APRIL 12, 2018
Peachtree Banquet Center
Columbia, MO

Keynote Address
Using Implementation Science to Further Evidence-based Practice in Quality, Staffing and Safety

General Session
When Evidence is Insufficient: Preventing Falls and Protecting from Fall Related Injuries

Featured Speaker
Dr. Patricia Quigley, PhD, MPH, ARNP, CRRN, FAAN, FAANP, is the managing member of Patricia A. Quigley, Nurse Consultant, LLC. She serves as a patient safety expert for fall and injury reduction to multiple leading quality healthcare organizations. Additionally, she provides ongoing consultation to the nursing staff, quality management, and patient safety coordinators for management of complex patients at risk for falls.

Dr. Quigley is the former Associate Director, VISN 8 Patient Safety Center of Inquiry. For over 20 years, she led an interdisciplinary clinical team in the development of evidence-based assessment tools and clinical guidelines related to assessing veterans’ risk for falls and fall-related injuries across multiple medical centers. Her contributions to patient safety, nursing and rehabilitation are evident at a national level – with emphasis on clinical practice innovations designed to promote independence and safety.

Purpose and Target Audience
In its 11th year, this educational program is developed by nurses for nurses, primarily front line nurses who actually provide the care, regardless of setting. The focus is not on doing research, but rather on how staff nurses can develop, access and use the latest evidence to guide their everyday practice. Specific skill-building sessions as well as exemplar projects from nurses who have implemented successful EBP projects in their workplaces are integrated throughout the day. APRNs, managers and educators who want to ensure quality outcomes through best practices also will benefit from participation.

Overall Conference Outcomes:
- Learn how to design and implement evidence-based practice solutions to health care problems.
- Determine where you fit in, in the overall evidence-based practice framework in your organization – from using the latest evidence generated by others to leading or participating in the development, implementation and evaluation of an actual EBP project.
- Evaluate evidence-based practice projects for replication in other healthcare facilities.

What attendees said about the 2017 EBP Conference:
- Was a day of “Excellence”! I was kept interested and motivated throughout the day.
- I really enjoyed this year’s conference, it was excellent
- Great day!! Enjoyed the whole event.
- LOVED this conference and will attend again.

Sinclair School of Nursing
University of Missouri Health
Nursing Outreach: Where continuing education and continuing competency meet

Online registration is available at nursingoutreach.missouri.edu
11th Evidence-Based Practice on the Frontline: Building a Culture of Quality, Safety and Nursing Professionalism

AGENDA

7:30  Check-in with Continental Breakfast
     Visit Exhibits

8:00  Welcome and Introductions - Shirley J. Farrah, PhD, RN-BC, Assistant Dean, Nursing Outreach and Teaching Professor, MU Sinclair School of Nursing, Columbia

8:15  Using Implementation Science to Further Evidence-based Practice in Quality, Staffing and Safety - Patricia Quigley, PhD, MPH, ARNP, CRRN, FAAN, FAANP, Managing Member of Patricia Quigley, LLC, Tampa, FL
     Many challenges exist to improve the conduct, evaluation and reporting of patient safety interventions. During this presentation, Dr. Quigley will integrate three complimentary perspectives to translate knowledge and evidence into practice to improve outcomes. Additionally, conference participants will examine the relationship of implementation, fidelity and reliability sciences and apply methodology rigor to advance evidence-based practice. Two examples of implementation science will be showcased from pilot test to enculturation.

9:30  Beverage Break - Visit Exhibitors and Posters

9:50  Concurrent Sessions - Winners of Podium Presentation Abstracts
     A) Workplace Aggression and Violence Prevention Program - Angela Story, DNP, RN, NEA-BC, Director of Nursing, Missouri Orthopaedic Institute, MU Health Care
     Workplace violence is prevalent in healthcare today, especially for nurses on the frontline. This presentation will discuss a project of how providing workplace violence training for nurses affected their perception of aggression and violence in their work.

     B) Use of a Sensory Room - Mary Jordan, RN, Nurse Manager, Harry S Truman VA Hospital, Columbia
     Sensory rooms are specialized rooms where an individual can relax and learn self-soothing practices utilizing mindfulness techniques. The presenter will discuss how to implement and utilize a sensory room, including the implementation techniques she used and the resulting outcomes.

10:20  Change Rooms

10:25  When Evidence is Insufficient: Preventing Falls and Protecting from Fall-Related Injuries - Patricia Quigley, PhD, MPH, ARNP, CRRN, FAAN, FAANP
     Participants will be challenged and inspired to redesign fall prevention clinical practices to protect patients from injurious falls as the primary outcome. Even falls with minor injury can have grave consequences for older adults. Healthcare providers and researchers can lead changes in fall-injury practices that are protective and promote patients’ independence, function and social integration. Conference participants will be asked to change practice beyond an over-reliance on fall risk screening, universal fall precautions driven by a score, to implement a bundled approach of fall prevention, detection and protection.

11:40  Hosted Luncheon

12:20  Poster Session (abstract presenters to be with posters)
     30 minutes of CE credit awarded for poster session
     Again this year, the attendees will be evaluating posters and nominating their favorite for ‘People’s Choice Award.’ The winner of this award will receive complimentary registration to the 2019 EBP conference. Participants who vote for their favorite poster will also have the opportunity to win a complimentary registration to the 2019 EBP conference.

12:50  Early-Career Nurse Innovator Awardees: Panel
     Each of these individuals is the recipient of a 2017 Early-Career Nurse Innovator award, a state-wide award process that recognizes nurses who have led initiatives to improve and promote the health of
Missourians. Each awardee has been a professional nurse for fewer than 7 years and this session showcases the fine work of these nurses in the early stages of their careers.

- Early Sepsis Recognition: A Nurse Driven Protocol - Caroline Apter, MHSA, BSN, RN, CMSRN, Nurse Manager, Missouri Baptist, St Louis
- Delirium Screening, Prevention and Management Implementation - Brady Chase, BSN, RN, CCRN, Clinical Nurse Educator, CCU & PCU, Cox Medical Center, Branson
- Postoperative Bowel Regimen - Mystery Hahn, BSN, BA, RN, PCCN, Clinical Education Specialist, Missouri Baptist Medical Center, St Louis
- Postoperative Ileus Prevention - Stephanie Twait, BSN, RN, CMSRN, Intermediate/Med-Surg Float Pool Nurse, Saint Luke’s Hospital, Kansas City

1:55   Move to concurrent Sessions

2:00   Concurrent Sessions

A) Be the S.P.A.R.K. in Using Evidence-Based Practice - Vicky H. Becherer, PhD, RN, BSN Program Coordinator, Associate Professor, School of Nursing, Lincoln University, Jefferson City

Are patient outcomes a priority in your facility? Do you agree that guidelines, protocols, and standards need to be written from an evidence-based perspective? Or maybe you’re thinking “My nurses do not know how to use EBP” and you’re asking “How do I get started?” If you answered YES to any of these questions, this interactive session is for you! It is geared toward the novice in EBP processes. It will provide information about the steps included in EBP and effectively get you started on an EBP project or offer answers to your questions as you work with EBP. This session is for the beginning EBP participant.

B) Understanding and Interpreting Research Studies for Deciding When to Integrate Evidence into Practice - Terri Rebmann, PhD, RN, CIC, FAPIC, Professor, Epidemiology and Biostatistics and Director, Institute for Biosecurity, St Louis University

Practitioners can have a difficult time evaluating research studies unless they are familiar with research methodologies and common mistakes found in published research literature. The primary aim of this session is to provide the knowledge and tools needed to evaluate published scientific research. A secondary aim of this session is to explain how to use the Continuum of Evidence of Effectiveness when reading and interpreting scientific evidence. The Continuum is a tool developed to help define “Best Available Research Evidence” in the fields of medicine, nursing, and infection prevention. This session is for the advanced EBP participant.

3:00   Dessert Break

3:15   Evidence-Based Emergency Management for Bioterrorism, Pandemics, and Outbreaks of Emerging Infectious Diseases - Terri Rebmann, PhD, RN, CIC, FAPIC, Professor, Epidemiology and Biostatistics and Director, Institute for Biosecurity, St Louis University

The primary aim of this session is to outline evidence-based recommendations, best practices, and Joint Commission Standards for managing an influx of contagious patients, including outbreaks of emerging infectious diseases, pandemics, or bioterrorism. Secondary aims include discussing the epidemiology of current biological threats that could lead to an influx of contagious patients and describing infection prevention strategies needed to prepare for and respond to an influx of contagious patients.

4:15   Adjourn

REMINDER:
A conference syllabus will not be provided. A link to the handouts will be e-mailed to each paid registrant three business days prior to the conference.

We ask all speakers to submit handouts. If there are no handouts posted, that means the speaker did not submit them by the due date. If we receive handouts after the due date, they will be posted as we get them. Some speakers bring handouts on the day of the event.
PLANNING COMMITTEE

- Jaime Basnett, MS(N), APRN, FNP, Missouri Orthopedic Institute/Capital Region Medical Center, Jefferson City
- Debra Deeken, MS(N), RN, NE-BC, OCN, Director Nursing/Patient Care Services – Ambulatory Care, MU Healthcare, Columbia
- Leslie Duckworth, MBA-HCA, BSN, RN, Manager, Clinical Quality, Patient Safety and Infection Prevention, Boone Hospital Center, Columbia
- Shirley J. Farrah, PhD, RN-BC, Assistant Dean, Nursing Outreach and Teaching Professor, MU Sinclair School of Nursing
- Anne Heine, MS(N), RN, Instructor of Nursing, MU Sinclair School of Nursing
- Claudia Hurtman, MSN, RN, Coordinator of Professional Practice, Office of Professional Nursing, MU Healthcare, Columbia
- Mary A. Jordan, RN-BC, Nurse Manager, Truman Memorial VA Hospital, Columbia
- Libby Klipfel, BSN, RN, CNOR, Educator Director, Missouri Delta Medical Center, Sikeston
- Linda Makarewicz, BSN, RN, Staff Nurse 5-P, Intensive Care Nursery, Boone Hospital Center, Columbia
- Denice Mendenhall, MN, RN, Instructor of Nursing, MU Sinclair School of Nursing
- Sarah Muegge, MSN, RN, Instructor, Regional Services, CoxHealth, Springfield
- Betsy Reeves, MSN, RN, Clinical Educator, Center for Education and Development, MU Healthcare, Columbia
- Amanda Spickard, RN, Instructor, Regional Services, CoxHealth, Springfield
- Cynthia S. Stephens, MS(N), RN, Clinical Instructor, Nurse Planner, MU Sinclair School of Nursing, Nursing Outreach
- Angela Story, MS(N), RN, NEA-BC, Director of Nursing, Missouri Orthopaedic Institute, Columbia
- LuAnn Tandy, PhD, RN, RAC-CT, VA Staff Nurse and President, Tamdem Nursing Consulting, Columbia
- Bonnie Wakefield, PhD, RN, Associate Research Professor, MU Sinclair School of Nursing

IMPORTANT INFORMATION

ACCREDITATION

The University of Missouri Sinclair School of Nursing is an approved provider of continuing nursing education by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

Midwest Multistate Division Provider Number MO1019-7

Up to 6.58 contact hours will be awarded to all individuals who attend, complete the evaluation form, and are paid in full. This approval is reciprocal in all states and for all specialty organizations that recognize the ANCC approval process.

REQUIREMENTS FOR SUCCESSFUL COMPLETION

Learners must:
- be paid in full
- attend the educational offering
- participate in any individual or small group activities
- complete the online evaluation form

LOCATION AND DIRECTIONS

The conference will be held at the Peachtree Catering and Banquet Center Ballroom, 120 E. Nifong, Suite D, Columbia, Mo., 65205. Should you need to be reached during the activity, the phone number is 573-875-6608. See website for directions to Peachtree.

LODGING

Stoney Creek Hotel, 2601 S. Providence, Columbia, MO 65203

A block of rooms has been reserved on the night of April 11, 2018 at the special rate of $99 until March 12 at the Stoney Creek Hotel. After this date, rooms will be on a space available basis only. To make reservations, please call 800-659-2220. Be sure to ask for the MU EBP Conference room block. Participants are responsible for making their own reservations and guaranteeing reservations with a credit card. A map may be found on http://nursingoutreach.missouri.edu/mapPeachtree.aspx

REGISTRATION CANCELLATION AND SUBSTITUTION

We understand that circumstances may arise that require you to cancel or send a substitute. If you cancel your attendance seven or more business days before the conference, your registration fee will be refunded, less a $25 processing fee. You may send a substitute at any time. Please notify the Nursing Outreach office of any registration changes prior to the conference to facilitate the check-in process.

Please note that upon submitting your registration, you are responsible for paying the full registration fee, whether or not you actually attend the conference, unless your registration is canceled at least five business days prior to the conference. All cancellation notices must be in writing; e-mail notification is acceptable.

PLEASE NOTE: There will not be a pre-conference this year. You will receive a very brief survey, asking for your input on next year’s pre-conference.
11th Annual Evidence-Based Practice on the Frontline
REGISTRATION FORM | April 12, 2018

**Please check which profession you are representing:**
- Nurse
- Advanced Practice Registered Nurse
- Social Worker
- Regulatory Personnel
- Other

**May we include your name and contact information on the conference roster for networking purposes:**
- Yes
- No

**I am a Mizzou Nursing Alum:**
- Yes
- No

**I am a first time EBP conference registrant:**
- Yes
- No

**By attending this event,** I acknowledge that University of Missouri Nursing Outreach staff and/or their designees including news media may take general (not close-up) photos or videos of this event for marketing/publicity purposes, and I further allow my likeness to be used in this manner. If I do not wish to appear in these photos or videos, I understand that it is my responsibility to notify University of Missouri Nursing Outreach staff so my preference can be met.

**Registration Fees: (includes the conference, CE credit, continental breakfast, lunch, refreshment breaks and an emailed link to handouts.)**

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<th>Registration Type</th>
<th>Fee</th>
<th>Discounted Rate</th>
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<td>Early Registration (until March 29)</td>
<td>$159.00</td>
<td>10% Discounted Rate when sent with 3-5 registrations and one payment</td>
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<td>Regular Registration (After March 29)</td>
<td>$179.00</td>
<td>10% Discounted Rate when sent with 3-5 registrations and one payment</td>
<td>$161.10</td>
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<td>Onsite Registration</td>
<td>$199.00</td>
<td>10% Discounted Rate when sent with 3-5 registrations and one payment</td>
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<td>Undergraduate Students</td>
<td>$80.00</td>
<td>15% Discounted Rate when sent with 6+ registrations and one payment</td>
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<td>$111.00</td>
<td>15% Discounted Rate when sent with 6+ registrations and one payment</td>
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<td>Early Registration (until March 29)</td>
<td>$135.15</td>
<td>10% Discounted Rate when sent with 3-5 registrations and one payment</td>
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**TOTAL**

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**Please indicate which Concurrent Session you are most interested in attending:**

**9:50 a.m. Concurrent Sessions (choose one)**
- Workplace Aggression and Violence Prevention Program
- Use of a Sensory Room

**2:00 p.m. Concurrent Sessions (choose one)**
- Be the S.P.A.R.K. in Using Evidence-Based Practice
- Understanding and Interpreting Research Studies for Deciding When to Integrate Evidence into Practice

**Please indicate food allergies, if you prefer vegetarian or have any special needs:**

**Cancellations, substitutions and modifications can be made online or in writing.** Please see your confirmation for details. Refunds, less a $25 processing fee, will be made if cancelled seven or more days in advance of event. Substitutions are always welcome. Upon submitting your registration you are responsible for all fees, whether you attend or not.

**Register by Mail, Fax or On-line:**
- Mail: Evidence-Based Practice on the Frontline, 344 Hearnes Center, Columbia, MO 65211
- Make checks payable to: University of Missouri
- Fax: (573) 882-1953
- Online at: nursingoutreach.missouri.edu (with credit card only!)

**Questions:**
- Program contact: (573) 882-0215 or nursingoutreach@missouri.edu
- Registration contact: (573) 882-4349 or muconf4@missouri.edu

**CREDIT CARD INFORMATION**
*(For security purposes do NOT email credit card information!)*

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Address if Different than Card Holder

Card Number

Expiration Date

For Office Use Only
Event # 22NYJDZT5J
Confirmation #
11th Evidence-Based Practice on the Frontline:
Building a Culture of Quality, Safety and Nursing Professionalism

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See inside for conference and registration details!