2019 COMPLETE SCHEDULE OF SESSIONS

Photo courtesy of Brad Edelman

150 Faculty & Sessions • 4 Days
art • dance • music • drama • writing • play • sandplay

HOW TO NAVIGATE THE DAILY SCHEDULE

FOR THE DAILY PROGRAM
CLICK ON A DAY TAB BELOW
TO SEE THAT DAY’S SESSIONS

Need to See it Offline? Click Below for a PDF

2019 Full Schedule (2-25) • 2019 Sessions - Titles only (2-25)

EDUCATORS & ARTS PROFESSIONALS — Click Here for Sessions

SOULCOLLAGE® FACILITATOR TRAINING
Use this special link to register for this 4-day course
Please note that registration for this special training closes 3-14

PLEASE NOTE
To Hide or Display Session Descriptions
Click on the [+] or [-] located just above the tabs
Thursday, 03/28/19

Thursday Morning Plenary

Awakening to the Untarnished Self: Helping Alienated Youth Embrace Their Unique Identity
Faculty Bio(s): Akuyoe Graham

Two-Day Intensive - Thursday

Social Emotional Arts on a Shoestring for Individuals & Groups in Any Setting - Day 1
Faculty Bio(s): Ping Ho, Mimi Savage

Two-Day Training - Thursday

Diagnostic Drawing Series Training: 35 Years of Assessment Through Art - Day 1
Faculty Bio(s): Kathryn Johnson

Thursday Master Classes

Attachment-Based Play Therapy for Emotional, Behavioral & Sensory Challenges
Faculty Bio(s): Tammi Van Hollander

Complicated Grief, Collage & Trauma Theory: An Artful Integration
Faculty Bio(s): Peggy Kolodny, Sharon Strouse

Focusing & Art Therapy: Accessing Body Wisdom Through Creative Expression
Faculty Bio(s): Elizabeth Baring

Hypnosis for Enhancing Creative Self-Expression in Treatment
Faculty Bio(s): Sean Sterling

Improvisational Movement & Somatic Psychotherapy for Healing Anxiety, Depression & Trauma
Faculty Bio(s): Katrina Curry

Suicide Prevention & Assessment Across the Life Span for Play Therapists & Clinicians
Faculty Bio(s): Leslie Baker, Mary Ruth Cross

Symbolic Use of Sandplay Miniatures for Healing & Transformation

The Power of SoulCollage®: Combining Images & Journaling to Reflect Your Life Story
Faculty Bio(s): Kat Kirby

The Write Way to Health: Evidence-Based Expressive Writing Approaches for Clinical
### Thursday Morning Workshops

<table>
<thead>
<tr>
<th>Title</th>
<th>Faculty Bio(s)</th>
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<tbody>
<tr>
<td>Aromatherapy &amp; Movement Inspired Watercolor Meditation: &quot;Sensational&quot; Stress Relief</td>
<td>Julia Vishnepolsky</td>
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<tr>
<td>Dream Medicine &amp; Art in Psychotherapy: Techniques from Shamanic Practice</td>
<td>Jennifer Allen</td>
</tr>
<tr>
<td>Healing Ancestral Trauma with Community Art &amp; Movement: Reweaving Our Roots</td>
<td>Oceana Blueskies, Ziska Garcia</td>
</tr>
<tr>
<td>Managing Big Feelings &amp; Behaviors in Kids Through the Arts</td>
<td>Erica Curtis</td>
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<tr>
<td>Neuroplasticity, Dance/Movement Therapy &amp; Alzheimer's Disease</td>
<td>Lora Wilson</td>
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<tr>
<td>Playback Theatre: Improv for Clinical Settings and Community Cohesion</td>
<td>Danielle Levanas</td>
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<tr>
<td>Song Circle: Voice, Movement, Expression &amp; Empowerment in Community</td>
<td>Patrisha Thomson</td>
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### Thursday Lunch Buffet

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<th>Lunch Buffet in the Cafe</th>
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<td>Hilton Cafe - Lobby Level</td>
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### Thursday Lunch & Learns

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<thead>
<tr>
<th>Playback Theatre Live Demo</th>
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<tr>
<td>Faculty Bio(s): Danielle Levanas</td>
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### Thursday Afternoon Workshops

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<tr>
<th>Title</th>
<th>Faculty Bio(s)</th>
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<tbody>
<tr>
<td>Alleviating Death Anxiety and Finding Closure Through Art, Music, Drama &amp; Storytelling</td>
<td>Patricia Jauchler</td>
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<tr>
<td>Art-Based Anger Management Approaches for Clients of All Ages</td>
<td>Erica Curtis</td>
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<tr>
<td>Cognitive Behavioral Therapy in Action: Applied Improvisation for Social Anxiety Disorder Groups</td>
<td>Neal King</td>
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<tr>
<td>Empowerment-Based Creative Practices with Older Adults at All Levels of Care</td>
<td>Erin Partridge</td>
</tr>
</tbody>
</table>
Enhanced Empathy for Improved Connection: An Embodied Approach Incorporating Siegel's COAL Model  
Faculty Bio(s): Chelsea Horton

Family Art Time: Recipes for Connection  
Faculty Bio(s): Jessica Bianchi,  
                Amber Cromwell

Making Messy Art: The Power of Paint and Mixed Media for All Ages, Abilities & Settings  
Faculty Bio(s): Elizabeth Dewjee,  
                Erika Mayer

Poetry for All Populations and Settings: Clinical Applications for Growth & Transformation  
Faculty Bio(s): Robert Carroll

Thursday Evening Workshops

Assessing Differential Outcomes of Expressive Arts Interventions: A Practical Model  
Faculty Bio(s): Summer Lall,  
                Akilah Watts

Character Development for Teaching Empathy and Building Community  
Faculty Bio(s): Diana Rivera

Diversity & Ethics Essentials for Establishing and Sustaining a Therapeutic Alliance  
Faculty Bio(s): Sana Loue

Drumming Into Stillness: Rhythmic Improvisation Meets Sensory-Based Mindful Meditation  
Faculty Bio(s): Marilyn McLaughlin

Making Vision Books for Setting Intentions with Teens and Adults  
Faculty Bio(s): Kim Selbert

Stressbusting: Writing Through Troubled Times  
Faculty Bio(s): Kay Adams

Friday, 03/29/19

Friday Morning Community Wake-Up

Liquid Flow: Moving Mind, Body & Spirit in Community  
Faculty Bio(s): Aleta Hayes

Friday Morning Plenary

Music Medicine: Four Keys to Self-Care  
Faculty Bio(s): Christine Stevens

Two-Day Intensive - Friday

Social Emotional Arts on a Shoestring for Individuals & Groups in Any Setting - Day 2
Faculty Bio(s): Kathy Cass, Ping Ho, Karen Howard

Two-Day Training - Friday

Diagnostic Drawing Series Training: 35 Years of Assessment Through Art - Day 2
Faculty Bio(s): Kathryn Johnson

Friday Master Classes

Altered Books: Revising Narratives, Revealing Strengths
Faculty Bio(s): Kat Kirby

Discovering Dream Wisdom: An Exploration Through Art & Journaling
Faculty Bio(s): Nancy Weiss

Diversity: Deepening the Creative Collective Exchange
Faculty Bio(s): Denise Boston, Ernesto Colin, Maria Gonzalez-Blue, Diana Jordan, Shelly Tochluk

IFS & Art Therapy: Introducing the Creative Journey Through Collage and Clay
Faculty Bio(s): Peggy Kolodny, Salicia Mazero

Uncovering Unconscious Resistance: Navigating Change Through Movement
Faculty Bio(s): Amber Elizabeth Gray, Sharon Weil

Friday Morning Workshops

Art Therapy Toolkit: Facilitating Sensation, Emotion & Transformation
Faculty Bio(s): Michael Franklin

Bodymap Process: A Somatic Art Intervention for Healing What the Body Holds
Faculty Bio(s): Darcy Lubbers, Einat Metzl

Creative Rituals for Processing Grief & Celebrating Life
Faculty Bio(s): Karen Howard, Gabrielle Kaufman, Jennie Linthorst

Drumming for Clinicians: Strengthening Alliances, Clinical Goals, Affect Regulation & More
Faculty Bio(s): Daniel Walsh

Introduction to TraumaPlay℠: Flexibly-Structured Sand, Clay & Art for Children and Teens
Faculty Bio(s): Paris Goodyear-Brown

Managing Digital Dangers & Online Overuse: Facilitating Healthy Tech Habits Through Play Therapy
Faculty Bio(s): Leslie Baker, Mary Ruth Cross

Puppet Work & Storytelling: A Healing Journey for Depressed and Traumatized Clients of All Ages
Faculty Bio(s): Susan Anand, Lani Gerity

Rescripting Troubling Memories & Problematic Behaviors: Techniques from Psychodrama
Faculty Bio(s): Paul Lesnik

Storytelling & Performance for Enhancing Resilience and Self-Awareness
Faculty Bio(s): Diana Feldman
Speakers: Cristina Hernandez

Trauma, Illness & the Unconscious: Accessing Body-Mind Wisdom Through Sandplay
Faculty Bio(s): Gita Morena

When the Pen Can Write What the Lips Can’t Say
Faculty Bio(s): Kate Thompson

Friday Lunch Buffet
Lunch Buffet in the Cafe
Hilton Cafe - Lobby Level

Friday Lunch & Learns

Inspirational Marketing for a Successful Career in Expressive Arts Therapy
Faculty Bio(s): Christine Stevens

Friday Afternoon Workshops

Addressing Loneliness Through Movement & Art
Faculty Bio(s): Gina Simonelli, Julia Vishnepolsky

Emotional Regulation & Connection for Families: A Neuroscience-Informed Movement Process
Faculty Bio(s): Lori Baudino

From Anxiety to Tranquility Through Poetry and Labyrinth
Faculty Bio(s): Ingrid Tegnér

Helping Children to Say Goodbye: Play Therapy for Grief and Loss
Faculty Bio(s): Lyla Tyler

Improvisational Theater Games for Enhancing Self-Regulation, Neuroplasticity & Confidence
Faculty Bio(s): Rebekka Helford

Kissing the Shadow: Fairytales & Art Making to Confront the Intolerable
<table>
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<tr>
<th>Faculty Bio(s):</th>
<th>Nora Swan-Foster</th>
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<tr>
<td><strong>Magical Approaches to Child Art Therapy: Changing Size, Space &amp; Self</strong></td>
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<tr>
<th>Faculty Bio(s):</th>
<th>Jessica Whitesel</th>
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<tr>
<td><strong>Sensory Tools for Mindful &amp; Joyful Living: Enhancing Grounding, Presence &amp; Resiliency</strong></td>
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<th>Faculty Bio(s):</th>
<th>Adrienne Carpenter, Aimee Levine-Dickman</th>
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<tr>
<td><strong>Sexual Healing &amp; Drama Therapy for Broken Relationships</strong></td>
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<th>Faculty Bio(s):</th>
<th>Alexis Maron</th>
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<td><strong>Victims, Bullies &amp; Bystanders: A Multimodal Play Therapy Approach for All Ages</strong></td>
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<th>Leslie Baker, Mary Ruth Cross</th>
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<td><strong>Working with Masks in Therapeutic Environments: Identities &amp; Intersectionality</strong></td>
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<th>Faculty Bio(s):</th>
<th>Kamran Afary, Pam Dunne</th>
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**Friday Afternoon Didactic**

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<tr>
<th>Faculty Bio(s):</th>
<th>Anne Mills</th>
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<tr>
<td><strong>Ethics for Established Clinicians</strong></td>
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**Friday Evening Self-Care**

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<tr>
<th>Faculty Bio(s):</th>
<th>Paula Perlman, Diana Rivera</th>
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<tr>
<td><strong>Sound Meditation Session for Taming &quot;Summit Mind&quot;</strong></td>
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**Friday Evening Workshops**

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<tr>
<th>Faculty Bio(s):</th>
<th>Chelsea Horton</th>
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<tr>
<td><strong>Bio Poems: Witnessing Ourselves Through Metaphor &amp; Movement</strong></td>
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<tr>
<th>Faculty Bio(s):</th>
<th>Sarah Fitzsimmons, Laura Kanofsky</th>
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<tr>
<td><strong>Introduction to Dance/Movement Therapy: Essential Concepts &amp; Techniques</strong></td>
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<th>Faculty Bio(s):</th>
<th>Susan Anand, Lani Gerity</th>
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<td><strong>Music and the End of Life: Singing at the Threshold</strong></td>
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<td><strong>Process Your Summit Experience through Visual Art Journaling</strong></td>
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<td><strong>Memory Reconsolidation &amp; the Arts in the Treatment of Traumatic Fear</strong></td>
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**Saturday, 03/30/19**

**Saturday Morning Community Wake-Up**
Liquid Flow: Moving Mind, Body & Spirit in Community

Faculty Bio(s): Aleta Hayes

Saturday Master Classes

Bookmaking in Counseling and Psychotherapy
Faculty Bio(s): Malissa Morrell

Creative Solution-Focused Therapy: Embodied Techniques for Troubled Teens & Adults
Faculty Bio(s): Pamela King

Expressing Imagination through SoulCollage® and Embodied Dreamwork
Faculty Bio(s): Cynthia Anne Hale, Sandra Vigon

Facilitating Drum Circles: A Master Class for Clinicians & Educators
Faculty Bio(s): John Fitzgerald, Daniel Walsh

Finding Rest in the Midst of Stress: Mind-Body Approaches
Faculty Bio(s): Carolyn Braddock

Healing Relational Trauma: Self-Leadership, Spirituality & Embodied IFS for Groups
Faculty Bio(s): Adrienne Glasser

One Canvas Process Painting: An Exploration of the Trauma Continuum
Faculty Bio(s): Paige Asawa

Saturday Morning Workshops

Acting Out, Acting In: Embodied Approaches with Traumatized Youth
Faculty Bio(s): Diana Feldman, Cristina Hernandez

Cultivating Resiliency in Kids Through Mindfulness, Imagination & Interpersonal Neurobiology
Faculty Bio(s): Thuy Bui, Casey Strenski

Embodied Empathy for Neurodivergent Children: Integrating Movement, DIR Floortime & Arts
Faculty Bio(s): Rachael Singer

Expanding the Capacity for Joy: Awe, Gratitude, and the Resilient Nervous System
Faculty Bio(s): Bonnie Harnden

Guided Imagery for Behavioral Change: Practical & Safe Techniques for Clinical Success
Faculty Bio(s): Cynthia Costas-Cohen, David Gordon

La Llorona Weeps: Traumatic Grief, Sandplay Therapy, and Neural Integration
Faculty Bio(s): Lorraine Freedle
Faculty Bio(s): Susan Anand, Lani Gentry

Mindful Clay Techniques for Compassionate Clinical Practice
Faculty Bio(s): Michael Franklin

Person-Centered Expressive Arts: A Framework for Community Healing
Faculty Bio(s): Maria Gonzalez-Blue

Pongo Poetry Project: Writing with Traumatized Vulnerable Populations
Faculty Bio(s): Paloma Andazola-Reza, Richard Gold

The Nurtured Heart Approach®: Energizing Positivity with Challenging Clients in Play Therapy
Faculty Bio(s): Lyla Tyler, Tammi Van Hollander

Vision Boards & Active Imagination: Welcoming the Shadow Through Jungian Art Therapy
Faculty Bio(s): Nora Swan-Foster

Saturday Lunch Buffet
Lunch Buffet in the Cafe
Hilton Cafe - Lobby Level

Saturday Lunch & Learns
Culturally-Informed Clinical Practice with African Americans: A Narrative Approach
Faculty Bio(s): Denise Boston

Saturday Midday Self-Care
Experience Breema — Free 15-Minute Mini-Sessions

Saturday Afternoon Workshops
Auto-Regulation and Play Therapy Interventions: Healing the Body
Faculty Bio(s): Jennifer Lefebre

Awakening Creative Flow: Immersion into the Water Archetype
Faculty Bio(s): Mary Reynolds Thompson

Community-Based Art Therapy with Techniques from Dialectical Behavior Therapy
Faculty Bio(s): Jessica Bianchi, Louvenia Jackson

Creative Conflict Resolution: Games & Embodied Approaches for Varied Settings
Faculty Bio(s): Pam Dunne

Digital Media Arts: Therapeutic Interventions for Adolescents and Others
Faculty Bio(s): Jennifer Hoit, Jeffrey Jamerson

Experiments in Smartphone Photography, Movement & Writing for Deeper Interpersonal Connection
Faculty Bio(s): Adriana Marchione

Exploring the Sacred Through Art Psychotherapy
Faculty Bio(s): Debra Linesch

Grief and the Memory Box: A Creative Approach for Children & Adolescents
Faculty Bio(s): Sarah Vollmann

Healing Trauma in International Populations Through Movement
Faculty Bio(s): Ilene Serlin

Mask Making: A Multicultural Process
Faculty Bio(s): Judy Leventhal

Reparing Broken Attachment with Clients of All Ages: Multisensory Play Therapy Strategies
Faculty Bio(s): Lynn Overvoorde, Ellen Saul

Yoga Practice and Live Music: Enhancing Breath, Focus & Relaxation
Faculty Bio(s): Summer Lall, Heather Lyle, Diana Wallace

Saturday Afternoon Plenary

The Neuroscience of Contemplative Practices, Rituals, and Trance States: Implications for Clinicians
Faculty Bio(s): Andrew Newberg

Saturday Evening Celebration

World Music at the Summit: Our Third Annual Celebration
Faculty Bio(s): John Fitzgerald, Adama Jewel Jackson

Sunday, 03/31/19

Sunday Morning Self-Care Sessions

Fire Your Inner Critic!
Faculty Bio(s): Jon Pearson

Gentle Somatic Yoga®
Faculty Bio(s): Kimberly Freesh

Laugh For the Health of It
Faculty Bio(s): Kim Selbert
**Zumba à la Dance/Movement Therapy**

**Faculty Bio(s):** Lora Wilson

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**Sunday Master Classes**

**Integrating Somatic & Sensory Therapies with Play for Treating Complex Trauma Across the Lifespan**

**Faculty Bio(s):** Jennifer Lefebre

**Moving Towards Transformation: How Dance in Therapy Facilitates Change**

**Faculty Bio(s):** Marcia Leventhal

**Shame & Art Expression: From Awareness to Safety and Resiliency**

**Faculty Bio(s):** Deborah Cluff

**Understanding Your Client's Art: Aesthetic Analysis for Mental Health Professionals**

**Faculty Bio(s):** David Wesley Chester, Judith Essex

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**Sunday Morning Workshops**

**Beyond the Internal Wall: Unblocking Obstacles Through the Expressive Arts**

**Faculty Bio(s):** Nina Utigaard

**Exploring Sexuality, Gender Identity & Spirituality in Psychodrama with LGBTQ Clients**

**Faculty Bio(s):** Paul Lesnik

**Focusing-Oriented Expressive Arts (FOAT®): Enhancing Resilience & Compassion**

**Faculty Bio(s):** Marise Lariviere, Doreen Meister

**Healing Potentials in Sand, Paint & Clay**

**Faculty Bio(s):** Marion Anderson

**Helping Patients Express Anger Through Art: A Protocol Incorporating Mindfulness, EMDR & CBT**

**Faculty Bio(s):** Anne Mills

**Holding Space & Building Trust Through Music: Narrating the Process**

**Faculty Bio(s):** Kate Richards Geller

**Internal Family Systems & Dance/Movement Therapy: Healing Trauma**

**Faculty Bio(s):** Marybeth Weinstock

**MeCards: Self-Exploration Imagery-Inspired Poetry for All Ages**

**Faculty Bio(s):** Nancy Weiss

**Racial Identity in the Healing Arts: Living in the Tension**

**Faculty Bio(s):** Shelly Tochluk

**Strength-Based Techniques Integrating Narradrama, Creative Arts & Performance Art in Therapy**
Faculty Bio(s): Pam Dunne

The "No Solos" Writing Practice: A Practical, Soulful, & Contemporary Community Grief Ritual

Faculty Bio(s): Kim Scanlon

Therapeutic Photography for Symptom Management, Identity Development & Clinical Connection

Faculty Bio(s): Dana Wyss

Touch Drawing: Authentic, Soulful Expression in Clinical & Creative Practice (morning)

Faculty Bio(s): Shemaya Blauer, Deborah Koff-Chapin

Transforming Self-Defeating Thoughts & Feelings Through Mindfulness-Informed Techniques

### Sunday Lunch Buffet

**Lunch Buffet in the Cafe**

Hilton Cafe - Lobby Level

### Sunday Lunch & Learns

**Art as Species: What I Have Learned About Art Therapy from Dogs**

Faculty Bio(s): Michael Franklin

### Sunday Afternoon Workshops

**Eco-Art Therapy: Grounding Clinical Practice in Nature**

Faculty Bio(s): Ellen Speert

**Empowerment Through Sensory Art Experiences: Healing Trauma Across the Lifespan**

Faculty Bio(s): Anna Reyner, April Wright

**Expressive Kavannah©: A Psychospiritual Expressive Arts Model Based on Jewish Practice & Kabbalah**

Faculty Bio(s): Edna Miron-Wapner

**Godesses & Gods in Everyday Life: SoulCollage® for Exploration and Renewal**

Faculty Bio(s): Gayle Torres

**Integrating HeartMath Evidence-Based Breathing Practices into Expressive Arts Therapies**

Faculty Bio(s): Summer Lall

Speakers: Megan Barr

**Introduction to Breema: Nurturing Vitality for Body-Mind Wellness**

Faculty Bio(s): Carrie Gray, Alexandra Johnson, Jon Schreiber

**Sandplay Therapy for Integrating Psyche & Soma: Symbolic Strategies for Illness &**
Wellness

Faculty Bio(s): Judy Zappacosta

Team Building in Schools Through Group Art Experiences

Faculty Bio(s): Suzanne Silverstein,
Genia Young

The Personal Hope Book: A Container of Resilience for Teens & Adults

Faculty Bio(s): Erin Partridge

The Rites of Conscious Dance: Movement as Spontaneous Ceremony

Faculty Bio(s): Christo Pellani,
Fred Sugerman

Touch Drawing: Authentic, Soulful Expression in Clinical & Creative Practice
(afternoon)

Faculty Bio(s): Shemaya Blauer,
Deborah Koff-Chapin

Transformation of Failure & Self-Blame: Techniques from Theater of the Oppressed and More

Faculty Bio(s): Danielle Levanas,
Mimi Savage

Treasure & Transformation Through Freeform Wordplay

Faculty Bio(s): Susan Wooldridge

Treating Grief & Loss in 3 Steps: A Multimodal Arts Model for All Ages

Faculty Bio(s): Patricia Jauchler

Sunday Afternoon Closing Ceremony

Closing Ceremony

Faculty Bio(s): Summer Lall,
Christo Pellani,
Fred Sugerman,
Diana Wallace