in ice. As we want it, it is ordered.

We also get roses for drinking and a box of jellies.

We have no tea for dinner.

We are all very well and are feeling well.

With love and kisses,

[Signature]
Community and Remembrance

Putting our heritage in everyone's hands
Samson House

Putting our heritage in everyone’s hands
Peninsula Farm
Swan River Colony

Putting our heritage in everyone’s hands
Scale of Daily Rations for Adults, whether men or women above 16 years of age

<table>
<thead>
<tr>
<th>Item</th>
<th>Conversion to metric</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wheaten Bread</td>
<td>450g</td>
</tr>
<tr>
<td>Sugar</td>
<td>48g</td>
</tr>
<tr>
<td>Fresh Meat</td>
<td>450g</td>
</tr>
<tr>
<td>Vegetables</td>
<td>525g</td>
</tr>
<tr>
<td>Tea</td>
<td>71ml</td>
</tr>
<tr>
<td>Spirits</td>
<td>71ml</td>
</tr>
<tr>
<td>When fresh Meat and Vegetables are not issued there should be allowed in lieu these</td>
<td></td>
</tr>
<tr>
<td>3/4 lb</td>
<td>350g</td>
</tr>
<tr>
<td>3/4 lb</td>
<td>350g</td>
</tr>
<tr>
<td>1/2lb</td>
<td>275ml</td>
</tr>
<tr>
<td>1/2lb</td>
<td>275ml</td>
</tr>
<tr>
<td>1/2p weekly</td>
<td>400g</td>
</tr>
</tbody>
</table>

Peninsula Farm
Swan River Colony

Putting our heritage in everyone’s hands
Peninsula Farm School Holiday Programme

Putting our heritage in everyone’s hands
Putting our heritage in everyone’s hands
No 1 Pump Station

Putting our heritage in everyone’s hands
Old Farm
Strawberry Hill
Archaeology

Putting our heritage in everyone’s hands
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