INVESTING IN PEOPLE OVER THE LIFE COURSE

CHILDHOOD

Breakout Session #1

Wisconsin Rapids, Healthy Communities Initiative
December 7, 2016
By joining forces, community developers and health professionals can have a more powerful impact.

Learn More About the Network

The Pulse

A monthly roundup of what we’re reading and where we’ve been at the intersection of community development and health.

View Past Issues Sign Up

NOVEMBER
The way forward for community development and health

OCTOBER
From treating the ill to preventing the illness

SEPTEMBER
Poverty is down, health insurance coverage is up

buildhealthyplaces.org
PEOPLE GET SICK BECAUSE OF THEIR SOCIAL AND PHYSICAL ENVIRONMENTS

- Schools
- Grocery Stores
- Housing
- Transportation
- Parks and Playgrounds
- Jobs

PEOPLE GET SICK BECAUSE OF THEIR SOCIAL AND PHYSICAL ENVIRONMENTS
IN DETERMINING YOUR HEALTH...

54494 >
HEALTH DISPARITIES
SHORT DISTANCES: LARGE DIFFERENCES
MINNEAPOLIS – ST PAUL

COMMUNITY DEVELOPMENT IS IN THE ZIP CODE IMPROVEMENT BUSINESS
CURRENT HEALTHCARE EXPENDITURES?

$3 TRILLION/yr
SOCIAL DETERMINANTS OF HEALTH

Lack of Control $\rightarrow$ Toxic Stress

- Poverty
- Homelessness
- Underemployment
- Discrimination
- Death of a Loved One
- Poor Parenting
- Family Violence
- Lack of Health Care
- Education Deficit

- Poor Nutrition
- Limited Transportation
- Teenage Pregnancy
- Challenged Mental Health
- Single Parent Home
- Lack of Money
- Inadequate Social Network
- No Recreation

Source: www.smartcitymemphis.com/cartoon/toxic
IMPACTS OF TOXIC STRESS:

- IMMUNE SYSTEM
- INFLAMMATION
- FIGHT OR FLIGHT RESPONSE
- BRAIN DEVELOPMENT
TODAY’S SPEAKERS

Sister Edna Lonergan  Founder and President
St. Anne Center for Intergenerational Care, Milwaukee

Salli Martyniak  President
Forward Community Investments, Madison

Kelly Borchardt  Executive Director
Childcaring, Inc., Wausau & Wisconsin Rapids