



**Sikh  
Youth  
Australia**



# **Melbourne Leadership Development Program: Take Charge!**

**For young professionals (18 years and above)**

**Saturday 20<sup>th</sup> August - Sunday 21<sup>st</sup> August 2011**

9am - 5pm each day (registration 8am Saturday 20<sup>th</sup> August 2011)

Closing date for enrolments

Friday 12<sup>th</sup> August 2011

RMIT University

Emily McPherson Building

(Enter via Russell St Cnr Victoria St)

**\$110 per person**

**Register and pay online at [www.sikhyouthaustralia.com](http://www.sikhyouthaustralia.com)**

Perform at your peak, gain financial and emotional freedom, attain self confidence and win the cooperation of others.

This program will help you formulate and achieve your goals using positive, success-orientated methods. A tested and proven course developed for over 20 years.

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**For further information**

Sarbjoth Kaur Veriah  
Calvinder Singh Gill

0400 777 822  
0431 403 339

# Facilitator

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## Dr. Sarjit Sidhu

- Dr. Sarjit Singh Sidhu PhD is the Managing Director / Principal Consultant of Quantum Achievers Academy (Malaysia). He is a dynamic and interactive trainer & speaker, having conducted courses all over Asia in the corporate sphere.
- Dr. Sarjit holds a PhD in NLP and Hypnotherapy from the American Board of Professional & Ethical Standards, and has an MBA in Training & HRD from Newport University, USA.
- Dr. Sarjit conducts high energy workshops using cutting edge adult training strategies which include **NLP, Time Line Therapy, Transactional Analysis and EFT (Emotional Freedom Technique)**.
- **Take Charge!** is Dr Sarjit's signature program - designed to push the participants beyond their inner barriers and unleash their potential from within.
- Companies which have benefited from Dr Sarjit's **Take Charge!** program include Motorola, Siemens, Accenture, Agilent and Hilton Hotels.



## Guest Speaker

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### Vicki Cardwell BEM

- Former World Number 1 Squash Champion, winning the World Open in 1983, and capturing the British Open title four consecutive times between 1980 and 1983.
- Inducted into the Australian Sport Hall of Fame and the Squash Australia Hall of Fame, after a long career as a leading Australian squash player from the late 1970's through to the 1990's.

Vicki will be sharing her insight and tips on how to perform at your peak, strive to be the best and motivate yourself to set goals to stay physically and mentally competitive for many years.



## Program Details

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### Day One

- Unleashing your Potential from Within
- Everyone Communicates but Few Connect
- Change your Perceptions & Change your Reality
- Success & Fulfillment
  - Achieving Work-Life Balance
- Breaking Through Inner Limiting Thoughts
- Surfing Stress & Weaving Happiness
- Navigating your Life

### Day Two

- Motivating & Coaching for Team Excellence
- Managing Change in your Work & Personal Life
- Being the Agent of Change
  - Be More Do More
- Crucial Confrontation Skills & Dealing with Difficult People
- Passion for Excellence

# Take Charge!

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For 7 years, Sikh Youth Australia has run highly successful Sikh leadership development programs in Sydney with the aim of inspiring and developing our young adults to achieve excellence and success in their career and lives. In 2011 SYA will be bringing its first leadership development program to Melbourne – **Take Charge!**

Achieving what you want in life means doing what it takes - not just now and then - but every day.

Unfortunately, most people WAIT for things to happen or WONDER “what happened?”. Only a few select people have learnt now to take charge and MAKE things happen.

**Take Charge!** teaches you the empowering techniques used by corporate leaders, world class athletes and successful entrepreneurs all around the world to focus on and achieve their goals. You will learn how to extinguish limiting attitudes, release your potential, and instill habits of success.

This program is designed exclusively for young Sikh adults who desire the self discipline and motivation to take charge and achieve success in all aspects of their lives.

Participants can expect two intensive days of skills demonstration, multimedia presentations, group discussions, role-plays and various other interactive modules.



## Program Benefits

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### How do you learn the path to success?

- Understanding the relationships between attitude, passion and success.
- Being in control of the way you think gives you the power to change the way you live your life.
- Realising the steps involved in creating a strong commitment to your goal.
- Acquiring the right tools and applying a strategy for personal success.
- Learning how to reprogram your own thoughts and behaviours.

# Testimonials

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Over 120 young Sikh professionals and University students attend the Sydney leadership programs each year. Here are samples of feedback received:

“The SYA leadership program is a valuable means to discovering how you think and realise that a situation can be approached in several ways. The sessions were practical and many engaging discussions were had throughout the weekend”

Harpreet Kaur, 25

“The leadership program provides a comfortable setting to have the opportunity to learn and interact with the speakers who were very experienced and approachable”

Navdeep Singh, 26

“The amazing thing about the SYA leadership programs is that I can apply what I learnt as soon as I go back to University or work”

Amarjit Kaur, 22



## Program Cost

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Similar programs conducted in the corporate arena range from \$1500 to \$2500 per person.

Through the kind sewa of the facilitators and contributors, SYA is able to offer this 2 day program to young Sikh adults at a tremendously **discounted price of \$110 – inclusive of meals and course material.**

**Don't miss out on this unique opportunity – Places are strictly limited!**

**Secure your spot by registering at [www.sikhyouthaustralia.com](http://www.sikhyouthaustralia.com) before 12<sup>th</sup> August 2011**

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This program has been kindly supported by:



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