



**Missouri 4-H**  
University of Missouri  
4-H Center for Youth Development

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# Recognition Form

## Level 1 (Ages 8-10)

### Instructions

#### Eligibility

- For 4-H members ages 8-10
- Must have been a 4-H member for at least one year, not including Clover Kid years.

#### Application Information and Formatting Requirements

- Complete the form with all required signatures,
- Forms can be handwritten or typed in **the words of the participant**. If handwritten, notebook paper is acceptable. Follow the format for each section
- Use ruled or plain 8 ½ x 11" white paper with 1-inch margins at the top, left, bottom and right. Type on one side of each sheet of paper only and use a 12 point font.
- Report up to, but no more than, three years' information.
- Submit your form in a flat pronged folder with no page protectors to your local University of Missouri Extension center prior to the locally required date.
- Stay within the page limits specified for each section of the form.
- Total points for this form equal 100. Point values are listed with each section. There are 5 points available for the overall form including grammar, punctuation, organization, neatness, spelling, etc.
- DO NOT attach any additional pages, pictures, support material or documents to your form. Do not submit instruction or example pages.
- Up to five regional winners will receive a medallion and \$50 4-H camp scholarship.
- Reasonable accommodations may be made for youth with special needs. Contact your county Youth staff for more information.



## Section B - Leadership Experiences (5 points each section)

**B1. Leadership experience** - List up to three 4-H offices you have held, committees you have served on and activities where you helped. Tell what you did and what you learned.

Year	Leadership Experience	What I Did	What I Learned
2016-2017	Games Committee	I helped decide what games we would play at club meetings. Then I helped lead the games.	It's fun to find games to play, but sometimes it's hard to get and keep the group's attention when teaching them a new game.
2016-2017	Pledge Leader	Led the pledge at our club meeting.	I learned how to speak in front of a crowd.
2016-2017	Helped with Club fund Raiser.	I talked to people about our club and how the money would be used.	I learned how to talk to customers. The more people you talk to, the more sales you will have.

**B2. Learning Experiences** – List up to three other 4-H events, activities and experiences. List what you did and what you learned. (Examples may include demonstrations, camp, fair, achievement day, recognition banquet, etc.) State-wide events will be listed on the Missouri 4-H website <http://4h.missouri.edu/>.

Year	Learning Experience	What I Did	What I Learned
2016-2017	State 4-H Dog Camp	I attended a three day camp with my dog. Dog camp is a good place to learn about training dogs.	I learned that dog camp is the most fun ever. I learned how to teach my dog tricks and how to do obedience. I still need to practice with her because sometimes she doesn't listen.
2016-2017	State Public Speaking Contest	I gave my speech at county, and qualified for the state contest. I traveled to Columbia, and gave my speech there.	I learned that if I practiced a lot I could give my speech without looking at my notes. I also learned that the seniors who have been in 4-H a long time are really good at giving speeches.
2016-2017	Lawrence County Youth Fair	I brought things I made in my projects, did member judging and speeches	I learned that if you work hard and enter all the contests and make lots of things you can win the high point award.

**B3. Recognition and Awards** – List up to three 4-H recognition and awards that you are most proud of receiving.

Year	Recognition/Award	What I Did	What I Learned
2016-2017	Ribbon at State Fair	I gave my cooking demonstration in the 4-H Building at Missouri State Fair in Sedalia.	I practiced my demonstrations so many times, but it really paid off because it went really well at state fair. I learned that if you practice, you get better.
2016-2017	Blue ribbon and state qualifier for public speaking	I gave my speech at county, and qualified for the state contest. I traveled to Columbia, and gave my speech there.	It was really fun to go to the state speech competition. I was worried I would go over or under the time limit, but I did my speech just right. I didn't win but I will work hard and try again next year.
2016-2017	Two blue ribbons at Ozark Empire Fair	I sent four things I made to Ozark Empire Fair, and I got blue ribbons on two of them.	I learned that if I want to get a blue ribbon, I need to work hard and do my best on the things I make.

**Section C- Citizenship (5 points)**

Citizenship can be defined as the duties and responsibilities that come with being a member of your club, community, country and world. Using the chart below, describe your Citizenship participation and what you learned in up to three experiences. Experiences may include, but are not limited to: voting at your club, leading or participating in the pledges, Veteran's Day parade, patriotic events, and flag etiquette.

Year	Activity	What I Did	What I Learned
2016-2017	Flag Retirement Ceremony at 4-H Camp	I was in the color guard when we had our flag retirement ceremony. I held the American Flag.	I learned how to fold the American flag properly, and how to carry it without letting it touch the ground. I was excited to get chosen for this, now I can teach others how to do this job respectfully.
2016-2017	Vote for officers in my club	I voted for the officer candidates I thought would do a good job.	I learned I can make a difference when I vote.
2016-2017	Vote on our club community service activity	I voted for one of the choices on what community service activity our club would do.	I learned that sometimes it is hard to make a decision when we are offered choices. I wanted to vote for two different activities, but I had to choose one.

## Section D – Community Service (5 points)

Community service is what you do as an individual or with others to help your club, community, country and world. In the chart below, describe your Community Service participation and what you learned in up to three experiences. Experiences may include, but are not limited to: visiting a nursing home or veteran’s home, cleaning up the location where your club meets, picking up trash along a road, serving meals at a homeless shelter.

Year	Activity	What I Did	What I Learned
2016-2017	Nature trail project with 4-H club	I helped spread mulch on the nature trail for the church where our club meets each month.	Sometimes it is really hard to do work. But it’s always more fun if there is a group of friends doing it together. When there are a lot of people, the work gets done really fast. At the end of the project you feel really good.
2016-2017	Worked in the concession stand at the county fair	I helped prepare food, and take money from customers.	I learned you need to be more prepared if you are selling food. Warm soda and cold chili are not what people want to buy. We should have put the drinks in the fridge the night before and got to the fair earlier to heat up the food.
2016-2017	Helped with Lafayette House activity in Joplin	I helped kids who lived there make a craft. I talked to the kids.	I learned that a lot of people have it a lot worse than I do and that I am really lucky.

## Section E - Experiences in 4-H Projects (30 points)

Answer questions in space provided. Maximum of 150 words for each - "What I did" and "What I learned".

<b>Project: Foods</b>	<b>Number of Years in Project: 1</b>
<p><b>What I Did:</b></p> <p>I wanted to enter a cooking contest but I didn't know how to cook. So I learned how to read a recipe, measure the ingredients, use the mixer and cook on the stovetop. I also had to learn how to make and cook the recipe all by myself because my parents could not help me during the contest. I also did a demonstration at the county fair and the state fair on how to make crepes.</p> <p><i>(Talk about what you did in your project meetings in this space. You can also talk about any items you made for the fair here.)</i></p>	
<p><b>What I Learned:</b></p> <p>I learned how to change a recipe to fit contest rules. I also learned that if you do the work and enter a contest you may actually win! Sometimes even when you try your best, you think you have not done as good as others.</p> <p>I learned you should practice a few more times before doing a demonstration where you have to talk and cook at the same time. I didn't mix the batter long enough so I had to go back and do it again. It was hard the first time doing the demonstration in front of people. I practiced making my recipe many times before the state fair. This made it so much easier to talk and cook at the same time. I learned that practice makes perfect!</p> <p><i>(This is the place to tell us what you learned in the project. Think about not just how it applies to the project area, but how you will use what you learned in other places, like school and home.)</i></p>	

## Section E – Experiences in 4-H Projects (Continued)

Answer questions in space provided. Maximum of 150 words for each - “What I did” and “What I learned”.

Project Name	Number of Year(s) in the project
<p><b>What I Did:</b></p> <p><i>(Talk about what you did in your project meetings in this space. You can also talk about any items you made for the fair here.)</i></p>	
<p><b>What I Learned:</b></p> <p><i>(This is the place to tell us what you learned in the project. Think about not just how it applies to the project area, but how you will use what you learned in other places, like school and home.)</i></p>	



## Section F – Your 4-H Story (30 points)

Limit to 1 page typed or 2 pages hand written, one side only. If handwritten, you may use notebook paper instead of this page. Write at least one paragraph about each of the following topics:

- Who you are and why you joined 4-H.
- Things you have learned in 4-H
- Tell about your projects and some interesting experiences
- What things you like best about 4-H

My name is Courtney Clover. I am eight years old and I am a member of MY 4-H Club. I joined 4-H because I wanted to meet new friends. My mom was in 4-H when she was my age, and she thought I should try it. Now I love being in 4-H and getting to do lots of different projects and activities!

I have learned a lot of different things in 4-H already. I have learned that speaking in front of people is okay. I have learned that if I want to learn about something, I have to work hard and never give it. I have learned that you have to practice a lot if you want to do well at anything. I got better at my speeches and demonstration from the first time I did them at the county fair until I did them at the state competition because I practiced them over and over. Sometimes when I practice something, it gets boring, but it makes it easier when I am at the contest.

One of my projects this year was raising broilers for the Lawrence County Youth Fair. I learned that chickens grow very fast! I fed my chickens Game Bird Starter. They drank two gallons of water every day. I got a red ribbon on my chickens, but I got to do the premium sale. I earned lots of money for my chickens. I learned that if you make people laugh at the sale, they will bid more money.

The most fun I had in 4-H this year was to get to go to 4-H dog camp. It is the best thing ever, and was so fun. I loved sleeping with my dog in the cabins and learning how to teach her to do tricks and dog obedience. Sometimes my dog didn't listen to me, so I am going to practice with her before next year's camp.

What I like best about 4-H are all the friends I have made. I love going to 4-H camp and going trout fishing with all my friends. I love to meet lots of new people. I have found that actually doing the project is more fun than it is to keep all the records about the project and fill out all the papers about what I have learned. But, my mom says it will be good for me when I get older and fill out a scholarship application for college. The 4-H motto is "to make the best better" so I am going to learn how to get better at liking to do the paperwork.

I really love being in 4-H. It has given me lots of opportunities to grow my knowledge. I can't wait to see what I learn next year.

## **Section G – Photographs (10 points) Page 1**

Limit three pages on white 8 ½ x 11 paper (two photos per page, one side only).

- Include color or black & white photos that depict your 4-H experiences with a short caption.

***“Include photos of you in action at some of your 4-H events. Photos from camp, project meetings, club meetings, or working on your projects are great. Make sure you include six photos (2 per page) and write a caption for each one.”***

**Section G – Photographs Page 2**

**Section G – Photographs Page 3**

