

Continuing Education Credit Summary

2026 Conference on Adolescent Health

Virtual: Monday, November 2

In Person: Friday, November 6 – Saturday, November 7

To claim Continuing Education (CE) credits, attendees must be enrolled in a session in order for attendance to be taken. In-person attendees must sign in and out of each session to verify attendance; a CE check-in volunteer or AHI staff member will be available at the entrance of each session to scan the QR code on attendees' badges, automatically signing them in (and out) of that session. Additionally, attendees must complete the individual session feedback surveys as well as the overall event survey, which will be shared via email after the event.

Please note: The total number of CE credits available each day may be greater than the sum of the credits shown for individual sessions. The daily total includes eligible program components that are not listed as separate sessions (e.g., opening and closing remarks) and some sessions listed may not be eligible for CE. Attendees must participate in the full day to earn the total daily credit amount.

Monday, November 2 – Virtual

Max credits available for the day:

- AMA PRA Category 1 Credits™ (CME): 4.25
- ANCC Contact Hours (Nursing CE): 4.0
- General Social Work Continuing Education Credits (SW CE): 3.5
- CHES Category I CECH (CECH): 4.0
- State Continuing Education Contact Hours (SCECH): 4.0

Adolescent Distress in a Changing World: Global Lessons for Practice

- CME: 0.75
- Nursing CE: 0.75
- SW CE: Not available
- CECH: 0.75
- SCECH: 0.75

Breakout Sessions I

- Strategies for Treating Adolescent Depression through CoCM in Primary Medical Care
 - CME: 1.0

- Nursing CE: 1.0
- SW CE: 1.0
- CECH: 1.0
- SCECH: 1.0
- Partners, Plurals, and Pride: Youth relationships aren't a One-Size-Fits-All!
 - CME: 1.0
 - Nursing CE: 1.0
 - SW CE: 1.0
 - CECH: 1.0
 - SCECH: 1.0
- Universal Mental Health Screening Reveals Help-Seeking Gaps Among High School Students
 - CME: 1.0
 - Nursing CE: 1.0
 - SW CE: 1.0
 - CECH: 1.0
 - SCECH: 1.0
- Voices of Resilience: Navigating Parental Substance Use and Child Welfare
 - CME: 1.0
 - Nursing CE: 1.0
 - SW CE: 1.0
 - CECH: 1.0
 - SCECH: 1.0
- Role Models and Red Flags: LGBTQ+ Youth's Experiences with Social Media
 - CME: 1.0
 - Nursing CE: 1.0
 - SW CE: 1.0
 - CECH: 1.0
 - SCECH: 1.0

Lightning Sessions

- Primary Care
 - CME: 1.25
 - Nursing CE: 1.25
 - SW CE: 1.5
 - CECH: 1.25
 - SCECH: 1.25
- Sexual & Reproductive Health

- CME: 1.25
- Nursing CE: 1.25
- SW CE: 1.5
- CECH: 1.25
- SCECH: 1.25
- Mental Health
 - CME: 1.25
 - Nursing CE: 1.25
 - SW CE: 1.5
 - CECH: 1.25
 - SCECH: 1.25
- School-Based & Community Health
 - CME: 1.25
 - Nursing CE: 1.25
 - SW CE: 1.5
 - CECH: 1.25
 - SCECH: 1.25
- Youth Engagement
 - CME: 1.25
 - Nursing CE: 1.25
 - SW CE: 1.5
 - CECH: 1.25
 - SCECH: 1.25

Breakout Sessions II

- Implementing the Collaborative Care Model in Adolescent Primary Care and School-Based Health Centers
 - CME: 1.0
 - Nursing CE: 1.0
 - SW CE: 1.0
 - CECH: 1.0
 - SCECH: 1.0
- Stepping Stones: Meeting the Relationship and Sexual Health Needs of Systems Involved Young Men
 - CME: 1.0
 - Nursing CE: 1.0
 - SW CE: 1.0

- CECH: 1.0
- SCECH: 1.0
- Building Healthy Futures for LGBTQ+ Youth
 - CME: 1.0
 - Nursing CE: 1.0
 - SW CE: 1.0
 - CECH: 1.0
 - SCECH: 1.0
- Telling It: Using Expressive Arts Mental Health Interventions for Justice-Involved Youth
 - CME: 1.0
 - Nursing CE: 1.0
 - SW CE: 1.0
 - CECH: 1.0
 - SCECH: 1.0
- Assume a Sensory Reason: An Autoethnography of Youth Regulation and Engagement
 - CME: 1.0
 - Nursing CE: 1.0
 - SW CE: 1.0
 - CECH: 1.0
 - SCECH: 1.0

Friday, November 6 – In Person

Max credits available for the day:

- AMA PRA Category 1 Credits™ (CME): 5.0
- ANCC Contact Hours (Nursing CE): 5.0
- General Social Work Continuing Education Credits (SW CE): 5.0
- CHES Category I CECH (CECH): 5.0
- State Continuing Education Contact Hours (SCECH): 4.75

Workshops

- Medical Improv: A Skills Lab for Connecting with AYA Patients
 - CME: 1.5
 - Nursing CE: 1.5
 - SW CE: 1.5
 - CECH: 1.5

- SCECH: 1.5
- Parody for Prevention: Peer-Led Theatre for Sexual and Mental Health Education
 - CME: 1.5
 - Nursing CE: 1.5
 - SW CE: 1.5
 - CECH: 1.5
 - SCECH: 1.5
- A Primer on Identification and Intervention in Early Psychosis and Psychosis Risk
 - CME: 1.5
 - Nursing CE: 1.5
 - SW CE: 1.5
 - CECH: 1.5
 - SCECH: 1.5
- Building Communities Through Care: Effective Mass Care Events in Schools
 - CME: 1.5
 - Nursing CE: 1.5
 - SW CE: 1.5
 - CECH: 1.5
 - SCECH: 1.5
- Beyond Burnout: Strengthening the Youth Worker Workforce Through Self-Care and Sustainability
 - CME: 1.5
 - Nursing CE: 1.5
 - SW CE: 1.5
 - CECH: 1.5
 - SCECH: 1.5

The State of Adolescent Health in the U.S.

- CME: 1.0
- Nursing CE: 1.0
- SW CE: 1.0
- CECH: 1.0
- SCECH: 1.0

Lightning Sessions

- Sexual & Reproductive Health
 - CME: 1.25
 - Nursing CE: 1.25

- SW CE: 1.5
- CECH: 1.25
- SCECH: 1.25
- Mental Health
 - CME: 1.25
 - Nursing CE: 1.25
 - SW CE: 1.5
 - CECH: 1.25
 - SCECH: 1.25
- School-Based & Community Health
 - CME: 1.25
 - Nursing CE: 1.25
 - SW CE: 1.5
 - CECH: 1.25
 - SCECH: 1.25
- Youth Engagement
 - CME: 1.25
 - Nursing CE: 1.25
 - SW CE: 1.5
 - CECH: 1.25
 - SCECH: 1.25

Breakout Sessions

- Just don't tell my mom...Legal, Ethical, and Medical Challenges of Adolescent Confidentiality
 - CME: 1.0
 - Nursing CE: 1.0
 - SW CE: 1.0
 - CECH: 1.0
 - SCECH: 1.0
- Youth Voice to Systems Change: A Community of Practice Model for Adolescent SRH
 - Not eligible for CE
- Caught in the Middle: Adolescent Mental Health and Dual-System Involvement
 - CME: 1.0
 - Nursing CE: 1.0
 - SW CE: 1.0
 - CECH: 1.0
 - SCECH: 1.0

- Two Systems, One Mission: Schools and Local Government Transforming Youth Mental Health
 - CME: 1.0
 - Nursing CE: 1.0
 - SW CE: 1.0
 - CECH: 1.0
 - SCECH: 1.0
- EmpowHER in Action: Addressing the Socioemotional Needs of Adolescent Girls in Highland Park, MI
 - CME: 1.0
 - Nursing CE: 1.0
 - SW CE: 1.0
 - CECH: 1.0
 - SCECH: 1.0

Saturday, November 7 – In Person

Max credits available for the day:

- AMA PRA Category 1 Credits™ (CME): 4.25
- ANCC Contact Hours (Nursing CE): 4.0
- General Social Work Continuing Education Credits (SW CE): 4.5
- CHES Category I CECH (CECH): 4.0
- State Continuing Education Contact Hours (SCECH): 4.0

Morning Sessions

- Session 1: Understanding Youth Experiences in Health Care Settings
 - CME: 1.5
 - Nursing CE: 1.5
 - SW CE: 1.5
 - CECH: 1.5
 - SCECH: 1.5
- Session 2: When the Manosphere Enters the Exam Room – Youth Panel Discussion
 - CME: 1.5
 - Nursing CE: 1.5
 - SW CE: 1.5
 - CECH: 1.5
 - SCECH: 1.5

Youth Co-Led Round Table Discussions

- CME: 1.0
- Nursing CE: 1.0
- SW CE: 1.0
- CECH: 1.0
- SCECH: 1.0

Lightning Sessions

- Series 1
 - CME: 0.7
 - Nursing CE: 0.8
 - SW CE: 1.0
 - CECH: 0.7
 - SCECH: 0.7
- Series 2
 - CME: 0.7
 - Nursing CE: 0.8
 - SW CE: 1.0
 - CECH: 0.7
 - SCECH: 0.7

Workshops

- Insights from Caregiving Youth: Supporting Adolescent Well-Being Through an Experiential YCare Approach
 - CME: 0.8
 - Nursing CE: 0.8
 - SW CE: 1.0
 - CECH: 0.8
 - SCECH: 0.8
- Working With Youth in the Digital Age
 - CME: 0.8
 - Nursing CE: 0.8
 - SW CE: 1.0
 - CECH: 0.8
 - SCECH: 0.8

CE Accreditation Statements

ACCME Accreditation and Credit Designation Statements:

The University of Michigan Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The University of Michigan Medical School designates this live activity for a maximum of 13.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Sponsored by the Adolescent Health Initiative, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designated for Certified Health Education Specialists (CHES®) and/or Master Certified Health Education Specialists (MCHES®) to receive up to 13 total Category I Continuing Education Contact Hours. Maximum advanced-level Continuing Education Contact Hours (CECH) available are 0.

University of Michigan Health Nursing Professional Development & Education is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.