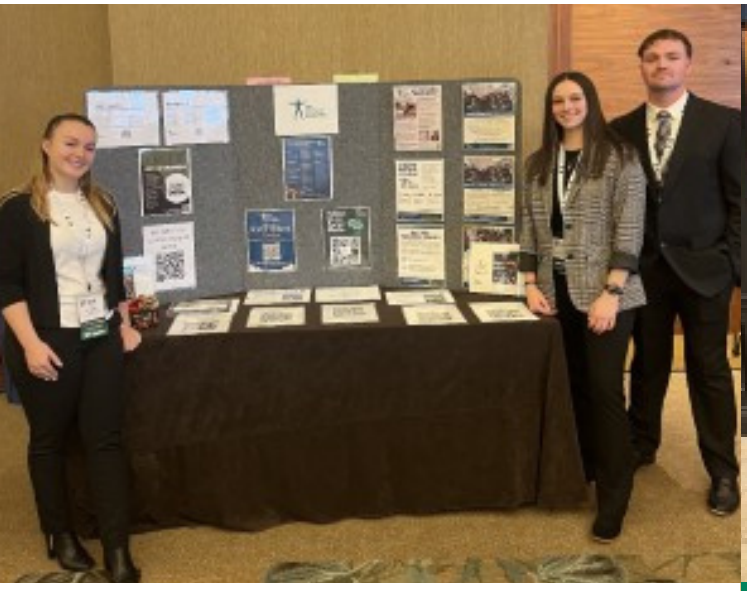
November 2026

NEWSLETTER

NATA Foundation D2 Student Council





FOLLOW US

LinkedIn: @NATA FOUNDATION D2 STUDENT COUNCIL

Instagram: @natad2foundation

NATA RESEARCH & EDUCATION FOUNDATION

MESSAGE FROM THE CHAIR

The mission of this council is to educate the athletic training students of District 2 about the NATA Foundation and encourage their engagement with the opportunities provided to further their professional development. This year, we look forward to presenting all of the opportunities for students to learn about scholarships, mentorship programs, ways to present research, valuable educational resources, and ways to connect with professionals and fellow students. Through our outreach and social media efforts, we hope to keep students informed and allow them to make the most of these resources available to them as they prepare for their career as a certified athletic trainer. We hope you all will support us and take advantage of what the Foundation has to offer!

-Kylee Foy, Chair, Class of 2027

November 2026

NATA FOUNDATION UPDATES

SILENT AUCTION

Each successful proposal contributes to the NATA Foundation's goal of improving lives by funding the advancement of athletic training via research, education, and creativity. You are not just winning something you love when you place a bid. You are supporting the research that leads to improved patient care as well as the scholarships that teach the next generation of athletic trainers



CIRCLE OF CHAMPIONS

- Your generosity will support our efforts to promote the future of athletic training when you become a member of the Circle of Champions by making an automatic monthly or annual donation.
- It will assist the NATA Foundation in getting ready for the demands of research and education in the future. No gift is too small, and the enrolling process takes only a few minutes to complete!

For more information:

November 2026

PREPARING FOR THE BOC?

QUIZ BOWL KAHOOT

Over the next few months, we will host a Kahoot with questions to help prepare for the BOC! Link can be found on the Instagram: @natad2foundation bio 24 hours prior.

Upcoming dates:

- Wednesday, November 4th @07:00 PM
- Wednesday, January 6th @TBD
- Wednesday, February 3rd @TBD
- Wednesday, March 3rd @TBD

STUDY TIPS

- Create a study schedule
- Practice application, not just memorization
- Use practice questions
- Focus on weak areas
- Review key concepts
- Study with classmates
- Prioritize wellness: Get adequate sleep, take breaks, stay hydrated, and maintain a balanced routine

Remember: Consistency is key!

2027 EXAM DATES & DEADLINES

Applications are open now for upcoming exam cycles, with deadlines on December 7, February 22, April 26, June 28, and September 7. Registration, scheduling, and exam windows run from December 2026 through October 2027, with results released approximately 2–4 weeks after each exam window closes.

NATA EXAM STUDY GUIDE

Two full-length mock exams and new targeted Domain Tests, the Exam Study Guide for the BOC Exam can help identify your strengths and areas for improvement.

For more information:

November 2026

NATA FOUNDATION UPDATES

CELEBRATE 35 YEARS OF THE NATA FOUNDATION

For 35 years, the NATA Foundation has invested in the future of athletic training through scholarships, research grants, and educational opportunities. To celebrate this milestone, we're inviting our community to participate in our **$35 for Our 35th** giving opportunity! A one-time gift of $35 helps honor our history while supporting the next generation of athletic trainers and advancing the profession.

RESEARCH TO CLINICAL PRACTICE

Looking to stay up to date on the latest research and evidence-based practices in athletic training? The NATA Foundation's Research to Clinical Practice provides a monthly, one-page resource featuring recent research, position statements, infographics, podcasts, webinars, and more. Designed for athletic trainers and students, each issue highlights timely topics and practical resources to support clinical practice.

Sign up today to receive new editions directly to your inbox!

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MEET THE MEMBERS



KYLEE FOY
Council Chair
Kings College



SYDNEY MULHALL
Secretary
Rowan University

EDUCATION & ENGAGEMENT SUBCOMMITTEE:



LAUREN CASWELL
Chair
University of Delaware



DOMINIC BERGER
Subcommittee Member
West Chester University



TESSA SPANGENBURG
Subcommittee Member
University of Buffalo

SOCIAL MEDIA SUBCOMMITTEE:



DEKLIN SMITH
Chair
University of Delaware



SOPHIA NESTASIA
Subcommittee Member
Stony Brook University



EVELYN RAUSCHER
Subcommittee Member
Rowan University