



2019 Conference • Oklahoma City Diabetes in Indian Country

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AGENDA AT-A-GLANCE

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August 6-9, 2019
Cox Convention Center



AGENDA AT-A-GLANCE: Pre-Conference: Tuesday, August 6th

	Ballroom A & B (2nd Floor)	Ballroom D & E (2nd Floor)	Room 4 (1st Floor)	Room 9 (1st Floor)	Room 16 (2nd Floor)	Room 17 (1st Floor)	Room 18 (1st Floor)	Room 19 (1st Floor)
7:45 - 8:00 AM		Welcome Introduction						
8:00 - 9:00 AM	PC25 Native PLAY 8:30 AM - 4 PM	PC1 - Advances in Primary Care: Plenary - Infectious Disease Update 2019	PC 24 - SDPI/SOS Bootcamp	PC27 - Engaging Your Community in Type 2 Diabetes Prevention: The National Diabetes Prevention Program	PC5 - Advances in Primary Care Intensive: Geriatrics and Palliative Care			
9:00 - 10:00 AM		PC2 - Advances in Primary Care: Plenary - Cardiovascular Disease Update: Keeping Up With the Swinging Pendulum						
10:00 - 10:15 AM		Break						
10:15 - 11:15 AM		PC3 - Advances in Primary Care: Plenary - Pain: Moving Beyond a Biomedical Diagnosis-Insights and Tools for Providers and Patients						
11:15 - 12:15 PM		PC4 - Advances in Primary Care: Plenary Medication Assisted Treatment for Alcohol Use Disorders						
12:15 - 1:15 PM		Lunch (on your own)						
1:15 - 2:15 PM		PC7 - Advances in Primary Care Workshop - Updates in Breast Cancer Diagnosis and Treatment	PC23 - IHS Diabetes Care and Outcomes Audit	PC27 - Engaging Your Community in Type 2 Diabetes Prevention: The National Diabetes Prevention Program	PC6 - Advances in Primary Care: Foot Care Intensive: Assessment and Interventions for Limb Preservation	PC11 - Advances in Primary Care Workshop - Primary Care Management of Common Eye Problems	PC14 - Advances in Primary Care Workshop - Contraception: What's New in 2019	PC20 - Advances in Primary Care Workshop - Update on Obstructive Sleep Apnea (OSA)
2:20 - 3:20 PM	PC15 - Advances in Primary Care Workshop - Who and How to PreP	PC9 - Advances in Primary Care Workshop - The Evaluation of the Acute Abdomen in the Diabetic Patient				PC16 - Advances in Primary Care Workshop - Front-line PT-OT Pain Management Programs and Interventions	PC18 - Advances in Primary Care Workshop - Common Neurological Issues for Primary Providers - An Overview of Epilepsy and Migraine	
3:20 - 3:35 PM	Break	Break						
3:35 - 4:35 PM	PC8 - Advances in Primary Care Workshop - Depression and Diabetes	PC21 - Advances in Primary Care Workshop - Childhood Obesity in Primary Care: What Works?				PC13 - Advances in Primary Care Workshop - Cervical Cancer Screening: Current Approaches	PC19 - Advances in Primary Care Workshop - Challenges and Pitfalls in the Management of Dermatological Conditions in Diabetic Patients	
4:40 - 5:40 PM	PC22 - Advances in Primary Care Workshop - Clinical Management of Patients with Thyroid Disorders	PC10 - Advances in Primary Care Workshop - Colon Cancer Screening Guidelines for Native Americans				PC17 - Advances in Primary Care Workshop - Healthcare for Transgender Individuals		
5:40 - 7:00 PM	Dinner (on your own)							
7:00 - 8:30 PM		PC28 - Moving Forward on a Trauma-Informed Path: Films, Discussion, and More						

AGENDA AT-A-GLANCE: Wednesday, August 7th

	Ballroom B (2nd Floor)	Ballroom C (2nd Floor)	Ballroom D & E (2nd Floor)	Room 1 (1st Floor)	Room 2 (1st Floor)	Room 3 (1st Floor)	Room 4 (1st Floor)	Room 5 (1st Floor)	Room 9 (1st Floor)	Room 11 (1st Floor)	Room 16 (1st Floor)	Room 18 (2nd Floor)
7:45 - 8:00 AM Opening		Welcome and Blessing										
8:00 - 9:00 AM Plenary Session		M1 - Diabetes in Indian Country										
9:00 - 10:00 AM Plenary Session		M2 - How Life Course Models of Health Development Inform New Approaches to Diabetes Prevention, Treatment and Management										
10:00 - 10:15 AM Break												
10:15 - 11:15 AM Plenary Session		M3 - Adverse Childhood Experiences: Cultural Approaches to Prevention										
11:15 - 12:15 PM Plenary Session		M4 - Alaska's Most Important Infrastructure: Improving the Health and Wellness of Families with Young Children										
12:15 - 1:15 PM Lunch (on your own)												
1:15 - 2:15 PM Concurrent Workshops	E38 - Working With Communities to Implement CDC Recognized Diabetes Prevention Programs in Indian Country		C4 - 2019 Diabetes Clinical Practice Guidelines: What's New	P4 - Improving Coverage and Delivery of Diabetes Prevention Services to Medicare and Medicaid Beneficiaries		D15 - Data 101 – The Importance of Data and Data Quality	E35 - Physical Activity Kit (PAK) for Older Adults: Revisions, Implementations, and Modifications to Keep Our Elders on the Move	Wellness Room - AM/PM Fitness	G5 - Roles and Terminology of Your SDPI Grant	P3 - We R Native: Can Social Media Get You Moving?	E41 - Interpreting and implementing Nutrition Therapy for Adults With Diabetes or Prediabetes: A Consensus Report	C10 - Neurologic Complications of Diabetes – Polyneuropathy & More
2:20 - 3:20 PM Concurrent Workshops	E8 - Healthcare in Motion: How a Mobile Clinic Improves Primary Care Engagement for High Risk Populations		C19 -Annual Eye, Dental and Foot Exams: Saving People with Diabetes from Preventable Complications	G11 - Preparing and Submitting Successful Diabetes Grant Applications	E25 - Using the 7 Circles of Health and Wellness in Diabetes Education	D4 -Clinical Diabetes Data (RPMS, GPRA, Audit) Overview	C20 - Depression and Diabetes	Wellness Room - AM/PM Fitness	G1 - Expanded Authorities and What it Means to your SDPI Grant	P1 - Good Health and Wellness in Indian Country: Considering Indigenous Approaches to DM2 Prevention	E39 - Prepare to Care: Caregiving for your Loved Ones	E16 - Teamwork Makes the Dream Work: Expanding Physical Activity Through Non-Traditional Programing!
3:20 - 3:35 PM Break												
3:35 - 4:35 PM Concurrent Workshops	C2 - Cardiovascular Disease Evaluation: To stress or not to stress?		C9 - Answers to the Most Common Questions About Kidney Disease	E2 - Using Data and an Informatics Specialist to Inform, Foster Collaboration, and Improve Diabetes Care	E1 - Skill Builders: An Innovative Fitness Program for Youth	D1 - IHS Diabetes Audit Overview	E15 - Diabetes, Red Carpets, Fondue, Feet, and the Beach	Wellness Room - AM/PM Fitness	G6 - Staying Organized with Your SDPI Grant or "What I wished someone told me when I started this job!"	E32 - Community Approach to Type 2 Diabetes Prevention	E40 - Overview of National DSMES Standards for Recognition/ Accreditation 3:35-5:05 PM	
4:40 - 5:40 PM Concurrent Workshops	E33 - Chickasaw Nation's Pathway to Prevention		C15 - "CPR" for the Foot - Check, Protect, Refer	E36 - Sacred Circle of Tobacco: Engaging Youth in Wellness Efforts	E13 -Engaging Partners to Address Food Access on the Navajo Reservation	D2 - IHS Diabetes Audit: Understanding and Using Results to Improve Patient Care	E43 - Culturally Tailoring a Diabetes Nutrition Education Program for Tribal and Urban AI/AN Communities	Wellness Room - AM/PM Fitness	G4 - Application Overview for the SDPI Grant	E34 -The Pre-Reservation Nnee/Ndee (Western Apache) Diet and Healthcare Model		
5:40 - 7:00 PM Dinner (on your own)												
7:00 - 8:30 PM Reception/ Poster Session	Conference Reception and Poster Session Activities											

AGENDA AT-A-GLANCE: Thursday, August 8th

	Ballroom B (2nd Floor)	Ballroom C (2nd Floor)	Ballroom D & E (2nd Floor)	Room 1 (1st Floor)	Room 2 (1st Floor)	Room 3 (1st Floor)	Room 4 (1st Floor)	Room 5 (1st Floor)	Room 9 (1st Floor)	Room 11 (1st Floor)	Room 16 (1st Floor)	Room 18 (2nd Floor)	
8:00 - 9:00 AM Plenary Session		M5 - Indigenous Food Systems: Seeds of our Ancestors, Seeds of Life											
9:00 - 10:00 AM Plenary Session		M6 - Promoting Food Security and Food Sovereignty in Indigenous Communities: Lessons from Tribally-Driven Research											
10:00 - 10:15 AM Break													
10:15 - 11:15 AM Plenary Session		M7 - Descartes Was Wrong: How Does Psychological Stress Get Under the Skin?											
11:15 - 12:15 PM Plenary Session	M8 - SDPI Forum	M9 - Social Determinants of Health in Diabetes Care											
12:15 - 1:15 PM Lunch (on your own)													
1:15 - 2:15 PM Concurrent Workshops	C13 - Treatment of Type 2 Diabetes (T2D) in Youth		C1 - Patient-Centered Approach to Cardiovascular Disease Risk Reduction: Managing HTN and Lipids	P2 - Beyond PubMed: Finding Clinical Literature on Diabetes		D3 - Strategies for Implementing a Continuous Quality Improvement (CQI) Project in Diabetes Self-Management Education and Support (DSMES) from an Audit Measure	G3 - Grant Lifecycle and Your SDPI Grant	E24 - Case Management: Practicing Population Health to Engage Patients as Partners in Care	Wellness Room - AM/PM Exercise	G9 - The Flow of Data: From EHR to WebAudit to SOS	E4 - Tai Chi for Diabetes	E9 - Introducing the Eat Healthy, Be Active Community Workshops to Indian Country	C11 - Diabetes in Pregnancy
2:20 - 3:20 PM Concurrent Workshops	E11 - The Role of Diabetes Educators, Dietitians, and Other Diabetes Care Team Members in Quality Improvement		C5 - Pharmacologic Update for Hyperglycemia Treatment	E31 - Using Health Coaching and Fun to Enhance Physical Activity Participation			D5 - Diabetes Data and non-RPMS Electronic Health Record (EHR) Systems	E20 - Coalition Building: Working Together to Improve Health and Wellness in Tribal Youth	Wellness Room - AM/PM Exercise	G8 - SDPI Outcomes System (SOS) Overview	C17 - Management of Complex Diabetes Cases	E6 - Optimizing the Care Team to Improve Diabetes Care	E30 - Childhood Obesity Intervention Program: Take C.H.A.R.G.E.
3:20 - 3:35 PM Break													
3:35 - 4:35 PM Concurrent Workshops	E42 - Live Stream The Microbiome and Your Health: More than a Gut Feeling		C3 - Cardiovascular Disease Management: Beta-Blockers, ACE-Is, Statins-OH MY!	E12 - How Eagle Adventure Got Its Wings and Continues to Soar		D9 - RPMS Diabetes Management System (DMS) Overview and Patch 12 Update	D6 - Using Diabetes Data for Quality Improvement	C6 - Obesity and Type 2 Diabetes: When Will We Start Doing What Works?	E23 - LIFE-long Intensity For Exercise	G2 - Writing the Budget for your SDPI Grant	E5 - Mindful Eating Basics	E26 - Get SET and Fight Diabetes Program: A Successful Nutrition and Physical Activity Program at the Oklahoma City Indian Clinic	E3 - Use of the Navajo Wellness Model with the AADE 7 Self-Care Behaviors
4:40 - 5:40 PM Concurrent Workshops	C18 - Take Control by Eliminating the #1 Self-Limiting Health Risk Factor, Commercial Tobacco		E17 - Breaking the Intergenerational Cycle by Preventing & Controlling Diabetes During Pregnancy	E7 - Overwhelmed by Data? Exploring Your Data Implementation and Outcomes Data for DSMES CQI		D10 - Using RPMS for Diabetes Care & Improvement	D12 - Tribal Epidemiology Centers - An Overview	E29 - Diabetes Education: Thinking Outside of the Box	Wellness Room - AM/PM Exercise	G7 - Recruiting Key Staff for Your SDPI Grant		E27 - Nutritional Coaching for Diabetes Prevention and Management - A Blended Model of Health Education and Health Coaching	
5:40 PM Dinner (on your own)													
6:30 - 8:30 PM Evening Session	M12 - Victory by Design: DJ Eagle Bear Vanas, MS												
All Day Poster Session													

AGENDA AT-A-GLANCE: Friday, August 9th

	Ballroom B (Level II)	Ballroom C (2nd Floor)	Ballroom D & E (2nd Floor)	Room 1 (1st Floor)	Room 2 (1st Floor)	Room 3 (1st Floor)	Room 4 (1st Floor)	Room 5 (1st Floor)	Room 9 (1st Floor)	Room 11 (1st Floor)	Room 16 (1st Floor)	Room 18 (1st Floor)
8:00 - 9:00 AM Concurrent Workshops	E10 - Customizing T2 Diabetes Education with Professional CGM		C14 - Screening & Management of Childhood Obesity	D13 - GPRA/ CRS Tools: On Demand Clinical Measures Reports for Daily Improvement Work	D7 -Tidying Up Your Diabetes Data: The Importance of Documentation	E22 - Standing Rock Hospital Community Garden Project	C12 - Do You Hope to Become Pregnant in the Next Year? Next Steps When She Answers Yes, No, or Maybe...	Wellness Room - AM/PM Exercise	G12 - Implementing the SDPI Grant Best Practice	C16 - Taking Time to Breathe: An Hour of Stress Reduction	C7 - NAFLD Update	P5 - T.R.A.I.L. (Together Raising Awareness for Indian Life)
9:05 - 10:05 AM Concurrent Workshops	E28 - Strong Men, Strong Communities: Cultural Tradition to Improve Native Men's Health		P6 - Menominee is Fostering Futures	D14 - Telling Your Story with Data	D8 - Data for CHRs	E19 - Health Literacy	E18 - Using Continuous Glucose Monitoring to Improve Patient Engagement and Outcomes	Wellness Room - AM/PM Exercise	G10 - Real World 2: Experience in Managing the SDPI Grant	E21 - Our Journey to Full CDC Diabetes Prevention Recognition	C8 -The Intersection of Diabetes and Hepatitis C: How PCPs Can Change the Course	E14 - Native Centered Nutrition Education - See, Touch and Taste Your Way to Learning Nutrition
10:05 - 10:20 AM Break												
10:20 - 11:20 AM Plenary Session		M10 - Culture as a Diabetes Intervention										
11:20 - 12:20 PM Plenary Session		M11 - The Seven Circles of Wellness										
12:20 - 12:30 PM		Closing Remarks										
12:40 PM Adjourn												

Pre-Conference - Tuesday, August 6th

Meeting and AC Room	Time	Session #	Title	Speaker
Ballroom D & E Adobe Connect: https://ihs.cosocloud.com/diabetesnc/	8:00 AM - 9:00 AM	PC1	Infectious Disease Update 2019	Jonathan Iralu, MD, FACP
	9:00 AM - 10:00 AM	PC2	Cardiovascular Disease Update: Keeping Up With the Swinging Pendulum	Dena Wilson, MD, FACC
	BREAK			
	10:15 AM - 11:15 AM	PC3	Pain: Moving Beyond a Biomedical Diagnosis-Insights and Tools for Providers and Patients	Steven Spoonemore, Jr., DPT, OCS, FAAOMPT
	11:15 AM - 12:15 PM	PC4	Medication Assisted Treatment for Alcohol Use Disorders	Jenny Wei, MD, MPH
	LUNCH (on your own)			
	1:15 PM - 2:15 PM	PC7	Updates in Breast Cancer Diagnosis and Treatment	Laura Tillman, MD, FACS
	2:20 PM - 3:20 PM	PC15	Who and How to PrEP	Paul Bloomquist, MD
	BREAK			
	3:35 PM - 4:35 PM	PC8	Depression and Diabetes	Paul Pierce, MD
4:40 PM - 5:40 PM	PC22	Clinical Management of Patients with Thyroid Disorders	Richard Arakaki, MD	
Room 16 Adobe Connect: https://ihs.cosocloud.com/diabetesnc2/	8:15 AM - 12:15 PM	PC5	Geriatrics and Palliative Care Intensive	Blythe Winchester, MD, MPH, CMD / Michael Stitzer, MD
	LUNCH (on your own)			
	1:15 PM - 5:15 PM	PC6	Foot Care Intensive: Assessment and Interventions for Limb Preservation	Rick Robinson, DPM / Joel Rainwater, MD / Brian Lepow, DPM

Wednesday, August 7th

Meeting and AC Room	Time	Session #	Title	Speaker	
Ballroom C, D & E Adobe Connect: https://ihs.cosocloud.com/diabetesnc/	8:00 AM - 9:00 AM	M1	Diabetes in Indian Country	Ann Bullock, MD	
	9:00 AM - 10:00 AM	M2	How Life Course Models of Health Development Inform New Approaches to Diabetes Prevention, Treatment and Management	Neal Halfon, MD, MPH	
	BREAK				
	10:15 AM - 11:15 AM	M3	Adverse Childhood Experiences: Cultural Approaches to Prevention	Valerie Nurr'araaluk Davidson, JD	
	11:15 AM - 12:15 PM	M4	Alaska's Most Important Infrastructure: Improving the Health and Wellness of Families with Young Children	Matthew Hirschfeld, MD, PhD	
	LUNCH (on your own)				
	1:15 PM - 2:15 PM	C4	2019 Diabetes Clinical Practice Guidelines: What's New	Richard Arakaki, MD	
	2:20 PM - 3:20 PM	C19	Annual Eye, Dental and Foot Exams: Saving People with Diabetes from Preventable Complications	Dawn Clary, OD / Rick Robinson, DPM / Chris Foster, DDS	
	BREAK				
	3:35 PM - 4:35 PM	C9	Answers to the Most Common Questions About Kidney Disease	Andrew Narva, MD / Gayle Romancito, BSN, RN	
	4:40 PM - 5:40 PM	C15	"CPR" for the Foot - Check, Protect, Refer	Rick Robinson, DPM	
	Ballroom B Adobe Connect: https://ihs.cosocloud.com/diabetesnc2/	1:15 PM - 2:15 PM	E38	Engaging Your Community in Type 2 Diabetes Prevention: The National Diabetes Prevention Program	Miriam Bell, MPH / Tonya Wapskineh, MPH
		2:20 PM - 3:20 PM	E8	Healthcare in Motion: How a Mobile Clinic Improves Primary Care Engagement for High Risk Populations	Miranda Williams, BS / Adrian Jumbo, AAS
		BREAK			
3:35 PM - 4:35 PM		C2	Cardiovascular Disease Evaluation: To stress or not to stress?	Dena Wilson, MD, FACC	
4:40 PM - 5:40 PM		E33	Chickasaw Nation's Pathway to Prevention	Emily Jones, PhD, RNC-OB / Shon McCage, MPH, MCHES	

Thursday, August 8th

Meeting and AC Room	Time	Session #	Title	Speaker
Ballroom C, D & E Adobe Connect: https://ihs.cosocloud.com/diabetesnc/	8:00 AM - 9:00 AM	M5	Indigenous Food Systems: Seeds of our Ancestors, Seeds of Life	Winona LaDuke, BA, MA
	9:00 AM - 10:00 AM	M6	Promoting Food Security and Food Sovereignty in Indigenous Communities: Lessons from Tribally-Driven Research	Valarie BlueBird Jernigan, DrPH
	BREAK			
	10:15 AM - 11:15 AM	M7	Descartes Was Wrong: How Does Psychological Stress Get Under the Skin?	Jeffrey Proulx, PhD
	11:15 AM - 12:15 PM	M9	Social Determinants of Health in Diabetes Care	Dean Schillinger, MD
	LUNCH (on your own)			
	1:15 PM - 2:15 PM	C1	Patient-Centered Approach to Cardiovascular Disease Risk Reduction: Managing HTN and Lipids	Lani DeSaulniers, MD
	2:20 PM - 3:20 PM	C5	Pharmacologic Update for Hyperglycemia Treatment	Richard Arakaki, MD
	BREAK			
	3:35 PM - 4:35 PM	C3	Cardiovascular Disease Management: Beta-blockers, ACE-Is, Statins-Oh MY!	Dena Wilson, MD, FACC
4:40 PM - 5:40 PM	E17	Breaking the Intergenerational Cycle by Preventing & Controlling Diabetes During Pregnancy	Annie Edleman, MPH, RDN, LD, CDE / Matthew Daab, MD, MPT	
Ballroom B Adobe Connect: https://ihs.cosocloud.com/diabetesnc2/	1:15 PM - 2:15 PM	C13	Treatment of Type 2 Diabetes (T2D) in Youth	Jeff Powell, MD, MPH
	2:20 PM - 3:20 PM	E42	The Microbiome & Your Health: More than a Gut Feeling.	Julien Naylor, MD, MPH / Teresa Hicks, RD, CDE
	BREAK			
	3:35 PM - 4:35 PM	E11	The Role of Diabetes Educators, Dietitians, and Other Diabetes Care Team Members in Quality Improvement	Annie Edleman, MPH, RDN, LD, CDE
	4:40 PM - 5:40 PM	C18	Take Control by Eliminating the #1 Self-Limiting Health Risk Factor, Commercial Tobacco	Velliyah Craig, RPh, NCPS

Friday, August 9th

Meeting and AC Room	Time	Session #	Title	Speaker
Ballroom C, D & E Adobe Connect: https://ihs.cosocloud.com/diabetesnc/	8:00 AM - 9:00 AM	C14	Screening & Management of Childhood Obesity	Jeff Powell, MD, MPH
	9:05 AM - 10:05 AM	P6	Menominee is Fostering Futures	Faye Dodge, RN, BSN, CDE / Patricia Burr, RN, BSN, CDE
	BREAK			
	10:20 AM - 11:20 AM	M10	Culture as a Diabetes Intervention	Melissa Walls, PhD
	11:20 AM - 12:30 PM	M11	The Seven Circles of Wellness	Chelsey Luger, BS, MS / Thosh Collins
Ballroom B Adobe Connect: https://ihs.cosocloud.com/diabetesnc2/	8:00 AM - 9:00 AM	E10	Customizing T2 Diabetes Education with Professional CGM	Sarah Hormachea, RD, CDE
	9:05 AM - 10:05 AM	E28	Strong Men, Strong Communities: Cultural Tradition to Improve Native Men's Health	Kaimi Sinclair, PhD, MPH / Kelly Gonzales, PhD, MPH