Dear Colleague,

I am delighted that you have registered for the upcoming training in the Diagnostic Drawing Series (DDS) at the Expressive Therapies Summit. I look forward to meeting you there. I am writing you in advance because your learning experience will be greatly enhanced by bringing DDSs (two or more Series if possible) from clients with psychiatric diagnoses. This important message has all the information you need. Please contact Barry Cohen at landmarc@cox.net if you have any questions!

HOW TO COLLECT DDSs TO BRING TO THE TRAINING Important Advance Information

Collect DDSs from people age 13 and older. They can be in treatment with you, or not. They can be in a hospital or residential setting, or not.

Please do not collect DDSs from friends or family members. You could ask a colleague to put you in touch with a volunteer or a client whom you don’t know. I also encourage you to draw a DDS on your own prior to administering it clinically, but do not bring it with you to the training.

MATERIALS: A tabletop for administration. A twelve-color pack of soft square chalk pastels that have no paper wrappers (Alphacolor is best). White 18” x 24” (60 or 70 lb.) drawing paper (available in a pad). The paper should be slightly ‘fuzzy’—that is, have a ‘tooth’—to receive the marks of the chalk.

Please Note: No media substitutions are acceptable, and Series collected using non-standard materials will not be discussed during the Training.

Here are two links for obtaining the pastels:

http://www.dickblick.com/products/blick-pastels/

Michael’s has Soft Pastel Colors by Artist’s Loft in stock for $12, if you are pressed for time. They look similar to Alphacolor.

PROCEDURE: The DDS may be administered by any mental health professional or student. You are collecting pictures for the workshop, and not for research purposes. Therefore, please use any consent process you usually undertake when you will be sharing information or art with other people (e.g., for supervision).
The most important points are “No names are attached to any of the drawings and your confidentiality will be preserved. The drawings remain yours and can be returned to you.”

Paper and pastels are placed in front of the client/subject who is told he or she will be asked to draw three pictures and that you will talk about the pictures afterwards. The client/subject is told:
- there is a separate piece of paper for drawing each picture
- the page may be turned in any direction
- up to fifteen minutes are allotted for drawing each picture
- he or she can go on to the next picture whenever s/he is ready

Ask the participant to hold questions and discussion of the pictures until after the Series has been completed.

The instruction for the first drawing is to “Make a picture using these materials.” When the patient indicates he or she is finished with the picture, immediately proceed to instructions for the second drawing, “Draw a picture of a tree.” This is done even in cases where a tree is drawn for the first picture. Likewise, after completion, proceed to the third drawing, saying, “Make a picture of how you’re feeling, using lines, shapes, and colors.” Should the client/subject be unable to initiate or complete any of the three drawings, the blank or incomplete drawing is saved as an integral part of the Series.

Please do your best to not converse with the client/subject at all while the Series is being drawn.

Once the Series has been completed, you can discuss the three pictures according to your usual style, gathering verbal associations from the client/subject (or use the attached Drawing Inquiry form). Please bring this information with you to the workshop as well as any additional information (e.g., gender, age, race/ethnicity, profession, diagnosis if any). If you can, please spray the drawings with fixative. Bind the Series with a paper clip for storage in a flat portfolio, if possible.

INTERVIEW: Although not a formal part of the DDS or DDS research protocol, many clinicians find the Drawing Inquiry Form (DI) to be very helpful in structuring the post-drawing interview. The information gleaned from the DI is especially helpful during the Training, so please use it when collecting your DDSs, and bring that information with you. It is attached to this email.
Following the session, put a 1, 2, and 3 on the lower right corner of the back of each drawing. This will help others to know how the picture should be oriented. Cover any identifying marks (e.g., clients’ names) with Post-Its. Come prepared to give the participant’s age, diagnosis, and other pertinent data.

For more complete instructions on how to administer a DDS, you can purchase a $20 DDS ePacket by contacting Barry Cohen at landmarc@cox.net for payment instructions. Training registrants, however, will be provided with this packet upon arrival at the training, as part of their registration fees.

I will consult on as many Series as time permits during the Training. See you at the Summit!

Warmly,

Kathryn Johnson, PhD, ATR-BC

www.diagnosticdrawingseries.com

**DRAWING INQUIRY FORM**
for optional use with the Diagnostic Drawing Series

<table>
<thead>
<tr>
<th>Hospital Code</th>
<th>Administrator</th>
</tr>
</thead>
<tbody>
<tr>
<td>Participant number</td>
<td>Admission date (if any)</td>
</tr>
<tr>
<td>Age</td>
<td>DDS administration date</td>
</tr>
<tr>
<td>Gender</td>
<td></td>
</tr>
</tbody>
</table>

**MAKE A PICTURE USING THESE MATERIALS**

1) How would you describe this picture?

2) What do these colors mean to you?

3) What do these images represent for you?

4) What else would you like to say about this picture?

5) What would you title the picture?
DRAW A PICTURE OF A TREE

1) How would you describe this tree?

2) Is this a tree you know, or is it imaginary?

3) Where would it be located?

4) What might be a special meaning(s) to the colors?

5) a. What part of the tree do you like best? Why?

5) b. What part of the tree do you like least? Why?

6) What else would you like to say about the picture?

MAKE A PICTURE OF HOW YOU’RE FEELING, USING LINES, SHAPES, AND COLORS

1) How would you describe this picture?

2) What do these colors mean to you?

3) What do these images represent for you?

4) What would you title this picture?