



Sharing different regional models on Couple and Family Psychoanalysis

May 16th 2021 Zoom Webinar

Along 2020/2021 COFAP, the Couple and Family Psychoanalysis Committee in Latin America has been organizing meetings with Latin American representatives and guests from regional societies to learn about different models beyond our borders. This event was part of the series of meetings we have already organized. The event evolves from what COFAP overall and especially LAM has been doing for the last years, spreading our knowledge and encouraging awareness about other models and approaches to couple and family treatment within the IPA regions, beyond the limits that language barriers always create.

On this occasion we had Dr David Scharff from DC, the overall COFAP Chair presenting “Object Relations Family and Couple Therapy”.

Attendees: The audience was compounded by representatives from the Latin America IPA societies and their 3-4 guests, since we were interested at this point to keep the dynamics of small group discussion. We had around 40 analysts from different LA countries participating, and we received a deep appreciation of what this meeting meant.

Dr Scharff's main Remarks:

- ◆ The Family is a System of Sets of Relationships, which function in ways unique to that family during developmental phases of individuals and family. Noted by psychoanalytic family & couple therapist who attends to the family system as its members relate to each other and as a group relate to the therapist. Family/couple interaction repeats patterns embodying old ways of feeling and behaving rooted in earlier experience with each other and with families of origin.
- ◆ Dr Scharff referred to the fundamentals of his model, the influence of Bion, Foulkes, Pichon Riviere, Klein, Winnicott, Dicks and mainly Fairbairn, as well as his own contributions to the field; he also mentioned technique aspects such as transference and countertransference.
- ◆ The presentation included a clinical case.

Questions from the audience helped to deepen into same name for concepts that can be understood differently as they stem from different theoretical backgrounds. This was a really live exchange of the diversity in our field when presenting models and clinical work.

As we had simultaneous translation, the attendees could follow the case and intervene with questions and comments.

Capsa funds allowed simultaneous translation which helped the audience to engage in a fruitful and live exchange, getting to know more in depth a model such as Object relations that is not so well known in our region.

We wish to reiterate our thanks to Capsa for the funds granted which greatly cooperated with the success of our meeting.



The image shows a Zoom meeting interface. The top window displays a grid of 24 participants in a 4x6 layout. The bottom window shows a slide titled "Family Therapy with Children" with a bulleted list of topics. The slide content is as follows:

Family Therapy with Children

- ◆ Developmental Approach
- ◆ Uses Child Therapy Technique & Process
- ◆ Techniques for Communication with Child in the Family
 - Play
 - Working in the displacement of play
 - Sense of humor
 - Use of children's play to interpret to adults & whole family

The Zoom interface includes a recording indicator, a participant list, and a bottom control bar with options like Mute, Stop Video, Security, Participants (38), Chat, Share Screen, Pause/Stop Recording, Spanish, Reactions, and More. The system tray shows the time as 12:33 and 11:32 on 16/5/2021.



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