Cancellation Policy: Motivations, Inc. reserves the right to cancel a course up to 14 days prior to the course, with full refund, if insufficient numbers of participants have registered for the course. Registrants may cancel up to 14 days prior to the course and transfer their tuition to any Motivations, Inc. course, or receive a full refund. Any cancellations within two weeks prior to the course will receive a refund less $100 for administrative costs.

<table>
<thead>
<tr>
<th>Rate</th>
<th>Description</th>
<th>16 Hrs</th>
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<td>Consortium</td>
<td>Group Discount – Register your facility today. 5 or more</td>
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<td>Association</td>
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<td>$515</td>
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#384 Kinesio Taping®
Assessments, Fundamental Concepts and Techniques
(Day 1-2 toward Certification)

Instructor
Patricia W. Martin, PT CKTI
Steve Huber, PT, Orthotist, CKTI
Karen Danish, PT, MS, CHT, CKTI

A Workshop for Physical Therapists, Occupational Therapists and Speech Therapists and Assistants

8:00 am – 5:30 pm
Day 1 and Day 2
SUMMARY: This two day course designed to introduce participants to the science, assessment and application techniques of the Kinesio Taping® Method. Lecture Tutorials of the history, science and theory of stimulus transmission through skin and resulting therapeutic benefit across effenter and afferent systems is reviewed. Corrections for Epidermis, Dermis, Fascia, Space, and Muscle in case study format are presented. Lecture and demonstration by the instructor, then participants perform the Manual Assessments and Therapeutic Assessments. Discussion of the assessment flow charts to determine correct applications and general progression of treatment clinically. Day Two continues with instruction and demonstration of assessment and taping procedures for the Mechanical, Tendon, Ligament and Circulatory/Lymphatic Corrections in case study format. Time is allotted for questions and discussion of the assessment flow charts to determine correct applications and general progression of treatment clinically. Participants will receive a full color Kinesio Taping® Workbook and a 60-day access code to the KTAI database.

PRESENTER: Patricia (Trish) Martin, PT, Certified Kinesio Taping ® instructor, is the Satellite Manager at Cleveland Clinic Children’s Hospital for Rehabilitation. She specializes in lower extremity biomechanics, casting, splint fabrication, and taping in the treatment of adults and children with orthopedic and neurological involvement. Trish has over twenty five years of experience in private practice, hospital, and clinic settings. She has experience in treating adults and children with neurological and orthopedic issues, as well as athletes. Trish has been taping for over twelve years.

PRESENTER: Steven Huber PT, Orthotist, CKTI Steven graduated from Temple University’s Physical Therapy Program and completed his orthotic training at Northwestern University Medical School Prosthetic Orthotic Center. He has worked at the Rehabilitation Institute of Chicago as a clinical and research physical therapist, taught at Northwestern University and was director of Physical Therapy and Rehabilitation at Central Maine Medical Center.

PRESENTER: Karen Danish, PT, MS, CHT, CKTI has been a practicing physical therapist for more than 30 years. She has been a certified Kinesio Taping practitioner since 1999, and she is the only certified Kinesio Taping instructor in Pennsylvania. She is a contributing writer to the K1 course on Kinesio Taping to the hand, and she teaches introductory as well as advanced courses in sport and hand.

Disclosure: All instructors: Financial—Received a teaching honorarium and reimbursement for travel expenses from Motivations Inc. Nonfinancial—No other relevant nonfinancial relationship exists.

OBJECTIVES: Upon completion of this course, participants will be able to:

1) List 3 unique qualities of Kinesio® Tex Tape.
2) List 3 different physiological systems affected by Kinesio® Tex Tape.
3) List 3 contraindications and 3 precautions of using Kinesio® Tex Tape.
4) List the best use for each type of Kinesio® Tex Tape.
5) Describe and demonstrate cutting at least 4 different Kinesio Taping® application tape shapes: I Strip, Y Strip, Web Cut, X Cut, etc.
6) Describe 1 situation where it would be appropriate to use each different tape cut.
7) Demonstrate 1 of the 3 methods of safely removing Kinesio® Tex Tape from skin.
8) Demonstrate the appropriate use of Manual Direction Tests for tissue and muscle.
9) Demonstrate the use of Kinesio® Screening Assessments to identify target tissue for treatment.
10) Demonstrate the proper application of Kinesio® Epidermis, Dermis and Fascia Taping technique.
11) Demonstrate the proper application of corrective techniques: Fascia, Mechanical, Space, Functional, Lymphatic, Tendon, Ligament, and Muscle.
12) Describe the difference between an underactive and overactive muscle correction application.
13) Identify appropriate tension range for each corrective technique.
14) Describe the difference between a ligament correction and tendon correction.
15) List 1 condition that the Functional Correction would be used for.
16) Describe the difference between “long and short oscillation” and “side to side oscillation” used in the Fascial Correction application.

FORMAT: This is a 16-hour course equivalent to 1.6 CEUs Motivations Inc is an approved provider by The Texas Chapter of the APTA. We follow the PT Licensing Board guidelines in the states in which the course is held. The K1 and K2 course has been approved by Council on Professional Standards for Kinesiotherapy (COPSKT) for 1.6 CEUs or 16 contact hours. AOTA: Motivations, Inc. is an approved provider of continuing education by the American Occupational Therapy Association #4002, for 16 contact hours - Intermediate Level Occupational Therapy Process: evaluation, intervention. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA. This course is offered for 1.6 ASHA CEUs (Intermediate level_ Related area).

PREPARATION: Also, attendees should bring scissors & yoga mat. You will practice with each other, so please bring clothing such as a two-piece bathing suit or sports bra/shorts to enhance learning. Wear comfortable lab clothing, such as shorts.

FINANCIAL DISCLOSURE: Financial—Kinesio University recommends only using Kinesio Tape. Their company have a financial interest in teaching this course. Nonfinancial—No other relevant nonfinancial relationship exists.

AGENDA: DAY 1 - FUNDAMENTAL KINESIO TAPING (Breaks at 10:00 AM/3:00 PM Lunch at 12:00)

8:00       Instructor Introduction & Bio
8:10 - 10:00 Intro Kinesio Taping® Concepts, Theory, History, Tape Qualities, Finger Demo, Precautions and Application
10:15 – 12:00 Tape Removal, Skin Stimulation Research, Kinesio Taping® Assessments & Labs: Epidermis & Dermis
1:00 - 3:00pm Manual Direction Tests, Correction Labs: Fascia and Space
5:20 - 5:30 Q&A; Overview of Student Assessments on Day 2

DAY 2 - FUNDAMENTAL KINESIO TAPING (Breaks at 10:00 AM/3:00 PM Lunch at 12:00)

8:00 – 10:00 Overnight Responses, Assessments and Labs: Pectoralis Major, Rhomboid Major, Rectus Abdominis,
10:15 – 12:00 Kinesio® Assessments and Labs: Gluteus Medius, Rectus Femoris; Q&A
1:00 – 3:00pm Kinesio Taping® Corrective Techniques: Mechanical – shoulder, knee and ankle; Ligament,
3:15 – 4:20 Kinesio Taping® Corrective Techniques: Tendon, Functional and Circulatory/Lymphatic
4:20 – 5:30 Documentation, Research, Glossary Review, Student Assessments, Q and A

For information about course locations and dates, visit our website at www.motivationsceu.com