



What to watch for:

If your baby is less than 3 months old, here's what to watch for when your baby seems ill.

Call your health care provider right away if:

- Your baby's temperature is 100.4°F or more. Take your baby's temperature by the rectum. Ask how to use a thermometer if you do not know how.
- Your baby skips 2 feedings in a row
- Your baby throws up with force, so that the vomit shoots out
- Your baby throws up more than just "spitting up" after he or she eats

Call right away when your baby has diarrhea:

- If your baby's stools (poop) are not normal
- If your baby has loose or watery stools
- If your baby's stools have a very bad odor
- If there is blood or mucus in the stools or urine

Call right away if:

- Your baby does not wet at least 4 to 6 diapers every 24 hours
- Your baby cries more than normal and you cannot comfort or stop your baby
- Your baby does not seem as alert as normal or sleeps more than usual
- Your baby seems weak or floppy
- Your baby does not cry as loudly as you are used to

Call right away if:

- Your baby's skin or eyes are yellow
- Your baby has a purple rash that does not lighten when you press it



Call 911:

- If your baby has trouble getting air in and out
- If your baby's skin is turning blue
- If your baby is choking

Write your address and phone number near the phone. That way you or your baby's caregiver can read it to the 911 operator.