

FOR PREGNANCY

Links to Teaching Tools and Information

(November '17)

Pregnant Women

Food Safety for Moms-To-Be: <http://www.fda.gov/Food/ResourcesForYou/HealthEducators/ucm081785.htm> (*)

Pregnancy Registries: <https://www.fda.gov/pregnancyregistries>

Pregnant Women: www.fda.gov/pregnancy

Text 4 Baby: <https://text4baby.org/>

General Topics

Consumer Page: <http://www.fda.gov/ForConsumers/default.htm>

FDA youtube: <https://www.youtube.com/user/USFoodandDrugAdmin>

Health Educators: <http://www.fda.gov/Food/ResourcesForYou/HealthEducators/default.htm> (*)

Recalls, Market Withdrawals, & Safety Alerts: <http://www.fda.gov/Safety/Recalls/default.htm>
Sign up for recall notifications

Children: <http://www.fda.gov/ForConsumers/ConsumerUpdates/ucm047364.htm>

Food Safety

Food Allergies: <http://www.fda.gov/Food/IngredientsPackagingLabeling/FoodAllergens/default.htm>

Fight Bac!™ Curriculum and Campaigns [K-3, 4-8, 9-12]: <http://www.fightbac.org/kids> (*)

USDA Food Safety Fact Sheets: <http://www.fsis.usda.gov/wps/portal/fsis/topics/food-safety-education/get-answers/food-safety-fact-sheets>

Minority Health: <http://www.fda.gov/forconsumers/byaudience/minorityhealth/default.htm>

Nutrition and Exercise

Choose My Plate: <http://www.choosemyplate.gov> (*)

Eat Healthy: Be Active: <http://www.health.gov/dietaryguidelines/workshops/>

NIH Portion Distortion <http://www.nhlbi.nih.gov/health/educational/wecan/eat-right/portion-distortion.htm>
powerpoint to illustrate increased portion size (*)

Nutrition Facts Label and Materials:

<http://www.fda.gov/Food/IngredientsPackagingLabeling/LabelingNutrition/ucm20026097.htm>

Drugs and Safety

Clinical Trials: www.clinicaltrials.gov &

<http://www.fda.gov/ForConsumers/ByAudience/MinorityHealth/ucm472295.htm>

Drug labels: <http://www.accessdata.fda.gov/scripts/cder/drugsatfda/index.cfm>

FDA Drug Information: <http://www.fda.gov/Drugs/ResourcesForYou/Consumers/ucm296593.htm>

<http://www.fda.gov/Drugs/ResourcesForYou/ucm079529.htm> (PowerPoints, Posters, PSAs, Brochures)

FDA Drug Safety Podcasts: <http://www.fda.gov/Drugs/DrugSafety/DrugSafetyPodcasts/default.htm>

Medicines in My Home:

<http://www.fda.gov/Drugs/ResourcesForYou/Consumers/BuyingUsingMedicineSafely/UnderstandingOver-the-CounterMedicines/ucm092139.htm> - teacher's kit for safe use of over-the-counter medicines (*)

MedWatch: <http://www.fda.gov/Safety/MedWatch/default.htm> - to report adverse reactions from FDA-regulated products & receive information on emerging drug issues

Patient Network: <http://www.fda.gov/forpatients/default.htm>

Pill Identification: <http://rpillbox.nlm.nih.gov/index.html>

Safe Medication Use:

<http://www.fda.gov/ForConsumers/ByAudience/ForWomen/TakeTimetoCareProgram/ucm116695.htm>

<http://www.fda.gov/ForConsumers/ByAudience/ForWomen/ucm269846.htm> (Spanish language) (*)

Dietary Supplements

General: <http://www.fda.gov/food/dietarysupplements/default.htm>

Research database: http://ods.od.nih.gov/research/cards_database.aspx

NIH (Medline Plus): nccam.nih.gov & <https://ods.od.nih.gov/HealthInformation/healthprofessional.aspx>

RX-Supplement Interactions: <http://www.pharmacy.ca.gov/publications/herbals.pdf>

Health Fraud

Health Scams: www.fda.gov/healthfraud

To report fraud: <http://www.fda.gov/Safety/ReportaProblem/ucm059315.htm>

Tobacco Education: <http://www.fda.gov/TobaccoProducts/PublicHealthEducation/default.htm>

Women: www.fda.gov/womens

Order Publications/E-mail Updates

Drug Safety: <http://www.fda.gov/Drugs/ResourcesForYou/Consumers/ucm297002.htm>

Food Safety/Nutrition: <http://www.fda.gov/downloads/Food/ResourcesForYou/UCM222258.pdf>

Women's Health: <http://www.fda.gov/ForConsumers/ByAudience/ForWomen/FreePublications/default.htm>

E-mail Updates: <http://www.fda.gov/AboutFDA/ContactFDA/StayInformed/GetEmailUpdates/default.htm>

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