



2017 Conference
Diabetes in Indian Country

September 19-21, 2017 | Albuquerque, NM

AGENDA

September 19-21, 2017
Hyatt Regency Albuquerque



Welcome

Dear Conference Participants,

On behalf of the planning committee, I would like to welcome you to the 2017 Diabetes in Indian Country Conference. It is an honor to have you join us here in Albuquerque. We look forward to learning from each other over the next three days.

This exciting conference builds on the expertise of Indian health professionals and partners from around the country. We appreciate their participation and also thank our Tribal partners for their generous sponsorship support. Members of the planning committee, including Area Diabetes Consultants, Special Diabetes Program for Indians grantees, and IHS Division of Diabetes staff, have all given substantial time and energy to develop what we hope you will find to be a meaningful conference. We encourage you to take advantage of this opportunity to network with your fellow SDPI grantees, clinicians, and community health colleagues from around the country.

As we celebrate the 20th year of SDPI, our hearts are filled with gratitude for your dedication to this important work. Thank you for giving us much to celebrate—you are truly changing the course of diabetes in American Indian/Alaska Native (AI/AN) communities.

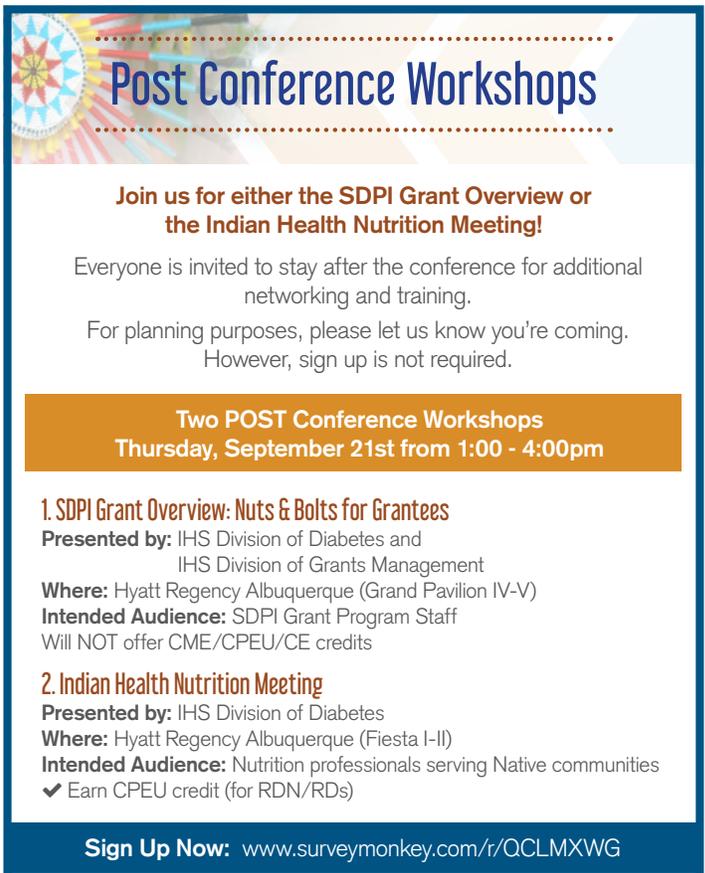
Once again, welcome to the 2017 Diabetes in Indian Country Conference!

Ann Bullock, MD

Director, IHS Division of Diabetes Treatment and Prevention

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Post Conference Workshops

Join us for either the SDPI Grant Overview or the Indian Health Nutrition Meeting!

Everyone is invited to stay after the conference for additional networking and training.

For planning purposes, please let us know you're coming. However, sign up is not required.

Two POST Conference Workshops
Thursday, September 21st from 1:00 - 4:00pm

- 1. SDPI Grant Overview: Nuts & Bolts for Grantees**
Presented by: IHS Division of Diabetes and IHS Division of Grants Management
Where: Hyatt Regency Albuquerque (Grand Pavilion IV-V)
Intended Audience: SDPI Grant Program Staff
Will NOT offer CME/CPEU/CE credits
- 2. Indian Health Nutrition Meeting**
Presented by: IHS Division of Diabetes
Where: Hyatt Regency Albuquerque (Fiesta I-II)
Intended Audience: Nutrition professionals serving Native communities
✓ Earn CPEU credit (for RDN/RDs)

Sign Up Now: www.surveymonkey.com/r/QCLMXWG

2017 Diabetes in Indian Country Conference

Continuing Education Information Sheet

The IHS Clinical Support Center and The IHS Nutrition and Dietetics Training Program
(Accredited Providers)

The purpose of the 2017 Diabetes in Indian Country Conference is to provide an opportunity to engage in thought provoking and innovative discussions about current diabetes issues in Indian Country; identify and share practical strategies and best practices to address these issues; and collaborate on issues related to improving outcomes for people with diabetes or those at risk for developing diabetes.

Conference Outcomes Measures:

1. Implement the latest clinical, grants management, patient and community education, and data management information to enhance clinical and community diabetes care and education.
2. Apply quality improvement techniques to promote and advance best practices for diabetes care and education.
3. Increase and support collaborative opportunities to facilitate improved care and education.

Target Audience: IHS, Tribal, and Urban SDPI grantees, community health providers, and clinicians (Physicians, Nurse Practitioners, Physician Assistants, Nurses, Dietitians and other Healthcare Professionals) working in Clinic and Community Health Settings.

Location: Onsite and Virtually via Adobe Connect. See agenda for Adobe connectivity details and links to the selected live streaming sessions. Live and virtual concurrent sessions are available only once and not repeated. Please plan accordingly.

Time: **Onsite – ALL TIMES are MOUNTAIN TIME ZONE.** Monday Pre-Conference Workshop 8:30 am – 4:00 pm; Tuesday and Wednesday 8:00 am – 5:40 pm; Wednesday Evening 6:30 pm – 8:30 pm; Thursday 8:00 am – 12:20 pm; Thursday Post Conference Workshops 1:00 pm – 4:00 pm.

Guidelines for Continuing Education Credit:

- There are no fees to participate.
- Continuing Education (CE) is available for Physicians, Nurses, Pharmacists, and Dietitians who participate in this live/virtual activity.
 - **Please note the type of CE designated for each presentation may vary.**
- Sessions providing continuing education are indicated on the agenda and on the Session Tracking Form provided in the conference program. Please track the presentations you attended on the Session Tracking Form. You will need this form to complete the on-line conference evaluation and CE request.
- To obtain continuing education credit, you must:
 - Sign in to document your attendance. Onsite attendees must sign-in at the registration desk to document attendance. Virtual attendees must sign-in electronically for the sessions attended.
 - Be present no later than 5 minutes from the start of each CE approved presentation and attend the entire presentation. No partial credit will be awarded.
 - Complete the on-line 2017 Diabetes in Indian Country Conference Evaluation and CE Request. The link to the evaluation will be emailed to registered participants at the close of the Conference. The link will be available for two weeks only, closing on **Thursday, October 5, 2017.**
 - CE Certificates will be issued by the end of October. (Pharmacy on-line at CPE Monitor)
 - For assistance, please contact Jan Frederick at jan.frederick@ihs.gov.

Continuing Education Information:

ACCREDITATION:



Continuing Medical Education Credit

The Indian Health Service (IHS) Clinical Support Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The IHS Clinical Support Center designates this live activity for a maximum of 22 hours of *AMA PRA Category 1 Credit*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



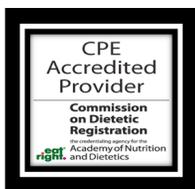
Continuing Nursing Education Credit

The Indian Health Service Clinical Support Center is accredited with distinction as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This activity has been designated up to 28.0 contact hours which includes 3 hours of pharmacology for nurses.



The IHS Clinical Support Center is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.



Registered Dietitian Continuing Education Credit

The Indian Health Service (IHS) Nutrition and Dietetics Training Program (NDTP) is accredited by the Commission on Dietetic Registration to sponsor continuing professional education for Registered Dietitians.

This activity has been awarded a maximum of 31 CPEUs. Each attendee should only count the number of hours for each activity attended. The IHS NDTP number is NU006.

Disclosure Statement: As a provider accredited by ACCME, ANCC, and ACPE, the IHS Clinical Support Center must ensure balance, independence, objectivity, and scientific rigor in its educational activities. Course directors/coordinators, planning committee members, faculty, reviewers and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. All those who are in a position to control the content of this educational activity have completed the disclosure process and have indicated that they do not have any significant financial relationships or affiliations with any manufacturers or commercial products to disclose with the exception of:

- Michael Bryer-Ash, MD – is a minor stockholder for Dexcom Inc. and Pfizer Inc.
- Margaret Powers, PhD, RD, CDE – is a consultant for Eli Lilly and Company and has research funded by for Abbot Nutrition.

No commercial funding was used to support this activity.

Hardware and Software Requirements for Live Streaming:

Adobe Connect requires that you have an internet connection, a web browser, and Adobe Flash Player version 10.1 or greater to attend a web event. Adobe Connect supports nearly any operating system including Windows, Macintosh, Linux, and Solaris, as well as the most widely used browsers including Internet Explorer, Firefox, Safari, and Chrome.

Test Your Computer Connection

The IHS uses Adobe Connect for online meetings. If you have never attended an Adobe Connect meeting before, please test your connection at least 30 minutes prior to the presentation.

Test your connection at: https://ihs.adobeconnect.com/common/help/en/support/meeting_test.htm

For Adobe Questions and Technical Assistance

Contact Mary Toledo at 505-248-4312 mary.toledo@ihs.gov or Alaina George at Alaina.george@ihs.gov

Note: You may review the IHS Privacy Policy (http://www.ihs.gov/privacy_policy.asp) and the Survey Monkey Privacy Policy for details on how user information submitted in the evaluation is protected. <http://www.surveymonkey.com/mp/policy/privacy-policy/> Your information will be kept confidential when you participate in a CE internet based program.

PRE CONFERENCE: Monday, September 18, 2017

8:30 AM - 4:00 PM **Native PLAY (Physical and Lifelong Activity for Youth) Workshop** **Grand Pavilion**

Scott Robison, MEd & Certified Personal Trainer
[6.0 CNE contact hours/6 CPEUs]

This one day workshop is fun, highly interactive, and informative. Participants will gain knowledge and skills that will prepare them to work more effectively with people in promoting and leading health and physical activity groups. The sessions all include a combination of lecture and demonstration of group education and activities. Participation in group activities such as pedometer games, cooperative and partner activities, and camouflage fitness is expected. A comprehensive manual of resources and tools will be provided.

DAY ONE: Tuesday, September 19, 2017

7:45 AM **Welcome and Blessing** **Grand Pavilion**

8:00 AM **Diabetes in Indian Country: Overview** **Grand Pavilion**
<https://ihs.adobeconnect.com/diabetes01/>

Plenary P-01 **Ann Bullock, MD**
[1 CME credit/1 CNE contact hour/1 CPEU]

This presentation will provide a summary of diabetes-related issues in Indian Country today. The session will include discussion of some very positive and promising outcomes which have occurred as a result of the collective efforts across Indian Country to prevent and treat diabetes. In addition, an overview of future directions will be provided.

9:00 AM **The Culture of Caring: Foundations for the Future of Native Community Health** **Grand Pavilion**
<https://ihs.adobeconnect.com/diabetes01/>

Keynote K-01 **Valerie Davidson, JD**
[1 CME credit/1 CNE contact hour/1 CPEU]

The Culture of Caring in Tribal communities has created world-class innovative programs to reverse the multi-generational health effects of trauma. This session will provide a brief description of the long-term health effects of trauma and the impact of innovative programs in Tribal communities on reversing some of the adverse effects and trends.

10:00 AM **Break**

10:15 AM **Transformation of Diabetes Care over the 20 years of SDPI** **Enchantment Ballroom**

Plenary P-02 **Richard Arakaki, MD / Michael Bryer-Ash, MD, FRCP(Lond.), FRCP(C)**
[1 CME credit/1 CNE contact hour/ACPE 0600-0000-17-275-L01-P 1 hr /1 CPEU]

The SDPI began in 1997 to address the growing epidemic of diabetes mellitus among AI/AN. This session will provide an overview of the state of diabetes care, which began a transformation and over the course of over 20 years has resulted in the current advancements that have reduced morbidity and improved the lives of many patients.

10:15 AM **Diabetes Education Overview: Critical Times to Assess, Provide, Adjust and Refer for DSMES** **Grand Pavilion**
<https://ihs.adobeconnect.com/diabetes01/>

Plenary P-03 **Margaret (Maggie) Powers, PhD, RD, CDE**
[1 CME credit/1 CNE contact hour/1 CPEU]

A recently published position statement on Diabetes Self-Management Education and Support (DSMES) identifies the 4 critical times to assess, provide, adjust and refer for DSMES. The statement also identifies areas of focus and action steps that should be considered by the health care provider, educator and the patient at each of these times. This session will describe the 4 critical times and offer suggestions for implementation.

11:15 AM **SDPI Forum** **Enchantment Ballroom**

G-13 **DDTP Staff**

The SDPI Forum is an opportunity for SDPI grantees to engage in dialogue with the IHS Division of Diabetes and Division of Grants Management leadership and staff. The open microphone format will allow grantees to share comments and questions related to SDPI grant process, such as the SOS, the continuation application, carryover requests and progress report requirements, and other relevant topics. Participants will also have the opportunity to provide recommendations for future webinars, website resources, trainings, and education materials.



AGENDA

DAY ONE: Tuesday, September 19, 2017

11:15 AM Improving Outcomes for People with Diabetes and Kidney Disease

Grand Pavilion
<https://ihs.adobeconnect.com/diabetes01/>

Plenary
P-04 **Andrew Narva, MD, FACP, FASN**
[1 CME credit/1 CNE contact hour/ACPE 0600-0000-17-276-L01-P 1 hr/1 CPEU]

The burden of chronic kidney disease (CKD) is growing, especially among people with diabetes. Although evidence-based guidelines for managing CKD are available, implementation of recommended care is poor and most clinicians feel inadequately educated on basic concepts of CKD including glomerular filtration rate (GFR), albuminuria, the progressive nature of chronic kidney disease and the transition to endstage kidney disease. This session is designed to help providers improve the management of patients with kidney disease in the primary care setting using a model developed by IHS.

12:15 PM Lunch (on your own)

1:15 PM Promoting Self-Management for Kidney Disease

Pavilion IV-V
<https://ihs.adobeconnect.com/diabetes01/>

C-05 **Andrew Narva, MD, FACP, FASN**
[1 CME credit/1 CNE contact hour/1 CPEU]

Kidney disease is a complex and frightening complication for people with diabetes. This session will describe strategies for assisting patients in understanding and managing their kidney disease including decision making about treatment for kidney failure.

1:15 PM Always Getting Ready: Program Planning and Evaluation

Fiesta Room III-IV

D-01 **Karen Sheff, MS**
[1 CNE contact hour/1 CPEU]

Careful planning and evaluation are keys for successful diabetes programs. This workshop will provide an introduction to the concepts and processes of program planning and evaluation in an easy to understand way, with a focus on diabetes programs in Native American communities. It will include information about data sources for these activities, recent outcomes based on IHS data, and success stories from Tribes.

1:15 PM Successful Case Management Models and Tools

Pavilion VI

E-02 **Robin John, RPh, CDE / Miranda Williams, BS / Krista Haven, RN, BSN, PHN, CDE**
[1 CME credit/1 CNE contact hour/1 CPEU]

This presentation will provide information on two innovative and successful diabetes case management models of care, including a Pharmacist Based Model and a Health Coach Model. Reducing demand on primary care providers, improving access to care and quality of care, and impact on clinical outcomes will be discussed. Staff and patient feedback mechanisms and reports will be shared. Tools and ideas for providing diabetes self-management education and care will also be reviewed.

1:15 PM Community Health Work in Indian Country Through CHR/CHA Programs

Fiesta Room I-II

E-03 **Teresa Hicks, RD, CDE / Georgianna Old Elk**
[1 CNE contact hour/1 CPEU]

This session will provide a detailed description of the Advanced Diabetes Health Aide Course and the Diabetes Prevention Engagement Program. A discussion of the value of providing specialized training for community health workers and instructional techniques used to engage adult learners used in these courses will also be included.

1:15 PM Successful Coalition Building: Working Together to Improve Health and Wellness

Enchantment C-D
<https://ihs.adobeconnect.com/diabetes02/>

E-05 **Anthony Fleg, MD, MPH / Shondra McCage, MPH / Lee Ann Sherrill, RN, CDE**
[1 CNE contact hour/1 CPEU]

Learn about developing and maintaining successful community based coalitions. Leaders from two programs in Indian Country (Native Health Initiative Running Medicine and Oklahoma Inter-Tribal Diabetes Coalition) will provide details of their grass roots efforts to start and implement their programs. Tools and strategies for success, along with challenges and opportunities in coalition building will be shared. Discussion of the expansion and sustainability of their programs, and impact on their communities will also be included.

DAY ONE: Tuesday, September 19, 2017

1:15 PM	Good Health and Wellness in Indian Country	Enchantment E-F
PA-02	David Espey, MD / Emery Tahy / Michele Suina, PhD [1 CME credit/1 CNE contact hour/1 CPEU] This session provides an overview of Good Health and Wellness in Indian Country (GHWIC) - CDC's largest investment to improve the health of American Indians and Alaska Natives. This 5-year, \$78 million initiative supports Tribes, Tribal organizations, and Tribal epidemiology centers to create culturally driven, science-based interventions to prevent and control diabetes and other chronic diseases and their associated risk factors through a holistic approach to population health and wellness.	
1:15 PM	Native-led Solutions to Promote Healthy Weight Among Children	Pavillion I-III
PA-01	Olivia Roanhorse, MPH / Michelle Gutierrez, MA / Dakotah Jim, MS [1 CME credit/1 CNE contact hour/1 CPEU] This session will provide an overview of the Notah Begay III (NB3) Foundation's mission and strategies to reduce Native childhood obesity and type 2 diabetes through their two signature programs: 1) Native Strong: Healthy Kids, Healthy Futures and 2) NB3FIT. Details of the Native Strong programming including grantmaking, technical assistance, research, communications and advocacy will be presented. A discussion of the Water First! Learning Community Partners program for reducing sugary sweetened beverage consumption among young Native children and families and promoting healthier beverage options will also be included.	
1:15 PM	Diabetes and Birth Control: What the Health Care Team Should Know	Enchantment A-B
C-04	Jean Howe, MD, MPH [1 CME credit/1 CNE contact hour, 1 pharm hr/ACPE 0600-0000-17-277-L01-P 1 hr /1 CPEU] This workshop will provide evidence based information on contraceptive methods, including strategies for patient counseling. Tips on how to find accurate information about contraceptive methods and safety will be included.	
1:15 PM	Division of Grants Management Carryover Requirements (Same as 2:20pm Session)	Whyte Room
G-01	John Hoffman / Robert Tarwater All you ever wanted to know on submitting a successful carryover request for your SDPI grant.	
2:20 PM	Division of Grants Management Carryover Requirements (Same as 1:15pm Session)	Whyte Room
G-02	Robert Tarwater / John Hoffman All you ever wanted to know on submitting a successful carryover request for your SDPI grant.	
2:20 PM	Pharmacologic Treatment of Patients with Diabetes	Enchantment A-B
C-02	Richard Arakaki, MD [1 CME credit/1 CNE contact hour, 1 pharm hr/ACPE 0600-0000-17-278-L01-P 1 hr /1 CPEU] The treatment of hyperglycemia in patients with diabetes is complex and continues to expand. This session will provide an update on pharmacologic interventions available to patients with diabetes, including both oral and injectable agents that address the various causes of high blood sugar levels as well as the associated overweight and obesity. Details of use of pharmacologic interventions for improving the management of hyperglycemia while minimizing hypoglycemic episodes will be outlined.	
2:20 PM	A Population Health Approach to Diabetes in the Young	Pavilion I-III
C-07	Jill Moses, MD, MPH / Jeff Powell, MD, MPH [1 CME credit/1 CNE contact hour/1 CPEU] This session will provide a review of current data on prediabetes and diabetes in children and young adults, discussion of evidence based prevention and management of prediabetes and diabetes in young people, and a review of current population health approaches for intervention.	
2:20 PM	Documentation for Community Health Representatives	Fiesta Room I-II
D-08	Lorelei Decora, RN, BSN / Kathy Ray, CNM / Georgianna Old Elk Community Health Representatives (CHRs) help address health care needs in AI/AN communities by providing community-oriented primary care services. Documenting these services in electronic health records, RPMS or other, is essential for effective, coordinated patient care. This workshop will present guidance for CHRs to accurately document the health care services they provide.	



AGENDA

DAY ONE: Tuesday, September 19, 2017

2:20 PM Telemedicine: Using Technology to Bring Quality Healthcare to Remote Locations **Fiesta Room III-IV**

D-10 **Kena Desai, MS, MD / Chris Fore, PhD**
[1 CME credit/1 CNE contact hour/1 CPEU]

Many AI/AN communities are located in remote areas and have unique challenges in providing access to healthcare, including access to both general and specialty healthcare. Telemedicine has made this possible at ANMC and other places in Indian Country. This session will focus on the history of medicine at ANMC, the role of telemedicine in the care of remote patients, telemedicine resources, and the future direction of telemedicine.

2:20 PM Train the Trainer: Engaging Participants in Group Education Settings (Diabetes Prevention and Weight Loss) **Enchantment C-D**
<https://ihs.adobeconnect.com/diabetes02/>

E-07 **Chris Foss-Tietz, BS, MEHS**
[1 CNE contact hour/1 CPEU]

Do you need some ideas to better engage participants in lifestyle change while in a group setting? If so, join us for an interactive session covering tried and true strategies along with available resources to help both the participants and facilitator get the most out of their time together. The SDPI DP toolkit will be a part of this conversation.

2:20 PM SDPI Toolkits **Pavilion VI**

G-04 **Robin John, RPh, CDE / Tonya Wapskineh, MPH, CHES**

Participants will gain insight and knowledge on implementing and continuing a diabetes program in their community utilizing lessons learned from the SDPI Diabetes Prevention and Healthy Heart Demonstration and Initiative Projects.

2:20 PM NCAI T.R.A.I.L. Workshop: New Behavioral Health Curriculum Supplement **Enchantment E-F**

PA-03 **Yvette Roubideaux, MD, MPH / Natasha Anderson, JD**
[1 CME credit/1 CNE contact hour/1 CPEU]

This session will share a new behavioral health supplement to the On the T.R.A.I.L. (Together Raising Awareness for Indian Life) to Diabetes Prevention Curriculum. The T.R.A.I.L. Curriculum was originally developed in a partnership between the IHS, the National Congress of American Indians (NCAI), and the Boys & Girls Clubs of America. The new supplement focuses on behavioral health topics to enhance promotion of healthy lifestyles and wellness to further reduce the onset of diabetes in Native youth.

2:20 PM Youth and Diabetes Prevention in Schools: Working Together for a Healthier Community **Pavillion IV-V**
<https://ihs.adobeconnect.com/diabetes01/>

E-20 **Scott Robison, MEd & Certified Personal Trainer**
[1 CNE contact hour/1 CPEU]

Diabetes prevention programs in schools provide an opportunity to engage communities and youth in creating healthier school environments. This session will offer ideas and strategies for establishing school and community partnerships to develop and implement sustainable diabetes prevention programs and activities for youth. It invites participants to think of ways to be more responsive to the culture, beliefs, and needs of youth in the community and take steps to promote healthier lifestyles.

3:20 PM Break

3:35 PM Cardiovascular Disease in Indian Country: A Real Life Approach **Pavilion IV-V**
<https://ihs.adobeconnect.com/diabetes01/>

C-01 **Dena Wilson, MD, FACC**
[1 CME credit/1 CNE contact hour/ACPE 0600-0000-17-279-L01-P 1 hr/1 CPEU]

Cardiovascular disease (CVD) is a leading cause of mortality. There are many risk factors that increase the likelihood of developing CVD, diabetes among them. This workshop will provide a number of case presentations and discussion of the most common causes of CVD in Indian Country.

3:35 PM (Un)Sweet Dreams: Obstructive Sleep Apnea and Diabetes **Pavilion I-III**

C-06 **Shanna Diaz, DO, ABPN Diplomate of Psychiatry and Geriatric Medicine**
[1 CME credit/1 CNE contact hour/1 CPEU]

The bidirectional relationship between diabetes and obstructive sleep apnea (OSA) will be defined and described in detail, including glucose metabolism during sleep and effects of untreated OSA on glycemic control and metabolic risk. Screening patients for OSA and treatment options and benefits will be discussed. Other potential sleep problems for people with diabetes will also be reviewed.

DAY ONE: Tuesday, September 19, 2017**3:35 PM Non-Alcoholic Fatty Liver Disease (NAFLD) and Diabetes****Whyte Room****C-12 Youssef Barbour, MD**
[1 CME credit/1 CNE contact hour/1 CPEU]

This presentation will provide an overview of NAFLD including information on disease prevalence, interaction with metabolic syndrome and type 2 diabetes, significance of the disease, and risk for liver cancer. There will be a discussion of the role of primary care providers in identifying and managing NAFLD. NASH and the diagnostic and treatment challenges it poses will also be presented.

3:35 PM Sharing Qualitative Data Using Digital Storytelling**Enchantment E-F****D-12 Shelley Frazier, MPH / Chris Percy, MD / Marita Jones, MPH**
[1 CNE contact hour/1 CPEU]

Native communities have a long tradition of using stories to make sense of the world, inspire change, pass on teachings and wisdom, and help connect the past and future. Digital storytelling allows people and programs to share their stories and successes and can be used to show impacts and outcomes beyond quantitative data. This session will provide an overview of the opportunities and challenges of creating and using Digital Stories.

3:35 PM RPMS Magic: Tips and Tricks for Using DMS, iCare, and More**Fiesta Room III-IV****D-18 Don Head / Erik Kakuska**
[1 CNE contact hour/1 CPEU]

RPMS was developed and designed specifically for Indian healthcare and is used daily in hundreds of locations. This workshop will provide instruction on using RPMS applications to assess and improve patient care and health outcomes, with a focus on diabetes. Integrating information from multiple applications to provide more comprehensive health information will be highlighted.

3:35 PM Diabetes Case Management: Helping People Get to Goals**Enchantment C-D**<https://ihs.adobeconnect.com/diabetes02/>**E-01 Dorinda Wiley-Bradley, RN, CDE**
[1 CME credit/1 CNE contact hour/1 CPEU]

This presentation will provide information on the use of diabetes case management. Discussion of care coordination, guidance and facilitation of clinical and support services, and integration with diabetes self-management education and support (DSMES) and a patient centered approach will be included.

3:35 PM Tobacco Cessation Interventions in Indian Country**Enchantment A-B****E-18 Velliyah Beauvais, RPh, NCPS**
[1 CME credit/1 CNE contact hour/1 CPEU]

This workshop will provide an overview of commercial tobacco use among AI/AN people. The associated risk with diabetes and heart disease will be reviewed and evidence based approaches and resources that may enhance patient success toward tobacco free living will also be included.

3:35 PM "Moving the Needle" Overcoming Challenges of Implementing Education-based Best Practices**Pavilion VI****G-05 Cecilia Butler, MS, RD, CDE / Kathi Murray, MS, RDN, CDE**
[1 CNE contact hour/1 CPEU]

Picked an Education-based Best Practice (Diabetes Related, Physical Activity, or Nutrition) for your SDPI grant and don't know what to do with it? Then this session is for you! This workshop will provide an overview of the Education-based Best Practices, along with strategies for implementing, measuring, and achieving the Required Key Measure (RKM).

3:35 PM Nuts and Bolts of Conducting Diabetes Audits**Fiesta I-II****D-02 Karen Sheff, MS**
[1 CNE contact hour /1 CPEU]

The IHS Diabetes Care and Outcomes Audit (Audit) is a process for assessing care and health outcomes for American Indians and Alaska Natives with diabetes. Understanding how to gather and submit accurate data helps to ensure that Audit results truly reflect the care being provided, so this information can be used to improve patient care. This workshop will provide an introduction to the Audit, including resources, methods, and WebAudit tools. It will cover the basics of gathering Audit data at a facility, submitting it into the WebAudit, and reviewing data quality. Discussion of the use of Audit results and reports for public health programmatic planning and decision making at local, regional and national levels will be included.



AGENDA

DAY ONE: Tuesday, September 19, 2017

4:40 PM **The SDPI Initiatives: Preventing Diabetes and It's Complications**

Grand Pavilion
<https://ihs.adobeconnect.com/diabetes01/>

Plenary
P-05 **Spero Manson, PhD**
[1 CME credit/1 CNE contact hour/1 CPEU]

This presentation will review the major outcomes of the Diabetes Prevention (DP) and Cardiovascular Risk Reduction (Healthy Heart) Initiatives supported by the SDPI. Special emphasis is given to lessons learned in the implementation.

5:40 PM **Dinner (on your own)**

7:00 – 8:30 PM **Reception & Poster Session**

Grand Pavilion & Foyer

DAY TWO: Wednesday, September 20, 2017

8:00 AM **Keeping the Fires Lit: Self Care Tools & Techniques to Prevent Burnout**

Grand Pavilion
<https://ihs.adobeconnect.com/diabetes01/>

Keynote
K-02 **DJ "Eagle Bear" Vanas**
[1 CME credit/1 CNE contact hour/1 CPEU]

This presentation will help participants examine and renew their sense of purpose and passion in providing health care services for AI/AN people and communities. The presentation explores root causes and offers practical solutions for burnout, and underscores the need for self care in order to be successful. Effective strategies to stay inspired, motivated and focused, lower stress and remain strong as you continue to serve others will be provided.

9:00 AM **The CDC National Diabetes Prevention Program: Experiences and Outcomes Study**

Grand Pavilion
<https://ihs.adobeconnect.com/diabetes01/>

Plenary
P-06 **Ann Albright, PhD, RD / Mary Hoskin, MS, RD**
[1 CME credit/1 CNE contact hour/1 CPEU]

This workshop describes the evidence, experiences and outcomes from the National Diabetes Prevention Program (National DPP). Drawing from the experiences implementing the research study, this seminar will review the plans, experiences and lessons learned from the Diabetes Prevention Program (DPP) and its Outcomes Study (DPPOS) and provide new ideas for implementing the Curriculum. The seminar invites health team members to develop plans to incorporate evidence based lifestyle intervention activities into their care for patients at risk for diabetes, as well as plans to document program and participant successes.

10:00 AM **Break**

10:15 AM **Adverse Childhood Experiences (ACEs) and Their Relationship to Adult Health & Diabetes**

Grand Pavilion
<https://ihs.adobeconnect.com/diabetes01/>

Keynote
K-03 **Vincent Felitti, MD**
[1 CME credit/1 CNE contact hour/1 CPEU]

The CDC-Kaiser Permanente Adverse Childhood Experiences (ACE) Study is one of the largest investigations of childhood abuse and neglect and later-life health and well-being. This session will provide an overview of findings from the ACE Study, including the unexpected prevalence of ten categories of adverse childhood experiences along with their relationship decades later to obesity and the ten most common causes of death in the US. Explanation of the mechanisms by which the relationships occur and exist and a discussion of what might be done beneficially about this major public health issue will also be included.

11:15 AM **Early Life Intervention for Decreasing Diabetes Risk**

Grand Pavilion
<https://ihs.adobeconnect.com/diabetes01/>

Plenary
P-07 **Allison Barlow, PhD, MPH, MA / Ann Bullock, MD**
[1 CME credit/1 CNE contact hour/1 CPEU]

Risk for obesity and other health problems has been shown to start very early in life, even before birth. As such, it is important to find ways to intervene successfully to reduce this risk. This session will provide an overview of how early life risk factors contribute to later obesity risk as well as discuss findings from the Family Spirit home visiting program and their relevance to reduction of obesity and diabetes risk. Next steps for the Family Spirit intervention will also be included.

DAY TWO: Wednesday, September 20, 2017**12:15 PM Lunch (on your own)****1:15 PM Strategies for Successful Identification and Management of Diabetes in Pregnancy Enchantment A-B****C-03 Jean Howe, MD, MPH**

[1 CME credit/1 CNE contact hour/1 CPEU]

This session will provide information and insights on screening, diagnosis, and management of gestational and pre-gestational diabetes. A review of pre-pregnancy considerations and post-partum care will be included. The session invites health team members to think of ways to be more responsive to the needs of patients and take steps to improve services.

1:15 PM Management of Obesity in the Prevention and Treatment of Diabetes Mellitus Pavilion VI**C-17 Michael Bryer-Ash, MD, FRCP(Lond.), FRCP(C)**

[1 CME credit/1 CNE contact hour/1 CPEU]

The management of obesity to prevent and treat diabetes mellitus has primarily focused on interventions aimed at lifestyle adjustment. However, in spite of this, obesity rates in adults have continued to rise. This presentation focuses on medical and surgical options that have shown success in reducing weight, thereby preventing diabetes or improving diabetes control and in some cases leading to remission.

1:15 PM Case Studies on Management of Complex Patients Pavilion IV-V<https://ihs.adobeconnect.com/diabetes01/>**C-20 Carmen Hardin, MSN, APRN**

[1 CME credit/1 CNE contact hour/1 CPEU]

This session is designed to demonstrate the art of applying evidence-based interventions to adult individuals with type 2 diabetes. Various complex patient case studies will be presented and evaluated during this didactic, interactive session. Individualized assessment strategies and treatment modalities will be explored, based on audience feedback, and standards of care. Participants will be guided through the process of developing an individualized plan of care focusing on the patient's physical, psychosocial, spiritual, emotional, and cultural characteristics/beliefs.

1:15 PM GPRA/CRS Tools: On Demand Clinical Measures Reports for Daily Improvement Work Fiesta Room III-IV**D-07 Carol Strasheim, BSN, RN**

[1 CME credit/1 CNE contact hour/1 CPEU]

CRS is an RPMS application for monitoring IHS GPRA measures. This workshop will provide guidance on using CRS to generate patient list reports, measure forecast reports, and create templates of patients that can be uploaded into iCare. Strategies for using these reports for improvement will also be reviewed, including identification of patients needing preventative health services and regular monitoring of patient outcomes.

1:15 PM Audit Power Tools: Understanding and Using Reports and Graphs Fiesta Room I-II**D-03 Karen Sheff, MS**

[1 CNE contact hour /1 CPEU]

The IHS Diabetes Care and Outcomes Audit (Audit) is a process to assess care and health outcomes for American Indians and Alaska Natives with diabetes. Audit reports provide valuable information that can be used for program planning and evaluation and much more. This workshop will provide an introduction to Diabetes Audit Reports, including guidance for reading and reviewing them. The focus will be on the main Audit Report and WebAudit trends graphs. Discussion of the use of Audit results and reports for public health programmatic planning and decision making at local, regional and national levels will be included.

1:15 PM Health Literacy: An Issue with Consequences Whyte Room**E-09 Cecilia Butler, MS, RD, CDE / Chris Lamer, PharmD, MHS, BCPS, CDE**

[1 CME credit/1 CNE contact hour/1 CPEU]

Almost half of the US population has inadequate health literacy skills. This session will provide an overview of the scope of working with people with low health literacy and the significant impact it has on people being less able to care for their chronic conditions, utilize the health care system effectively, or engage in preventative health services. Practical steps to apply principles and strategies for improving health literacy will be provided.



AGENDA

DAY TWO: Wednesday, September 20, 2017

1:15 PM **Engaging Patients for Medication Adherence**

Pavilion I-III

E-10 **Richard Arakaki, MD**

[1 CME credit/1 CNE contact hour, 1 pharm hr/ACPE 0600-0000-17-280-L04-P 1 hr/1 CPEU]

Diabetes mellitus is a life-long disease that requires patient engagement, education, and behavioral change to manage their diabetes and minimize morbidity. This presentation focuses on the various medications used in the treatment of hyperglycemia in patients with diabetes and the many challenges of maintaining adherence. The considerations for starting medications including effectiveness, side effects, convenience, and cost will be reviewed. Encouraging medication adherence to long-term pharmacologic treatment from a provider point of view will also be discussed. Clinical case examples will be highlighted.

1:15 PM **Overview of the National Diabetes Prevention Program and the CDC DPRP**

Enchantment C-D

<https://ihs.adobeconnect.com/diabetes02/>

E-15.1 **Elizabeth Ely, MS**

[1 CNE contact hour /1 CPEU]

The presentation will give an overview of the National Diabetes Prevention Program (DPP) but will focus mainly on the Centers for Disease Control and Prevention (CDC) Diabetes Prevention Recognition Program (DPRP), the quality assurance arm of the National DPP. Important components of the program such as the application process, choosing a CDC-approved curriculum, requirements of the program, and accessing technical assistance will be reviewed. Specific tools and resources for becoming a CDC-recognized organization will be provided.

1:15 PM **Division of Grants Management Writing the Budget**

Enchantment E-F

G-03 **John Hoffman**

Make your SDPI grant budget SHINE with this overview of Budget and Cost Principles

2:20 PM **Preventing Avoidable Vision Loss from Diabetic Retinopathy in Indian Country**

Pavilion I-III

C-08 **Mark Horton, OD, MD**

[1 CME credit/1 CNE contact hour/1 CPEU]

The evidence basis for diabetic retinopathy care will be presented in the context of evolving best practices in Indian Country. Options for diabetes eye care, including recent advances in diagnostic and treatment modalities will be discussed. The public health impact of clinical translation of diabetic retinopathy science will be considered in terms of level of effort, cost effectiveness, clinical outcomes, and return on investment from the vantages of the person with diabetes, and also the health care system.

2:20 PM **Foot Care Screening and Detection: Preventing Foot Complications in People with Diabetes**

Pavilion IV-V

<https://ihs.adobeconnect.com/diabetes01/>

C-09 **Karl A. Boesenberg, DPM / Sandra L. Graham, PT**

[1 CME credit/1 CNE contact hour/1 CPEU]

People who have diabetes are at high risk for nerve and vascular damage that can result in loss of protective sensation in the feet, reduced circulation, and poor healing. Foot ulcers and amputations are common and preventable causes of disability in adults with diabetes. This training provides details of performing a comprehensive foot examination including vascular, neurological, dermatological, and musculoskeletal assessments. Clinician standards of care and resources for performing diabetic foot exams will be shared.

2:20 PM **GPRA for Program Management: Introduction to Measures, Tools, and Reports**

Fiesta Room III-IV

D-06 **Chris Lamer, PharmD, MHS, BCPS, CDE**

[1 CNE contact hour/1 CPEU]

The RPMS electronic health record system reports data on dozens of IHS healthy quality measures, including GPRA. This workshop will provide guidance on identifying diabetes outcome measures for improvement activities, program planning, and evaluation. The presentation will include practical tips for effectively using available tools, resources, and people.

2:20 PM **Making the Case: Sharing Diabetes Data with Tribal Leaders and Other Stakeholders**

Pavilion VI

D-13 **Don Head / Erik Kakuska / Meera Narayanan, MSc, MS, RD, CDE, LD**

[1 CME credit/1 CNE contact hour/1 CPEU]

The IHS Diabetes Care and Outcomes Audit (Audit) is a process for assessing care and health outcomes for AI/AN people with diabetes. This workshop will provide information about how and where to find diabetes Audit data and reports; how to use these for diabetes program planning and reporting; and ways to share this information with Tribal leaders and other stakeholders.

DAY TWO: Wednesday, September 20, 2017**2:20 PM Advancing Public Health in Indian Country: Tribal Epi Centers Fiesta Room I-II****D-16 Kevin English, DrPH / Ellen Provost, DO, MPH**
[1 CNE contact hour/1 CPEU]

Tribal Epidemiology Centers (TECs) work in partnership with local or area Tribes to improve the health and well-being of Tribal members. This workshop will provide an overview of the services and resources TECs provide, including details of specific data collection and reporting services for diabetes programs.

2:20 PM Shared Medical Visits: A Great Option for Diabetes Care Enchantment A-B**E-08 Miranda Williams, BS / Krista Haven, RN, BSN, PHN, CDE**
[1 CNE contact hour/1 CPEU]

This seminar will cover the latest research on the efficacy of shared medical visits in diabetes care, including issues such as staff resources, patient preferences and clinical outcomes. The use of shared visits as a potential way to improve access to care and quality of care will be explored, along with a discussion of group dynamics, peer support, and use of traditional medicine. The effectiveness of some current models of providing care through shared medical visits will also be reviewed.

2:20 PM CDC Recognized Diabetes Prevention Programs in Indian Country: Lessons Learned Enchantment C-D
<https://ihs.adobeconnect.com/diabetes02/>**E-15.2 Tonya Wapskineh, MPH, CHES / Gemalli Austin, DrPH, RD, CDE**
[1 CNE contact hour/1 CPEU]

Two programs in Indian Country (Cherokee Nation and Lake County Tribal Health Consortium) that have received Centers for Disease Control and Prevention (CDC) Diabetes Prevention Program (DPP) recognition will provide details of their application and implementation journey, as well as, the program's impact on their communities. Tools and strategies for success, along with challenges and opportunities in providing this program will be discussed.

2:20 PM "Getting Some R&R" - Innovative Approaches to Recruiting and Retaining Patients and Staff Enchantment E-F**G-06 Robin John, RPh, CDE / Kelly Keyes Zweifel, RD, LD, CDE**
[1 CNE contact hour/1 CPEU]

You ready for some R&R? No, not Rest and Relaxation - Recruitment and Retention! Discover how two SDPI grantees have improved their programs, as well as, patient outcomes with successful strategies for recruiting and retaining program patients and staff.

2:20 PM SDPI Reporting Requirements Whyte Room**G-10 John Hoffman / Melanie Knight**

What report is due when? Clear your mind with this informative session covering all SDPI grant reporting requirements.

3:20 PM Break**3:35 PM Foot Care Intervention: Preventing Foot Complications in People with Diabetes Pavilion IV-V**
<https://ihs.adobeconnect.com/diabetes01/>**C-10 Karl Boesenburg, DPM / Sandra Graham, PT**
[1 CME credit/1 CNE contact hour/1 CPEU]

Diabetes can cause nerve and vascular changes that reduce sensation and blood flow in the feet and legs. Regular foot exams allow for early detection and intervention to reduce the risk of foot ulcers and amputations. This training provides a review of foot care interventions for people with diabetes including debridement of nails and callouses, off-loading bony prominences, and shoe therapy and foot orthoses. Clinician standards of care and resources for performing diabetic foot care and education will be shared.

3:35 PM New Technologies for Treatment of Type 1 Diabetes Whyte Room**C-16 Michael Bryer-Ash, MD, FRCP(Lond.), FRCP(C) / Judy Thompson, PharmD, CDE**
[1 CME credit/1 CNE contact hour, 1 pharm hr/ACPE 0600-0000-17-281-L04-P 1 hr/1 CPEU]

This session will provide information on new technologies available for the management of type 1 diabetes, including continuous glucose monitors and insulin pumps. Pros and cons of the technologies will be discussed.



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DAY TWO: Wednesday, September 20, 2017

- 3:35 PM Outside the RPMS Box: Using non-RPMS Systems for Diabetes Data** **Fiesta Room III-IV**
- D-05 **Don Head / Chris Lamer, PharmD, MHS, BCPS, CDE / Meera Narayanan, MSc, MS, RD, CDE, LD**
[1 CNE contact hour/1 CPEU]
- Many diabetes programs use EHRs other than RPMS. This workshop will provide an overview of non-RPMS systems and how they can be useful for diabetes program work, including preparation of files for the IHS Diabetes Audit. The focus will be on maximizing use of non-RPMS systems to meet program planning and evaluation needs, including interfacing with IHS systems.
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- 3:35 PM SDPI Outcomes System (SOS) Basics** **Fiesta Room I-II**
- D-19 **Melanie Knight / Karen Sheff, MS**
[1 CNE contact hour/1 CPEU]
- The SOS is a web-based data system for SDPI Community-Directed Grant programs to report on their Required Key Measure (RKM) data. RKM health outcome data shows the results of SDPI activities, demonstrating the important work that programs are doing. This workshop will provide an overview of SOS resources, methods for submitting data, and SOS reports.
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- 3:35 PM Community Outreach and Patient Empowerment (COPE) & the Navajo Fruit and Vegetable Prescription (FVRx) Program** **Enchantment A-B**
- E-11 **Sonya Shin, MD, MPH**
[1 CME credit/1 CNE contact hour/1 CPEU]
- This session includes an overview of COPE activities related to diabetes management and prevention. Educational materials and CHR training materials that have been developed to support diabetes management and research findings evaluating the impact of these materials will be reviewed. An in-depth discussion of the Navajo Fruit and Vegetable Prescription Program and program evaluation results will be provided.
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- 3:35 PM Powwow Sweat: Diabetes Prevention Through Physical Activity** **Pavilion I-III**
- E-14 **Nikki Pitre**
[1 CNE contact hour/1 CPEU]
- The session provides an overview of the CDC REACH grant project and the Powwow Sweat program, launched by the "hñqhesnet" (it is our well-being). This unique, innovative, indigenized work-out approach combines powwow dancing and exercise. Beginning with the Coeur d'Alene Tribe, Powwow Sweat has spread internationally via social media and YouTube. The exercise is appropriate for elders, youth, and families of all shapes and sizes. A demonstration of the Powwow Sweat warm-up, cool-down, and a number of aerobic exercise dances will be provided.
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- 3:35 PM Traditional Healing Approaches for Diabetes** **Pavilion VI**
- E-19 **Allison Kelliher, MD**
[1 CME credit/1 CNE contact hour/1 CPEU]
- Although traditional medicine has a long history of importance and use in health maintenance and disease prevention and treatment in AI/AN communities, it is often underestimated as a part of health services. This session will provide an overview of the potential contributions of traditional lifeways and plant medicines in diabetes prevention and treatment. Appropriate integration of traditional medicine practices including foods, body movement, and body care will be discussed.
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- 3:35 PM SDPI Grant Close-Out** **Enchantment E-F**
- G-11 **Carmen Hardin, MSN, APRN / John Hoffman**
- This session provides an overview of SDPI grant closeout procedures and requirements.
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- 3:35 PM Nuts and Bolts: Applying for DSME Program Recognition (AADE & ADA) Part 1 of 2** **Enchantment C-D**
<https://ihs.adobeconnect.com/diabetes02/>
- E-16 **Jo Ellen a, RD, CDE / Jodi Lavin-Tompkins MSN, RN, CDE, BC-ADM**
[1 CNE contact hour/1 CPEU]
- To get the full benefit of this workshop, it is recommended to attend both part 1 and part 2. This session will provide an overview of the processes to apply for and maintain American Association of Diabetes Educators (AADE) accreditation and American Diabetes Association (ADA) recognition of diabetes self-management education and support (DSMES) services and a detailed look at the 2017 National Standards for DSMES. The discussion of the 2017 Standards will include information about key changes in 2017 along with a review of each standard and the interpretive guidance, AADE Essential Elements, ADA Indicators, and tools for effective application of the standards. ADA and AADE resources for assisting current and potential DSMES services in meeting and maintaining adherence to the revised standards will also be highlighted.

DAY TWO: Wednesday, September 20, 2017

- 4:40 PM Nuts and Bolts: Applying for DSME Program Recognition (AADE & ADA) Part 2 of 2** **Enchantment C-D**
<https://ihs.adobeconnect.com/diabetes02/>
- E-16 **Jo Ellen Condon, RD, CDE / Jodi Lavin-Tompkins MSN, RN, CDE, BC-ADM**
[1 CNE contact hour/1 CPEU]
- To get the full benefit of this workshop, it is recommended to attend both part 1 and part 2. This session will provide an overview of the processes to apply for and maintain American Association of Diabetes Educators (AADE) accreditation and American Diabetes Association (ADA) recognition of diabetes self-management education and support (DSMES) services and a detailed look at the 2017 National Standards for DSMES. The discussion of the 2017 Standards will include information about key changes in 2017 along with a review of each standard and the interpretive guidance, AADE Essential Elements, ADA Indicators, and tools for effective application of the standards. ADA and AADE resources for assisting current and potential DSMES services in meeting and maintaining adherence to the revised standards will also be highlighted.
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- 4:40 PM Evaluation and Treatment of Common Peripheral Neuropathies** **Pavilion IV-V**
<https://ihs.adobeconnect.com/diabetes01/>
- C-14 **George Comerci, Jr., MD, FACP**
[1 CME credit/1 CNE contact hour/1 CPEU]
- Diabetes is a leading cause of neuropathy, and neuropathy is a very common complication and source of morbidity and mortality in diabetes. This session will provide an overview of peripheral neuropathy, including clinical evaluation of peripheral neuropathy and treatment options for some of the most common peripheral neuropathies.
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- 4:40 PM The Diabetes - Periodontitis Interface** **Pavilion I-III**
- C-15 **Eric Jewell, DDS, MDS**
[1 CME credit/1 CNE contact hour/1 CPEU]
- The interrelation of diabetes and periodontal disease will be discussed including evidence linking severity of periodontal disease with severity of diabetes, common pathogenic mechanisms and pathways, and the effect of periodontal treatment on control of diabetes.
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- 4:40 PM What does our diabetes data mean and how can we use it? IHS Area Experts Answer** **Whyte Room**
- D-14 **Monica Giotta, MS, RDN, CDE / Nancy Haugen, CNP / Don Head / Erik Kakuska / Judy Thompson, PharmD, CDE**
[1 CME credit/1 CNE contact hour/1 CPEU]
- Diabetes data is an important tool for decision making, program planning, and evaluation. This presentation by experts from several IHS Areas will provide information about how diabetes programs can obtain, review, and use data from various sources. Information will be provided on resources, tools, and reports from different Areas that can be replicated and implemented.
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- 4:40 PM Advanced Features in the SDPI Outcomes System (SOS)** **Fiesta I-II**
- D-20 **Melanie Knight / Karen Sheff, MS**
[1 CNE contact hour/1 CPEU]
- The SOS is a web-based data system for SDPI Community-Directed Grant programs to report on their Required Key Measure (RKM) data. To help users understand how to ensure that their RKM health outcome data is accurate and how the SOS can be used for their benefit, this workshop will provide information about how RKM results are calculated and advanced SOS features. Discussion of the use of RKM results and reports for clinical and community health program planning, evaluation, and decision making will be included.
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- 4:40 PM Real World Experience in Managing the SDPI Community-Directed Grant** **Enchantment A-B**
- G-07 **Kristy Klinger, PharmD, BCPS, CDE / Shondra McCage, MPH / Nicky Teufel-Shone, PhD**
- Listen in on three successful SDPI grantees that GET IT - they understand and simplify the requirements of their SDPI grant.
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- 4:40 PM \$\$ Show Me the Money: Funding Opportunities for Indian Country** **Enchantment E-F**
- G-12 **Brenda A Broussard, MPH, MBA, RDN, CDE / Cecilia Butler, MS, RD, CDE**
[1 CNE contact hour/1 CPEU]
- \$\$ Show me the money! \$\$ This session will provide an overview of tools and resources for locating funding opportunities for your community. Key considerations for writing successful grant applications will be highlighted and a discussion of measured and documented health benefits from participating in grant programs will also be included.



AGENDA

DAY TWO: Wednesday, September 20, 2017

4:40 PM **Family Spirit Nurture: Adapting an Evidence-Based Home-Visiting Program to Address Obesity Risks Among American Indian Families** **Pavilion VI**

PA-07 **Marissa Begay / Nicole Neault, MPH**
[1 CME credit/1 CNE contact hour/1 CPEU]

Nurture is a new component of the Family Spirit Program which specifically addresses early childhood obesity risks among American Indian families. This session will provide an overview of the development and evaluation of the Family Spirit Nurture curriculum. The training will update knowledge of providers and caregivers, and is also designed with the intent of providing ideas for evidence based interventions, and resources and strategies for improving care.

5:40 PM **Dinner (on your own)**

6:30 PM **The Spirit of Diabetes and Transgenerational Trauma** **Grand Pavilion**

Keynote **Eduardo Duran, PhD**
K-04 [2 CME credits/2 CNE contact hours/2CPEUs]

A common belief in many Native communities is that everything you do has an impact on other generations, including both ancestors and descendants. This session provides discussion of diabetes from an archetypal/traditional perspective. The spirit of diabetes will be discussed as it relates to transgenerational trauma and grieving and healing in individuals and communities. Case materials highlighting indigenous perspectives and illustrating effective intervention concepts and strategies will be shared.

DAY THREE: Thursday, September 21, 2017

8:00 AM **Hyperglycemia in the Rural Clinic: When Is It An Emergency?** **Pavilion IV-V**

<https://ihs.adobeconnect.com/diabetes01/>

C-18 **Julien Naylor, MD, MPH**
[1 CME credit/1 CNE contact hour/ACPE 0600-0000-17-282-L04-P 1 hr/1 CPEU]

The session will focus on addressing the issue of hyperglycemia in the rural clinic. The etiology and complications of hyperglycemia will be reviewed. Clinical cases of hyperglycemia including a new diagnosis, persistent hyperglycemia, and acute illness with type 2 diabetes will be discussed. Discussion will include decision making steps for determining if the case may be addressed over a course of time, or if emergency steps must be taken to prevent bad outcomes.

8:00 AM **Diabetes and Depression** **Pavilion I - III**

C-19 **Darryl Tonemah, PhD**
[1 CME credit/1 CNE contact hour/1 CPEU]

This presentation will review evidence based information related to depression and diabetes, particularly in AI/AN people. The session will include discussion of screening for depression, and will also provide recommendations for non-behavioral health as well as, behavioral health professionals to use in following up patients with suspected or diagnosed depression.

8:00 AM **Raising the Bar: Using iCare Patient Management Tools for Effective Diabetes Care** **Fiesta Room I-II**

D-09 **Kristy Klinger, PharmD, BCPS, CDE / Judi Mather, RN, MBA**
[1 CNE contact hour/1 CPEU]

iCare is an RPMS software tool that facilitates quality health care by providing easy access to comprehensive patient information, including diabetes outcomes. Providers can use iCare as an improvement tool in their daily practice, to ensure that individuals and groups of patients receive the recommended care. This workshop will highlight practical features of iCare by expert users.

8:00 AM **You Can't Improve without a Goal: Setting SMART Goals** **Fiesta Room III-IV**

<https://ihs.adobeconnect.com/diabetes02/>

D-11 **Sue Steward, BSHA, ASRH, CHP-C / Luz Smeenk, MS, RD, LD**
[1 CNE contact hour/1 CPEU]

SMART goals are designed to provide structure and guidance throughout a project, helping programs identify what they want to accomplish. This workshop will provide guidance for developing and using SMART goals for improving diabetes outcomes in clinics and communities, including Required Key Measures (RKM) for SDPI Best Practices.

DAY THREE: Thursday, September 21, 2017**8:00 AM Advancing Health Equity: an Approach to Culturally Appropriate Prevention Enchantment A-B**

PA-06 **Melanie Plucinski, MPH**
[1 CME credit/1 CNE contact hour/1 CPEU]

American Indian populations are disproportionately impacted by obesity, which is a significant driver of chronic disease including diabetes, cancer, and heart disease. Mainstream approaches that aim to address obesity prevention are not effective for American Indians. Comprehensive, culturally tailored strategies are needed to address the epidemic of obesity-related illness. This session will provide an overview of the policy, systems and environmental (PSE) change strategies to improve nutrition related outcomes for American Indians developed and implemented by the American Indian Cancer Foundation. Strategies include: assessment of community readiness, community engagement to garner buy-in, facilitated conversations to identify health priorities, action planning sessions, technical assistance in drafting Tribal policy, and creation of culturally specific tools and support for formal presentation of policy initiatives to leadership. Success stories, tools and resources will also be shared.

8:00 AM SDPI Programs Heart Data Enchantment C-D

D-15 **Elizabeth Tressler, PharmD, BCACP, BC-ADM**
[1 CNE contact hour/1 CPEU]

Diabetes data is an important tool for SDPI programs; it can be used for decision making, program planning, evaluation, and much more. Some SDPI programs have developed extensive expertise in obtaining, reviewing, and using data from various sources. In this workshop, a data expert from one SDPI program will provide guidance for successfully using and sharing diabetes data.

8:00 AM Using Mobile Units/ Clinics for Healthy Native Communities Pavilion VI

E-06 **Constance C. Brushbreaker / Michelle Moran-Walking Elk, BA**
[1 CME credit/1 CNE contact hour/1 CPEU]

Mobile clinics are a unique opportunity for health systems to provide high-quality health care services to rural and often underserved communities. The Rosebud Reservation and the Cheyenne River Sioux Reservation mobile clinic services will be outlined. Information on patient satisfaction, improved access to care, improved care and outcomes, and challenges to provisions of care in a mobile setting will be provided. The importance of knowing and working directly with communities in planning and providing services will also be discussed.

8:00 AM Revitalizing the Use of Traditional Foods Whyte Room

E-12 **Sandra Ovah / Terri Honani**
[1 CNE contact hour/1 CPEU]

This session will provide an overview of the development and use of the Hopi Traditional Cookbook. The Cookbook was a result of the "Understanding Traditional Foods Security of Hopi Single Female Headed Households" research project. Revitalization of growing, harvesting, and using traditional foods will be addressed. Recognizing edible plants, and embracing the importance of our environment and the nourishment it provides will be emphasized.

8:00 AM Role of ADC's/Working with your ADC/ADC Support Enchantment E-F

G-08 **Michael Bryer-Ash, MD, FRCP(Lond.), FRCP(C)**

Learn how your ADC can help make your SDPI grant as easy as your ABCs

9:05 AM CVD Basics: What is cardiovascular disease and how do we talk about it with our patients? Pavilion IV-V

<https://ihs.adobeconnect.com/diabetes01/>

C-13 **Dena Wilson, MD, FACC**
[1 CME credit/1 CNE contact hour/1 CPEU]

Cardiovascular disease is a leading cause of mortality. There are many risk factors that increase the likelihood of developing CVD, diabetes among them. This workshop will provide an overview of the different facets of cardiovascular disease including diagnosis, treatment and risk factor modification.

9:05 AM Don't File that Audit Report Away Yet! Use Your Diabetes Audit for Improvement Activities Fiesta Room I-II

D-04 **Monica Giotta, MS, RDN, CDE / Carol Strasheim, BSN, RN**
[1 CNE contact hour/1 CPEU]

This workshop will provide guidance on using Diabetes Audit reports and graphs to identify areas for improvement and select an SDPI Best Practice. Barriers to measuring and achieving improvement goals will be discussed, along with solutions and examples – for both clinical and community programs.



AGENDA

DAY THREE: Thursday, September 21, 2017

9:05 AM **Informing and Empowering Patients with the IHS Personal Health Record**

Fiesta Room III-IV
<https://ihs.adobeconnect.com/diabetes02/>

D-17 **Chris Lamer, PharmD, MHS, BCPS, CDE**
[1 CME credit/1 CNE contact hour/1 CPEU]

The IHS PHR (Personal Health Record) provides patients with timely access to their own health information. This workshop will provide an overview of the features and benefits of the PHR. Guidance for using the PHR to inform, engage, and empower patients will be provided, along with strategies for encouraging them to review their PHR regularly.

9:05 AM **Healthy, Indigenous Foods Policy Work in the Lower Sioux Indian Community**

Enchantment A-B

E-04 **Stacy Hammer, RDN, LD**
[1 CNE contact hour/1 CPEU]

Learn how the Lower Sioux Indian Community's Health and Human Services Advisory Committee engaged the community and partnered with the American Indian Cancer Foundation and the Public Health Law Center to successfully pass the Honoring Little Crow Healthy Indigenous Food Initiative, a comprehensive and progressive Tribal community food system policy. Discussion of the value of collaboration and garnering community member support for policy change, and how these efforts are normalizing the conversation about food as a means of well-being across the community will be described.

9:05 AM **Eat. Do. Honor: Traditional Approaches to Diabetes Prevention Through Nutrition**

Enchantment C-D

E-13 **Vicki Tovey**
[1 CME credit/1 CNE contact hour/1 CPEU]

The qhest life, which translates to a "good, healthy, traditional way of life", is how the Coeur d'Alene Tribe, Benewah Medical and Wellness Center, is encouraging people to fight chronic disease. The qhest life campaign offers a culturally based, three-pronged approach to improving wellness: eat, do and honor. This session will provide an overview of the qhest life program, how it has been implemented and received in the community, and what the outcomes and accomplishments of the program have been. In addition, the workshop will include discussion of considerations for disease prevention and treatment.

9:05 AM **Real-World Experience: DSME Program Recognition**

Pavilion VI

E-17 **Kara Randall, RN, CDE / Dietrich T. Taylor, RN, CDE / Shondra McCage, MPH**
[1 CNE contact hour/1 CPEU]

This session will provide an overview of the DSME application process, including a discussion of real world issues and challenges programs face when applying for recognition.

9:05 AM **SDPI Grantee Website Resources**

Enchantment E-F

G-09 **John Hoffman / Melanie Knight**

Discover how to access SDPI grant resources available online and on demand 24/7.

9:05 AM **We R Native: Harnessing the Power of Social Media to Get Youth Moving**

Pavilion I-III

PA-05 **Stephanie Craig-Rushing, MD, MPH / Erik Kakuska**
[1 CME credit/1 CNE contact hour/1 CPEU]

We R Native is a national multimedia health resource for Native youth, run by the Northwest Portland Area Indian Health Board. This workshop will share strategies to promote physical activity using social media, including a new text message fitness challenge. Participants will leave with information about available AI/AN adolescent health promotion media campaigns, tools, resources, and ideas for incorporating their use back home.

9:05 AM **Collaborative Approaches: A Blue Print for Commercial Tobacco Prevention and Reduction in Indian Country**

Whyte Room

PA-08 **Alberta Becenti, MPH / Joe Law**
[1 CME credit/1 CNE contact hour/1 CPEU]

This workshop will describe how multiple stakeholders (Tribal, non-profit organization, federal, state) convened to share best/promising practices, share lessons learned, and discuss how collaborative partners developed a comprehensive blue print to promote commercial tobacco-free living while respecting the sacred use of traditional tobacco. The key strategies to prevent initiation of tobacco use, to reduce exposure to secondhand smoke, to increase access to cessation services, and how to get involve in combating tobacco use will also be discussed.

DAY THREE: Thursday, September 21, 2017

10:05 AM **Break**

10:20 AM Spirit Food: An Overview of the Decolonizing Diet Project and the Native Infusion Re-think Your Drink Campaign

Grand Pavilion
<https://ihs.adobeconnect.com/diabetes01/>

Plenary
P-08 **Martin Reinhardt, PhD / Valerie Segrest, BSN, MA**
[1 CME credit/1 CNE contact hour/1 CPEU]

This session provides background information, outcomes and extensions from the Decolonizing Diet Project (DDP) and the Native Infusion Re-think Your Drink Campaign. The DDP is a research-based initiative exploring the relationship between people and Indigenous foods of the Great Lakes Region. The DDP is concerned with multiple dimensions of the relationships between humans and Indigenous foods, including biological, cultural, and legal/political aspects. Native Infusion is a health education campaign and curriculum that encourages Tribal populations to put down sugary beverages and energy drinks and consume more ancestral beverages from smoothies to bone broths to water, our first medicine. Participants will be encouraged ways to promote healthier and indigenous diets and lifestyles as components of diabetes treatment and prevention programs.

11:20 AM Behavioral Health and Wellness

Grand Pavilion
<https://ihs.adobeconnect.com/diabetes01/>

Plenary
P-09 **Darryl Tonemah, PhD**
[1 CME credit/1 CNE contact hour/1 CPEU]

Diabetes is much more than a physical problem. An individual's beliefs about health, their family history, culture of origin, and beliefs about efficacy and change significantly determine outcomes of health behavior change. Behavioral health can play a large role in engaging patients with diabetes and working toward successful change.

12:20 PM **Lunch (on your own)**

POST-CONFERENCE WORKSHOPS: Thursday, September 21, 2017

1:00 PM Post-Conference Workshop: SDPI Grant Overview: Nuts & Bolts for Grantees

Grand Pavilion

Robert Tarwater / John Hoffman / Melanie Knight / Karen Sheff, MS / Ann Bullock, MD

Join DDTP and Division of Grants Management as we dive "head first" into the world of the SDPI grant and all that it entails.

1:00 PM Post-Conference Workshop: Indian Health Nutrition Workshop

Fiesta Room

Kelli Begay, MS, MBA, RDN / Patty Keane, MS, RDN / Diane Phillips, RDN, CDE / Ann Bullock, MD
[3 CPEUs]

This post conference workshop is planned for dietitians to engage in strategic thinking and planning to be nutrition advocates and agents of change locally and nationally. The session includes a combination of presentation and discussion to provide information on characteristics of successful Agents of Change to improve nutrition, nutrition care, and nutrition education in clinical and community settings.



Please join us for the Conference Reception and Poster Session Activities!

LIGHT HORS D'OEUVRES & REFRESHMENTS

Sponsored by
Choctaw Nation of Oklahoma

TUESDAY, SEPTEMBER 19TH



7:00 PM – 8:30 PM

Zuni Kya'na Dancers - Eagle Dance

Kya'na is a farming village located 15 miles southwest of Zuni Pueblo, in an area rich in Zuni history and culture. The Zuni Kya'na Dancers are from a family that has farmed there for generations. Dancing to old traditional Pueblo songs, the children will perform a contemporary version of the Zuni Eagle Dance. They are featured dancers annually at the Santa Fe Indian Market and throughout the Southwest.

Digital Story-Telling Film Fest

Hosted by Healthy Native Communities Partnership

Digital stories focused on diabetes, physical activity, nutrition and other health topics will be shown. Each digital story is 2-3 minutes long and will be aired in 15 minute sessions throughout the evening.

Poster Session

Ready to network? Join SDPI grantees as they share their program's successes, community accomplishments and innovative approaches to diabetes prevention and treatment.

Digital Photo Kiosk

This freestanding photo kiosk is a great opportunity to join with colleagues, teams and friends (old and new) for a memorable photo. All photos will be sent digitally via email, Facebook or text – your choice!

RECEPTION & POSTER SESSION

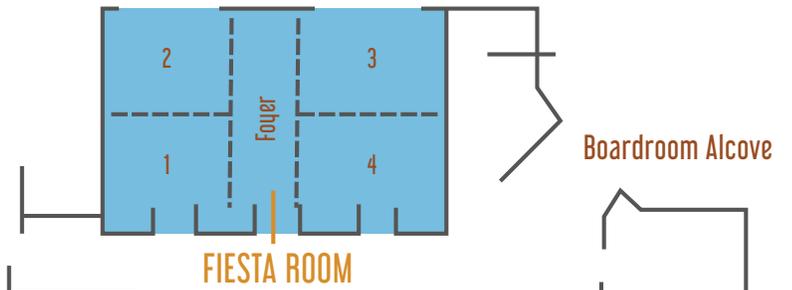
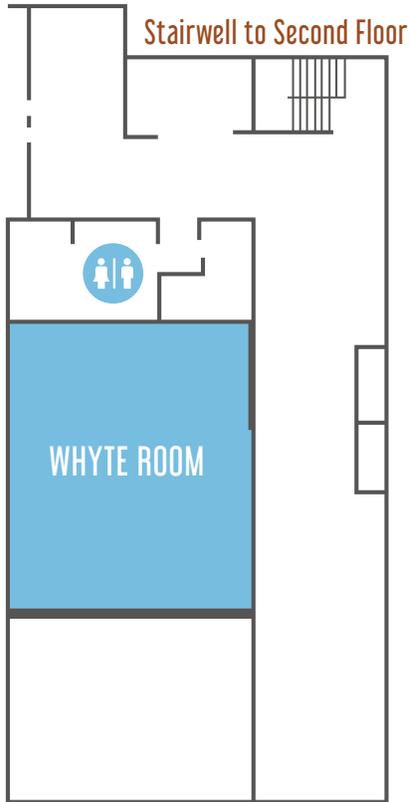
Grand Pavilion – Hyatt Regency Albuquerque

2017 Conference
Diabetes in Indian Country

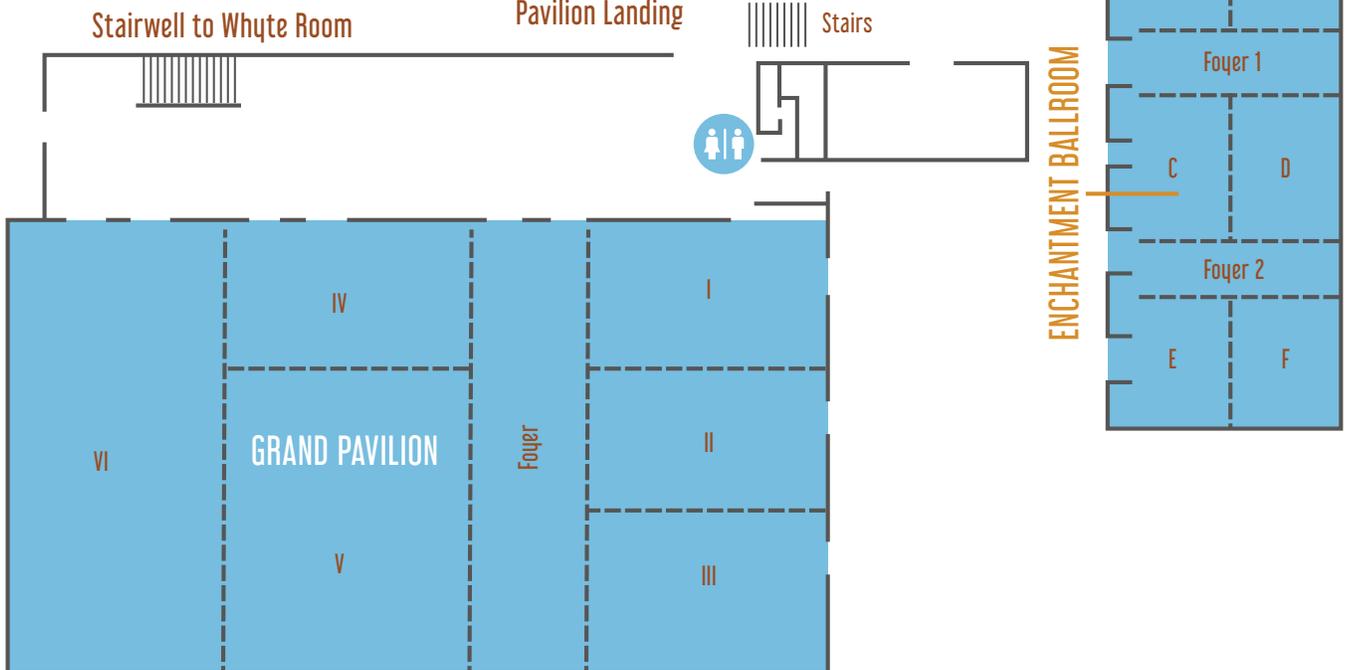
IHS & the Tribal Leaders Diabetes Committee
Welcome You to the Diabetes in Indian
Country Conference

Conference Map

FIRST FLOOR



SECOND FLOOR



Diabetes in Indian Country Conference – September 19-21, 2017 – Albuquerque, NM

Session Tracking Form

SESSION	Credit Type	Credit Hours Awarded	Check Sessions Attended
Monday, September 18, 2017			
Pre-Conference: Native PLAY (Physical and Lifelong Activity for Youth)	CNE/CPEU	6.00	
Tuesday, September 19, 2017			
Plenary: Diabetes in Indian Country: Overview (Virtual)	CME/CNE/CPEU	1.00	
Plenary: The Culture of Caring: Foundations for the Future of Native Community Health (Virtual)	CME/CNE/CPEU	1.00	
<i>CONCURRENT PLENARY SESSIONS (10:15 am – 11:15 am) – choose one:</i>			
Co-Plenary: Transformation of Diabetes Care over the 20 years of SDPI	CME/CNE/ACPE/CPEU	1.00	
Co-Plenary: Diabetes Education Overview: Critical Times to Assess, Provide, Adjust and Refer (Virtual)	CME/CNE/CPEU	1.00	
<i>CONCURRENT PLENARY SESSIONS (11:15 am – 12:15 pm) – choose one:</i>			
Co-Plenary: SDPI Forum	No Credit	0	
Co-Plenary: Improving Outcomes for People with Diabetes and Kidney Disease (Virtual)	CME/CNE/ACPE/CPEU	1.00	
<i>CONCURRENT SESSIONS (1:15 pm – 2:15 pm) – choose one:</i>			
Promoting Self- Management for Kidney Disease (Virtual)	CME/CNE/CPEU	1.00	
Always Getting Ready: Program Planning and Evaluation	CNE/CPEU	1.00	
Successful Case Management Models and Tools	CME/CNE/CPEU	1.00	
Community Health Work in Indian Country Through CHR/CHA Programs	CNE/CPEU	1.00	
Successful Coalition Building: Working Together to Improve Health and Wellness (Virtual)	CNE/CPEU	1.00	
DGM Carryover Requirements	No Credit	0	
Good Health and Wellness in Indian Country	CME/CNE/CPEU	1.00	
Native-led Solutions to Promote Healthy Weight Among Children	CME/CNE/CPEU	1.00	
Diabetes and Birth Control: What the Health Care Team Should Know	CME/CNE/ACPE/CPEU	1.00	
<i>CONCURRENT SESSIONS (2:20 pm – 3:20 pm) – choose one:</i>			
Pharmacologic Treatment of Patients with Diabetes	CME/CNE/ACPE/CPEU	1.00	
A Population Health Approach to Diabetes in the Young	CME/CNE/CPEU	1.00	
Documentation for Community Health Representatives	No Credit	0	
Telemedicine: Using Technology to Bring Quality Healthcare to Remote Locations	CME/CNE/CPEU	1.00	
Train the Trainer: Engaging Participants in Group Education Settings (Diabetes Prevention/Weight Loss) (Virtual)	CNE/CPEU	1.00	
DGM Carryover Requirements	No Credit	0	
SDPI Toolkits	No Credit	0	
NCAI T.R.A.I.L. Workshop: New Behavioral Health Curriculum Supplement	CME/CNE/CPEU	1.00	
Youth and Diabetes Prevention in Schools: Working Together for a Healthier Community (Virtual)	CNE/CPEU	1.00	
<i>CONCURRENT SESSIONS (3:35 pm – 4:35 pm) – choose one:</i>			
Cardiovascular Disease in Indian Country: A Real Life Approach (Virtual)	CME/CNE/ACPE/CPEU	1.00	
(Un)Sweet Dreams: Obstructive Sleep Apnea and Diabetes	CME/CNE/CPEU	1.00	
Non-Alcoholic Fatty Liver Disease (NAFLD) and Diabetes	CME/CNE/CPEU	1.00	
Sharing Qualitative Data Using Digital Storytelling	CNE/CPEU	1.00	
RPMS Magic: Tips and Tricks for Using DMS, iCare, and More	CNE/CPEU	1.00	
Diabetes Case Management: Helping People Get to Goals (Virtual)	CME/CNE/CPEU	1.00	
Tobacco Cessation Interventions in Indian Country	CME/CNE/CPEU	1.00	
“Moving The Needle” Overcoming Challenges of Implementing Education-based Best Practices	CNE/CPEU	1.00	
Nuts and Bolts of Conducting Diabetes Audits	CNE/CPEU	1.00	
4:40 pm Plenary: The SDPI Initiatives: Preventing Diabetes and It's Complications (Virtual)	CME/CNE/CPEU	1.00	
Wednesday, September 20, 2017			
Plenary: Keeping the Fires Lit: Self Care Tools & Techniques to Prevent Burnout (Virtual)	CME/CNE/CPEU	1.00	
Plenary: The CDC National Diabetes Prevention Program: Experiences and Outcomes Study (Virtual)	CME/CNE/CPEU	1.00	
Plenary: Adverse Childhood Experiences (ACEs) and Their Relationship to Adult Health & Diabetes (Virtual)	CME/CNE/CPEU	1.00	
Plenary: Early Life Intervention for Decreasing Diabetes Risk (Virtual)	CME/CNE/CPEU	1.00	
<i>CONCURRENT SESSIONS (1:15 pm – 2:15 pm) – choose one:</i>			
Strategies for Successful Identification and Management of Diabetes in Pregnancy	CME/CNE/CPEU	1.00	
Management of Obesity in the Prevention and Treatment of Diabetes Mellitus	CME/CNE/CPEU	1.00	
Case Studies on Management of Complex Patients (Virtual)	CME/CNE/CPEU	1.00	
GPRA/CRS Tools: On Demand Clinical Measures Reports for Daily Improvement Work	CME/CNE/CPEU	1.00	
Audit Power Tools: Understanding and Using Reports and Graphs	CNE/CPEU	1.00	
Health Literacy: An Issue with Consequences	CME/CNE/CPEU	1.00	
Engaging Patients for Medication Adherence	CME/CNE/ACPE/CPEU	1.00	
Overview of the National Diabetes Prevention Program and the CDC DPRP (Virtual)	CNE/CPEU	1.00	
DGM Writing the Budget	No Credit	0	

SESSION	Credit Type	Credit Hours Awarded	Check Sessions Attended
<i>CONCURRENT SESSIONS (2:20 pm – 3:20 pm) – choose one:</i>			
Preventing Avoidable Vision Loss from Diabetic Retinopathy in Indian Country	CME/CNE/CPEU	1.00	
Foot Care Screening and Detection: Preventing Foot Complications in People with Diabetes (Virtual)	CME/CNE/CPEU	1.00	
GPRA for Program Management: Introduction to Measures, Tools, and Reports	CNE/CPEU	1.00	
Making the Case: Sharing Diabetes Data with Tribal Leaders and Other Stakeholders	CME/CNE/CPEU	1.00	
Advancing Public Health in Indian Country: Tribal Epi Centers	CNE/CPEU	1.00	
Shared Medical Visits: A Great Option for Diabetes Care	CNE/CPEU	1.00	
CDC Recognized Diabetes Prevention Programs in Indian Country: Lessons Learned (Virtual)	CNE/CPEU	1.00	
“Getting Some R&R” - Innovative Approaches to Recruiting and Retaining Patients and Staff	CNE/CPEU	1.00	
SDPI Reporting Requirements	No Credit	0	
<i>CONCURRENT SESSIONS (3:35 pm – 4:35 pm) – choose one:</i>			
Foot Care Intervention: Preventing Foot Complications in People with Diabetes (Virtual)	CME/CNE/CPEU	1.00	
New Technologies for Treatment of Type 1 Diabetes	CME/CNE/ACPE/CPEU	1.00	
Outside the RPMS Box: Using non-RPMS Systems for Diabetes Data	CNE/CPEU	1.00	
SDPI Outcomes System (SOS) Basics	CNE/CPEU	1.00	
Community Outreach and Patient Empowerment & the Navajo Fruit and Vegetable Prescription Program	CME/CNE/CPEU	1.00	
Powwow Sweat: Diabetes Prevention Through Physical Activity	CNE/CPEU	1.00	
Traditional Healing Approach to Diabetes	CME/CNE/CPEU	1.00	
SDPI Grant Close-Out	No Credit	0	
Nuts and Bolts: Applying for DSME Program Recognition (AADE & ADA) Part 1 (Virtual)	CNE/CPEU	1.00	
<i>CONCURRENT SESSIONS (4:40 pm – 5:40 pm) – choose one:</i>			
Nuts and Bolts: Applying for DSME Program Recognition (AADE & ADA) Part 2 (Virtual)	CNE/CPEU	1.00	
The Diabetes - Periodontitis Interface	CME/CNE/CPEU	1.00	
What does our diabetes data mean and how can we use it? IHS Area Experts Answer	CME/CNE/CPEU	1.00	
Advanced Features in the SDPI Outcomes System (SOS)	CNE/CPEU	1.00	
Evaluation and Treatment of Common Peripheral Neuropathies (Virtual)	CME/CNE/CPEU	1.00	
Real World Experience in Managing the SDPI Community-Directed Grant	No Credit	0	
\$\$ Show Me the Money: Funding Opportunities for Indian Country	CNE/CPEU	1.00	
Family Spirit Nurture: Adapting an Evidence-Based Home-Visiting Program to Address Obesity Risks	CME/CNE/CPEU	1.00	
6:30 pm Plenary: The Spirit of Diabetes and Transgenerational Trauma	CME/CNE/CPEU	2.00	
Thursday, September 21, 2017			
<i>CONCURRENT SESSIONS (8:00 am – 9:00 am) – choose one:</i>			
Hyperglycemia in the Rural Clinic: When Is It An Emergency? (Virtual)	CME/CNE/ACPE/CPEU	1.00	
Diabetes and Depression	CME/CNE/CPEU	1.00	
Raising the Bar: Using iCare Patient Management Tools for Effective Diabetes Care	CNE/CPEU	1.00	
You Can't Improve Without a Goal: Setting SMART Goals (Virtual)	CNE/CPEU	1.00	
Advancing Health Equity: An Approach to Culturally Appropriate Prevention	CME/CNE/CPEU	1.00	
SDPI Programs Heart Data	CNE/CPEU	1.00	
Using Mobile Units/Clinics for Healthy Native Communities	CME/CNE/CPEU	1.00	
Revitalizing the Use of Traditional Foods	CNE/CPEU	1.00	
Role of ADC's/Working with your ADC/ADC Support	No Credit	0	
<i>CONCURRENT SESSIONS (9:05 am – 10:05 am) – choose one:</i>			
CVD Basics: What is cardiovascular disease and how do we talk about it with our patients? (Virtual)	CME/CNE/CPEU	1.00	
Don't File that Audit Report Away Yet! Use Your Diabetes Audit for Improvement Activities	CNE/CPEU	1.00	
Informing and Empowering Patients with the IHS Personal Health Record (Virtual)	CME/CNE/CPEU	1.00	
Healthy, Indigenous Foods Policy Work in the Lower Sioux Indian Community	CNE/CPEU	1.00	
Eat. Do. Honor: Traditional Approaches to Diabetes Prevention Through Nutrition	CME/CNE/CPEU	1.00	
Real-World Experience: DSME Program Recognition	CNE/CPEU	1.00	
SDPI Grantee Website Resources	No Credit	0	
We R Native: Harnessing the Power of Social Media to Get Youth Moving	CME/CNE/CPEU	1.00	
Collaborative Approaches: A Blue Print for Commercial Tobacco Prevention and Reduction in Indian Country	CME/CNE/CPEU	1.00	
10:20 am Plenary: Spirit Food: An Overview of the Decolonizing Diet Project/Native Infusion Re-think Your Drink (Virtual)	CME/CNE/CPEU	1.00	
11:20 am Plenary: Behavioral Health and Wellness (Virtual)	CME/CNE/CPEU	1.00	
1:00 pm Post-Conference: SDPI Grant Overview: Nuts & Bolts for Grantees	No Credit	0	
1:00 pm Post-Conference: Indian Health Nutrition Workshop	CPEU	3.00	

- Use this form to track the presentations you attend. Please note the type of credit awarded for each session.
- You will need this tracking form to help you complete the on-line Conference Evaluation and CE request. Keep this handy.
- Live presentations offered via Adobe Connect are designated as (Virtual).

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NPAIHB

Indian Leadership for Indian Health

Post Conference Workshops

Join us for either the SDPI Grant Overview or the Indian Health Nutrition Meeting!

Two POST Conference Workshops
Thursday, September 21st
From 1:00 - 4:00pm

Sign Up Now:

www.surveymonkey.com/r/QCLMXWG

1. SDPI Grant Overview: Nuts & Bolts for Grantees

Presented by: IHS Division of Diabetes and
IHS Division of Grants Management

Where: Hyatt Regency Albuquerque (Grand Pavilion IV-V)

Intended Audience: SDPI Grant Program Staff
Will NOT offer CME/CPEU/CE credits

2. Indian Health Nutrition Meeting

Presented by: IHS Division of Diabetes

Where: Hyatt Regency Albuquerque (Fiesta I-II)

Intended Audience: Nutrition professionals serving Native communities
✓ Earn CPEU credit (for RDN/RDs)

Everyone is invited to stay after the conference for additional networking and training. For planning purposes, please let us know you're coming. However, sign up is not required.