SESSIONS OF SPECIAL INTEREST FOR EDUCATORS & ARTS PROFESSIONALS

Here you'll find a convenient selection of sessions of particular interest to those in non-clinical settings.

Feel free to mix and match these sessions with any of the more clinically-oriented workshops that can be found in the full Summit schedule.

SELECT ANY ONE OR COMBINATION OF DAYS
SUMMIT KEYNOTE

8:40 AM - 9:40 AM
Awakening to the Untarnished Self: Helping Alienated Youth Embrace Their Unique Identity
Akuyoe Graham

MASTER CLASSES

10:00 AM - 5:30 PM
The Write Way to Health: Evidence-Based Expressive Writing Approaches for Clinical Practice
Kathleen Adams, LPC

10:00 AM - 5:30 PM
Suicide Prevention & Assessment Across the Life Span for Play Therapists & Clinicians
Leslie Baker, MFT, NCC, RPT-S
Mary Ruth Cross, MFT, NCC, RPT-S

10:00 AM - 5:30 PM
Focusing & Art Therapy: Accessing Body Wisdom Through Creative Expression
Elizabeth Baring, MS, ATR-BC, NCPsyA, LCAT, LP

10:00 AM - 5:30 PM
Social Emotional Arts on a Shoestring for Individuals & Groups in Any Setting - Day 1
Ping Ho, MA, MPH
Myriam Savage, PhD, RDT-BCT

10:00 AM - 5:30 PM
Symbolic Use of Sandplay Miniatures for Healing & Transformation
Jill Kaplan, LMFT
Sarah (Sally) Sugatt, LCSW

10:00 AM - 5:30 PM
The Power of SoulCollage®: Combining Images & Journaling to Reflect Your Life Story
Kat Kirby, MEd, ATR-BC

10:00 AM - 5:30 PM
Attachment-Based Play Therapy for Emotional, Behavioral & Sensory Challenges
Tammi Van Hollander, RPT, LCSW
MORNING WORKSHOPS

10:00 AM - 1:00 PM
**Dream Medicine & Art in Psychotherapy: Techniques from Shamanic Practice**
Jennifer Allen, MS, LMFT, ATR-BC

10:00 AM - 1:00 PM
**Healing Ancestral Trauma with Community Art & Movement: Reweaving Our Roots**
Oceana Blueskyes, LMFT
Ziska Garcia, PsyD

10:00 AM - 1:00 PM
**Managing Big Feelings & Behaviors in Kids Through the Arts**
Erica Curtis, LMFT, ATR-BC

10:00 AM - 1:00 PM
**Playback Theatre: Improv for Clinical Settings and Community Cohesion**
Danielle Levanas, MA, LCAT, RDT

10:00 AM - 1:00 PM
**Song Circle: Voice, Movement, Expression & Empowerment in Community**
Patrisha Thomson, MA

10:00 AM - 1:00 PM
**Aromatherapy & Movement Inspired Watercolor Meditation: "Sensational" Stress Relief**
Julia Vishnepolsky, MA, R-DMT

10:00 AM - 1:00 PM
**Neuroplasticity, Dance/Movement Therapy & Alzheimer’s Disease**
Lora Wilson Mau, MA, BC-DMT

LUNCH & LEARN SESSION

1:30 PM - 2:20 PM
**Playback Theatre Live Demo**
Danielle Levanas, MA, LCAT, RDT
AFTERNOON WORKSHOPS

2:30 PM - 5:30 PM
Poetry for All Populations and Settings: Clinical Applications for Growth & Transformation
Robert Carroll, MD

2:30 PM - 5:30 PM
Family Art Time: Recipes for Connection
Amber L. Cromwell, LMFT, ATR-BC

2:30 PM - 5:30 PM
Art-Based Anger Management Approaches for Clients of All Ages
Erica Curtis, LMFT, ATR-BC

2:30 PM - 5:30 PM
Enhanced Empathy For Improved Connection: An Embodied Approach Incorporating Siegel's COAL Model
Chelsea Horton, MA, R-DMT

2:30 PM - 5:30 PM
Alleviating Death Anxiety and Finding Closure Through Art, Music, Drama & Storytelling
Patricia Jauchler, MA, MS, RDT/BCT, CT, CBF, CDP

2:30 PM - 5:30 PM
Cognitive Behavioral Therapy in Action: Applied Improvisation for Social Anxiety Disorder Groups
Neal King, LCSW

2:30 PM - 5:30 PM
Making Messy Art: The Power of Paint and Mixed Media for All Ages, Abilities & Settings
Erika Mayer, MS, ATR-BC, LCAT
Elizabeth Dewjee, MA, ATR-BC

2:30 PM - 5:30 PM
Empowerment-Based Creative Practices with Older Adults at All Levels of Care
Erin Partridge, PhD, ATR-BC

EVENING SELF-CARE SESSIONS

6:45 PM - 8:45 PM
Stressbusting: Writing Through Troubled Times
Kathleen (Kay) Adams, PTR-M/S, LPC
6:45 PM - 8:45 PM
Introduction to Dance/Movement Therapy: Essential Concepts & Techniques
Chelsea Horton, MA, R-DMT

6:45 PM - 8:45 PM
Assessing Differential Outcomes of Expressive Arts Interventions: A Practical Model
Summer Lall, MT-BC
Akilah Watts, MM, MT-BC

6:45 PM - 8:45 PM
Character Development for Teaching Empathy and Building Community
Diana Rivera, MA, CPC, PhD

6:45 PM - 8:45 PM
Making Vision Books for Setting Intentions with Teens and Adults
Kim Selbert, MA, OT

FRIDAY, March 29

MORNING COMMUNITY WAKE UP!

8:00 AM - 8:30 AM
Liquid Flow: Moving Mind, Body & Spirit in Community
Aleta Hayes, MFA

PLENARY

8:40 AM - 9:40 AM
Music Medicine: Four Keys to Self-Care
Christine Stevens, MSW, MT-BC, MA

MASTER CLASSES

10:00 AM - 5:30 PM
Diversity: Deepening the Creative Collective Exchange
Denise Boston, PhD, RDT
Maria Gonzalez-Blue, MA, REAT, REACE
Diana Elizabeth Jordan, MFA/OTA
Shelly Tochluk, PhD
10:00 AM - 5:30 PM
Uncovering Unconscious Resistance: Navigating Change Through Movement
*Amber Elizabeth Gray, LPCC, BC-DMT, NCC, MPH, MA*
*Sharon Weil, RSME*

10:00 AM - 5:30 PM
Social Emotional Arts on a Shoestring for Individuals & Groups in Any Setting - Day 2
*Ping Ho, MA, MPH*
*Kathy Cass, MA, BC-DMT, NCC, C-IAYT, AHC*
*Karen Howard, RMT, CEAP*

10:00 AM - 5:30 PM
Altered Books: Revising Narratives, Revealing Strengths
*Kat Kirby, MEd, ATR-BC*

10:00 AM - 5:30 PM
Discovering Dream Wisdom: An Exploration Through Art & Journaling
*Nancy Weiss, BCD, LCSW*

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**MORNING WORKSHOPS**

10:00 AM - 1:00 PM
Managing Digital Dangers & Online Overuse: Facilitating Healthy Tech Habits Through Play Therapy
*Leslie Baker, MFT, NCC*
*Mary Ruth Cross, RPT-S, LMFT*

10:00 AM - 1:00 PM
Storytelling & Performance for Enhancing Resilience and Self-Awareness
*Darci Burch, MA, LCAT, RDT*
*Diana Feldman, MA, LCAT, RDT-BDT*

10:00 AM - 1:00 PM
Art Therapy Toolkit: Facilitating Sensation, Emotion & Transformation
*Michael Franklin, PhD, ATR-BC*

10:00 AM - 1:00 PM
Puppet Work & Storytelling: A Healing Journey for Depressed and Traumatized Clients of All Ages
*Lani Gerity, DA, ATR*
*Susan Anand, MA, ATR-BC, ATCS, LPAT*
10:00 AM - 1:00 PM
Creative Rituals for Processing Grief & Celebrating Life
Jennie Linthorst, MA, CAPF
Karen Howard, RMT, CEAP
Gabrielle Kaufman, MA, BC-DMT, NCC, LPCC

10:00 AM - 1:00 PM
Bodymap Process: A Somatic Art Intervention for Healing What the Body Holds
Darcy Lubbers, PhD, MFT, ATR-BC
Einat Metzl, PhD, MFT, ATR-BC

10:00 AM - 1:00 PM
When the Pen Can Write What the Lips Can’t Say
Kate Thompson, MA, CJT

LUNCH & LEARN SESSION

1:30 PM - 2:20 PM
Inspirational Marketing for a Successful Career in Expressive Arts Therapy
Christine Stevens, MSW, MT-BC, MA

AFTERNOON WORKSHOPS

2:30 PM - 5:30 PM
Victims, Bullies & Bystanders: A Multimodal Play Therapy Approach for All Ages
Leslie Baker, MFT, NCC, RPT-S
Mary Ruth Cross, MFT, NCC, RPT-S

2:30 PM - 5:30 PM
Emotional Regulation & Connection for Families: A Neuroscience-Informed Movement Process
Lori Baudino, PsyD, BC-DMT

2:30 PM - 5:30 PM
In Her Voice: Empowering Women with Vocal Presence
Celia Bockhoff, MSW, LCSW, SEP

2:30 PM - 5:30 PM
Sensory Tools for Mindful & Joyful Living: Enhancing Grounding, Presence & Resiliency
Aimee Levine-Dickman, MA, OTR/L, SEP
Adrienne Carpenter, MSOT, OTR/L
2:30 PM - 5:30 PM
Sexual Healing & Drama Therapy for Broken Relationships
Alexis Maron, MA, RDT

2:30 PM - 5:30 PM
From Anxiety to Tranquility Through Poetry and Labyrinth
Ingrid Tegnér, MSW, CAPF

2:30 PM - 5:30 PM
Helping Children to Say Goodbye: Play Therapy for Grief and Loss
Lyla Tyler, MS, LMFT, RPT-S

2:30 PM - 5:30 PM
Addressing Loneliness Through Movement & Art: An Intergenerational Group Program
Julia Vishnepolsky, MA, R-DMT
Gina Simonelli, MA

2:30 PM - 5:30 PM
Magical Approaches to Child Art Therapy: Changing Size, Space & Self
Jessica Whitesel, LPC, ATR-BC

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**EVENING SELF-CARE SESSIONS**

6:45 PM - 8:45 PM
Demystifying Research: Growing Your Practice with Evidence
Robyn Cruz, PhD, BC-DMT

6:45 PM - 8:45 PM
Music and the End of Life: Singing at the Threshold
Sarah Fitzsimmons, LMFT, ATR-BC
Laura Kanofsky, MT-BC, LCSW

6:45 PM - 8:45 PM
Process Your Summit Experience through Visual Art Journaling
Lani Gerity, DA, ATR
Susan Anand, MA, ATR-BC, ATCS, LPAT

6:45 PM - 8:45 PM
Bio Poems: Witnessing Ourselves Through Metaphor & Movement
Paula Perlman, LMFT, BC-DMT, CLMA
Diana Rivera, MA, CPC, PhD
Rejuvenation Through Poetry-Inspired Song, Movement & Rhythm
Christine Stevens, MSW, MT-BC, MA
Kate Richards Geller, MA, MT-BC, LCAT

SATURDAY, March 30

MORNING COMMUNITY WAKE UP!

8:00 AM - 8:45 AM
Liquid Flow: Moving Mind, Body & Spirit in Community
Aleta Hayes, MFA

MASTER CLASSES

9:00 AM - 4:30 PM
One Canvas Process Painting: An Exploration of the Trauma Continuum
Paige Asawa, PhD, MFT, ATR-BC

9:00 AM - 4:30 PM
Finding Rest in the Midst of Stress: Mind-Body Approaches
Carolyn Braddock, MA

9:00 AM - 4:30 PM
Facilitating Drum Circles: A Master Class for Clinicians & Educators
Helen G. Dolas, MS, MT-BC
John Fitzgerald

9:00 AM - 4:30 PM
Creative Solution-Focused Therapy: Embodied Techniques for Troubled Teens & Adults
Pam King, LMFT

9:00 AM - 4:30 PM
Bookmaking in Counseling and Psychotherapy
Malissa Morrell, MA, ATR-BC, MFT

9:00 AM - 4:30 PM
Expressing Imagination through SoulCollage© and Embodied Dreamwork
Sandra Vigon, MA, LMFT
Cynthia Hale, PhD, LCSW
MORNING WORKSHOPS

9:00 AM - 12:00 PM
Acting Out, Acting In: Embodied Approaches with Traumatized Youth
Darci Burch, MA, LCAT, RDT
Diana Feldman, MA, LCAT, RDT-BDT

9:00 AM - 12:00 PM
Mindful Clay Techniques for Compassionate Clinical Practice
Michael Franklin, PhD, ATR-BC

9:00 AM - 12:00 PM
La Llorona Weeps: Traumatic Grief, Sandplay Therapy, and Neural Integration
Lorraine Freedle, PhD, ABPdN, CST-T

9:00 AM - 12:00 PM
Lani Gerity, DA, ATR
Susan Anand, MA, ATR-BC, ATCS, LPAT

9:00 AM - 12:00 PM
Pongo Poetry Project: Writing with Traumatized Vulnerable Populations
Paloma Andazola-Reza, MSW
Richard Gold, MA

9:00 AM - 12:00 PM
Person-Centered Expressive Arts: A Framework for Community Healing
Maria Gonzalez-Blue, MA, REAT, REACE

9:00 AM - 12:00 PM
Expanding the Capacity for Joy: Awe, Gratitude, and the Resilient Nervous System
Bonnie Harnden, MA, RDT

9:00 AM - 12:00 PM
Cultivating Emotional Resiliency in Kids Through Mindfulness, Meditation & Imagination
Charlotte Reznick, PhD

9:00 AM - 12:00 PM
Vision Boards & Active Imagination: Welcoming the Shadow Through Jungian Art Therapy
Nora Swan-Foster, MA

9:00 AM - 12:00 PM
Restoring Vitality: Neurobiology-Informed & Body-Centered Treatment of Trauma
Ande Welling, MA, BC-DMT, GL-CMA, NCC, CMHC
LUNCH & LEARN SESSION

12:30 PM - 1:20 PM
Culturally-Informed Clinical Practice with African Americans: A Narrative Approach
Denise Boston, PhD, RDT

AFTERNOON WORKSHOPS

1:30 PM - 4:30 PM
Creative Conflict Resolution: Games & Embodied Approaches for Varied Settings
Pamela Dunne, PhD, RDT, BCT

1:30 PM - 4:30 PM
Community-Based Art Therapy with Techniques from Dialectical Behavior Therapy
Louvenia Jackson, MFT, ATR, PhD
Wren Pena
Kelle Kamp
Jessica Bianchi

1:30 PM - 4:30 PM
Digital Media Arts: Therapeutic Interventions for Adolescents and Others
Jeffrey Jamerson, MA, PhD
Jennifer Hoit, LMFT, ATR

1:30 PM - 4:30 PM
Auto-Regulation and Play Therapy Interventions: Healing the Body
Jennifer Lefebre, PsyD, RPT-S

1:30 PM - 4:30 PM
Mask Making: A Multicultural Process
Judy Leventhal, LCSW, ATR

1:30 PM - 4:30 PM
Exploring the Sacred Through Art Psychotherapy
Debra Linesch, PhD

1:30 PM - 4:30 PM
Yoga Practice and Live Music: Enhancing Breath, Focus & Relaxation
Heather Lyle, MM
Summer Lall, MT-BC
1:30 PM - 4:30 PM
Experiments in Smartphone Photography, Movement & Writing for Deeper Interpersonal Connection
Adriana Marchione, MA, REAT, RSMT

1:30 PM - 4:30 PM
Awakening Creative Flow: Immersion into the Water Archetype
Mary Reynolds Thompson, CPCC, CAPF, CJF

1:30 PM - 4:30 PM
Healing Trauma in International Populations Through Movement
Ilene A. Serlin, PhD, BC-DMT

1:30 PM - 4:30 PM
Grief and the Memory Box: A Creative Approach for Children & Adolescents
Sarah Vollmann, ATR-BC, LICSW

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SATURDAY PLENARY

4:45 PM - 5:45 PM
The Neuroscience of Contemplative Practices, Rituals, and Trance States: Implications for Clinicians
Andrew B. Newberg, MD

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SATURDAY EVENING CELEBRATION

6:30 PM - 8:30 PM
World Music at the Summit: Our Third Annual Celebration
John Fitzgerald
…and more drummers to be announced.
MORNING SELF-CARE SESSIONS

8:00 AM - 8:50 AM
Gentle Somatic Yoga®
Kimberly Freesh, CYT, CYTT, AHP

8:00 AM - 8:50 AM
Laugh For the Health of It
Kim Selbert, MA, OT

8:00 AM - 8:50 AM
Zumba à la Dance/Movement Therapy
Lora Wilson Mau, MA, BC-DMT

MASTER CLASSES

9:00 AM - 4:30 PM
Moving Towards Transformation: How Dance in Therapy Facilitates Change
Marcia Leventhal, PhD, CMA, BC-DMT

MORNING WORKSHOPS

9:00 AM - 12:00 PM
Focusing-Oriented Expressive Arts (FOAT®): Enhancing Resilience & Compassion
Marise Lariviere, MA, LMFT, ATR
Doreen Meister, MA, LMFT

9:00 AM - 12:00 PM
Exploring Sexuality, Gender Identity & Spirituality in Psychodrama with LGBTQ Clients
Paul Lesnik, LCSW, TEP

9:00 AM - 12:00 PM
Transforming Self-Defeating Thoughts & Feelings Through Mindfulness-Informed Techniques
Stephanie Nash, MFA

9:00 AM - 12:00 PM
Holding Space & Building Trust Through Music: How It’s Done
Kate Richards Geller, MA, MT-BC, LCAT
9:00 AM - 12:00 PM
The "No Solos" Writing Practice: A Practical, Soulful, & Contemporary Community Grief Ritual
Kim Scanlon

9:00 AM - 12:00 PM
Racial Identity in the Healing Arts: Living in the Tension
Shelly Tochluk, PhD

9:00 AM - 12:00 PM
Beyond the Internal Wall: Unblocking Obstacles Through the Expressive Arts
Nina Utigaard, MFT, REAT

9:00 AM - 12:00 PM
MeCards: Self-Exploration Imagery-Inspired Poetry for All Ages
Nancy Weiss, BCD, LCSW

9:00 AM - 12:00 PM
Therapeutic Photography for Symptom Management, Identity Development & Clinical Connection
Dana Wyss, PhD, LMFT, ATR

LUNCH & LEARN SESSION

12:30 PM - 1:20 PM
Art as Species: What I Have Learned About Art Therapy from Dogs
Michael Franklin, PhD, ATR-BC

AFTERNOON WORKSHOPS

1:30 PM - 4:30 PM
Introduction to Breema: Nurturing Vitality for Body-Mind Wellness
Carrie Gray, LMFT, MA
Angela Porter, LMFT, CATC, CMT
Jon Schreiber, DC

1:30 PM - 4:30 PM
Treating Grief & Loss in 3 Steps: A Multimodal Arts Model for All Ages
Patricia Jauchler, MA, MS, RDT/BCT, CT, CBF, CDP
1:30 PM - 4:30 PM
Integrating HeartMath Evidence-Based Breathing Practices into Expressive Arts Therapies
Summer Lall, MT-BC

1:30 PM - 4:30 PM
Transformation of Failure & Self-Blame: Techniques from Theater of the Oppressed and More
Danielle Levanas, MA, LCAT, RDT
Myriam Savage, PhD, RDT-BCT

1:30 PM - 4:30 PM
Expressive Kavannah©: A Psychospiritual Expressive Arts Model Based on Jewish Practice & Kabbalah
Edna Miron-Wapner, MA, CAGS

1:30 PM - 4:30 PM
The Personal Hope Book: A Container of Resilience for Teens & Adults
Erin Partridge, PhD, ATR-BC

1:30 PM - 4:30 PM
Team Building in Schools Through Group Art Experiences
Suzanne Silverstein, MA, ATR
Genia Young, LMFT, ATR-BC

1:30 PM - 4:30 PM
Eco-Art Therapy: Grounding Clinical Practice in Nature
Ellen Speert, ATR-BC, REAT

1:30 PM - 4:30 PM
The Rites of Conscious Dance: Movement as Spontaneous Ceremony
Fred Sugerman

1:30 PM - 4:30 PM
Goddesses & Gods in Everyday Life: SoulCollage® for Exploration and Renewal
Gayle Torres, ATR-BC

1:30 PM - 4:30 PM
Treasure & Transformation Through Freeform Wordplay
Susan Wooldridge

4:40 PM - 5:10 PM
Closing Ceremony
Fred Sugerman
Summer Lall, MT-BC
Diana Wallace