Rachael Houtman
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Education

May 2012	**University of Maryland, School of Medicine, Baltimore, MD** Department of Physical Therapy & Rehabilitation Science Doctor of Physical Therapy
May 2009	**Messiah College, Grantham, PA** Bachelor of Arts in Athletic Training

Professional Experience

Aug '15-present **Magee Rehabilitation Hospital, Philadelphia, PA**

- Utilizing skills as non-rotating senior physical therapist in acute inpatient rehab SCI to provide care develop and implement treatment plans, facilitate discharge planning maintaining interdisciplinary team communication for optimal patient care
- Serve as primary SCI mentor for physical therapy NCS neuro-residency program
- Provide mentoring to new staff members/newly rotated staff to SCI service
- Lead and facilitate interdisciplinary respiratory rounds and motivational rounds
- Co-facilitate skills groups for patients regarding respiratory skills, higher level wheelchair skills, higher level transfers, etc.
- Facilitate journal reviews regarding respiratory care and treatment interventions in patients with spinal cord injury

-Poster presenter at ASCIP Annual Conference, 2017

-Presenter at National Summit on Safety & Quality for Rehab Hospitals, 2017

-Presenter at 2017 PPTA-SED Combined Section Meeting regarding Promoting Excellence in Patient Care through Therapy Led Interdisciplinary Rounding

-Clinical instructor and faculty member for Thomas Jefferson University through affiliation with neuro-residency program

-Teaching assistant for Neuro I and II focused labs through Thomas Jefferson University

-Assist with student labs through various Universities for seating/positioning, SCI evaluation and treatment, CVA evaluation and treatment, neuro interventions.

-Assist with DPT student observations with SCI population

-APTA certified Clinical Instructor for DPT students

-Provided supervision to PT students for Widener pro bono clinic

-Composed and presented in services for therapy staff regarding respiratory management s/p SCI and facilitation of respiratory skills

Aug ’12-‘15 **Thomas Jefferson University Hospital, Philadelphia, PA**

- Initiated care for patient evaluations, developed and implemented treatment plans, facilitated discharge planning and worked with interdisciplinary team members for optimal patient care on acute inpatient rehab, neurology service, hospital for neuroscience, and spinal cord injury services
- Attended interdisciplinary rounds in both the acute care and acute inpatient rehab settings to partake in discussions regarding plan of care for patients to improve quality of life and safe optimal discharge planning, and therapy representative for Neuro Critical Care Team rounding for Neuro ICU
- Composed and provided department wide educational in-services about wheelchair seating and positioning in collaboration with wound care nursing, evidence based practice interventions for patients recovering from CVA
- Provided educational lectures for rotating students re: stroke, med student lecture in collaboration with case management and occupational therapy regarding the role of therapy in patient care, presentations about disposition dilemmas to facilitate interdisciplinary discussion

-Represented Jefferson Hospital physical therapy at annual Spinal Cord Injury Model Systems Leadership Forum

- Presented at SCI model systems leadership forum regarding continuum of care for patients with SCI when transitioning from acute care to inpatient rehab setting

-Clinical instructor for DPT students

-Provided supervision for DPT students at Thomas Jefferson University through Hands of Hope, a volunteer organization providing screening and therapy interventions for underserved populations

-Assisted in facilitation and supervision of neurology focused labs through TJU

-Assisted in differential diagnosis lab and cardiovascular lab/student observations for DPT students through TJU

-Served as member of Hospital Acquired Pressure Ulcer Steering Committee for prevention and management of pressure ulcers within hospital SCI patient census

Certifications

Locomotor Trained
APTA credentialed Clinical Instructor

Professional Qualifications
Doctorate of Physical Therapy
Neurological Clinical Specialist
Certified Athletic Trainer

Professional Organizations

Member of APTA
Member of ASCIP
Member of APTA Neurology and HPA sections

References Available Upon Request