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Group rate	Register 5 or more	\$300	\$395
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Course #	Course Title	
Webinar Date		
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Intermediate Level
1.4 ASHA CEUs

VIRTUAL/WEB CONFERENCE

306 CAN-EAT Approach

**...Using medical, motor, &
therapy strategies in
pediatric feeding**

Instructor

Krisi Brackett PhD, CCC-SLP, C/NDT

**A Workshop for Speech and Occupational
Therapists and Assistants and Nutritionists.**

8:00 am – 4:00 pm ONE DAY
Pre-assigned Videos: 7 Hours

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SUMMARY: Feeding and swallowing problems in infants and young children are often complex and may result from multiple interacting factors, including medical conditions, nutritional deficiencies, feeding skill limitations, and psychosocial factors that make eating difficult or uncomfortable.

These challenges are broadly defined as **Pediatric Feeding Disorder (PFD)**—impaired oral intake that is not age-appropriate and is associated with dysfunction in one or more of four domains: **medical, nutritional, feeding skill, and psychosocial** (Goday et al., 2019). PFD is common among both typically developing children and children with special healthcare needs, with prevalence estimates ranging from 20% to 80% depending on the population studied (Dharmaraj et al., 2023; Kovacic et al., 2021; Manikam & Perman, 2000; Silverman et al., 2021).

PFD can contribute to reduced oral motor skills, aspiration, inadequate growth and nutrition, challenging mealtime behaviors, and the need for specialized intervention. Feeding difficulties can also negatively affect quality of life and the parent-child relationship (Simione et al., 2023).

Effective treatment requires clinicians to understand how each of the four PFD domains contributes to feeding difficulty and how these domains interact. Medical and nutritional problems may create significant barriers to feeding progression, making it essential to address underlying factors while simultaneously supporting feeding skill development. Because PFD is highly individualized, intervention often requires a comprehensive and flexible approach.

The **CAN-EAT Approach®** is a two-day, 14-hour workshop designed to provide clinicians with practical medical, nutritional, and therapeutic strategies for working with children with PFD. The course emphasizes understanding the factors contributing to feeding difficulty, prioritizing treatment, and developing successful therapeutic experiences for children and families.

- 7 hours of pre-recorded foundation information
- 7 hours of live presentation with case studies and discussion

The CAN-EAT Framework

CAN: Comfort and Nutrition

Clinicians will learn how to collaborate with the medical team to identify and address factors that may interfere with feeding progression. This includes strategies related to gastrointestinal and respiratory stability, growth and nutrition, safe swallowing, and other medical conditions that may contribute to feeding difficulty.

EA: Establish Acceptance

Therapy begins at a place of success. Clinicians will learn how to establish positive feeding experiences by identifying achievable starting points, which may include spoon acceptance, mealtime routines, manageable textures, food exposure, or other individualized goals.

T: Therapy

Once the child is ready for therapeutic intervention, treatment focuses on developing oral motor skills, advancing feeding skills, and addressing specific feeding challenges. Evidence-informed therapeutic strategies for common feeding problems will be explored through lecture, case examples, and video demonstrations.

PRESENTER: Krisi Brackett, PhD, CCC-SLP, C/NDT, is a pediatric feeding and swallowing specialist and researcher with more than 32 years of clinical experience. She is a co-founder of the UNC Pediatric Feeding and Pediatric Dysphagia Teams and serves as adjunct faculty at UNC-Chapel Hill, Yeshiva University, and UNC-Greensboro.

Dr. Brackett is an international speaker, author, researcher, and developed the **CAN-EAT Approach®**. She is certified in pediatric Neurodevelopmental Treatment (NDT). Her research interests include interdisciplinary assessment and intervention for children with Pediatric Feeding Disorders. She also writes at pediatricfeedingnews.com.

Disclosure: The instructor has no relevant financial or non-financial relationships to disclose.

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OBJECTIVES: Upon completion of this course, the participant will be able to:

1. **Understand** the definition of pediatric feeding disorders, including common contributing factors and factors that may maintain feeding problems over time.
2. **Describe** how gastrointestinal conditions, including reflux, constipation, dysmotility, and pain, can affect feeding and feeding progression.
3. **Describe** basic medical and nutritional management strategies and explain how these factors may influence treatment outcomes and response to feeding therapy.
4. **Explain** how to prioritize treatment strategies for children with Pediatric Feeding Disorders.
5. **Identify** therapeutic strategies that can be used to improve acceptance of bites and advance feeding skills.

FORMAT: This is a 14-hour course equivalent to 14 CEU's or 1.4 CEUs offered as a live webinar.

For Live courses, the content is presented via an internet website displaying real time power points. Learners will receive a course instruction link. Instructors lecture through livestreaming internet on your computer. Questions may be asked during the webinar using the chat feature or the "raise hand" feature for live discussion.

SLP CEU's: This is a 14-hour course equivalent to 1.4 CEUs. This course is offered for 1.4 **ASHA CEUs** (*Intermediate Professional area*).



OT CEU's: Motivations Inc. is an AOTA Approved Provider of professional development. PD Course approval ID# 09083. This Live activity or distance learning-interactive is offered at 1.4 CEUs, Intermediate Level, Occupational Therapy Service Delivery/Foundational Knowledge. The assignment of AOTA CEU's does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

AGENDA: TWO PARTS

Recorded Content — 7 Hours

Participants will complete eight hours of recorded content independently prior to the live sessions.

1. **PFD Medical Domain: Working with the Medical Team**
Focus on gastrointestinal and respiratory issues and their impact on feeding success. **(2 hours)**
2. **PFD Nutrition Domain: Nutrition Information for the Feeding Therapist**
Key nutritional concepts clinicians need to understand when working with children with PFD. **(2 hours)**
3. **PFD Feeding Skill and Psychosocial Domains: Advancing Oral Motor and Feeding Skills**
Strategies for addressing feeding skill development and psychosocial factors that influence feeding. **(3 hours)**

Live Session (7 hours)

8:00-10:00 am The CAN-EAT foundational approach with focus on the PFD domains.
Case examples and application to clinical practice.

10:00-10:15 am Break

10:30- 12:00: Feeding Evaluation and prioritizing intervention:
Case examples and application to clinical practice.

12:00- 12:30 Lunch Break

12:30-2:30 pm: Feeding Therapy: Topics covered Setting up a feeding therapy program, positioning basics, getting acceptance- spoon game, feeding to elicit improved oral motor skills, chewing, cup drinking, diet expansion. Case examples and application to clinical practice.

2:30-2:45 pm Break

2:45-4:00 pm Special topics: dysphagia, infants, tube weaning. Case examples and application to clinical practice.

Satisfactory Completion: Review and study the practice test before submitting your posttest question/answers on the online form. You can take the test multiple times if needed to obtain the 70% score. Complete the evaluation feedback survey and needs assessment. Obtain, review and save your auto-emailed certificate for your files.

For course dates, times and registration, please visit our website at: www.motivationsceu.com