PC-CARE!
Caregiver-Child Intervention – 6 Week Model

Week 1:
• Learn about PC-CARE and how to use PRIDE skills and strategically notice your child’s positive behavior
• Learn and practice: Setting up your home Environment to improve child compliance, & Transitions
• Daily CARE!

Week 2:
• Learn and practice: Ignore, Modeling, Redirect, & Calming
• Practice PRIDE skills to strengthen your child’s positive behavior
• Daily CARE!

Week 3:
• Learn and practice: Rules, Positive Incentives – Choices, When-Then & If-Then statements
• Practice PRIDE skills to strengthen your child’s positive behavior
• Daily CARE!

Week 4:
• Learn and practice: Giving Effective Commands, & Removal of Privileges
• Practice PRIDE skills to strengthen your child’s positive behavior
• Daily CARE!

Week 5:
• Learn and practice: Re-Doing, Hand-Over-Hand (for very young children), & Recovery
• Practice PRIDE skills to strengthen your child’s positive behavior
• Daily CARE!

Week 6:
• Putting it all together! Use what you’ve learned at home and in the community!
• Practice all the skills: the PRIDE skills, Calmly Tell Your Child What to Do, and the calming & coping skills
• Graduation!

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