



You are pregnant and unsure what you want to do. If it is still early in the pregnancy, you have three choices: keep the baby, have an abortion, or plan an adoption. It is important to talk with a counselor about your choice.

Keeping the baby is:

- Accepting at least 18 years of responsibility for a child
- Giving up your freedom in order to meet your child's needs
- Changing your social life, your sleep patterns, and your daily schedule
- Having patience and love to deal with the 24-hour-a-day needs of your baby
- Adjusting both your education and career goals with your baby in mind

Abortion is:

- Ending the pregnancy
- Having an outpatient surgical procedure, done early in the pregnancy
- Going through both physical and emotional changes after the procedure
- A decision that you may feel both relieved and sad about

Adoption is:

- A loving but difficult choice that means giving birth without parenting
- Choosing between two types of adoption
- Going through both physical and emotional changes before and after the adoption
- A decision that you may feel both relieved and sad about

Open adoption means:

- Choosing the family, meeting them, and maybe spending time with them
- Perhaps having the family help you with medical care and other needs
- Continuing contact with them after the baby is born if you desire

Closed/private adoption means:

- Not meeting the family who adopts the baby
- Perhaps having the family help you with medical care and other needs
- Not having ongoing contact with them or the baby