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Course # Course Title

Webinar Date

Name Discipline

Facility

Home Mailing Address

City State Zip

Daytime Phone Fax

E-mail Address for Confirmation (will not be shared or sold)

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Onsite/Web Conference/Self-Study

**#400 Cardiac Rehab
Patient Consideration for
Evaluation and Treatment**

Instructor: Kristin Lefebvre, PT, PhD

**Audience: Physical Therapists,
Occupational Therapists, Assistants**

**Course times:
7 CEUs with one hour pre-reading
and one hour of added lab work**

8:00 am to 3:30 pm local time

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SUMMARY: #7411- Cardiorespiratory dysfunction can interfere with the optimization of client functional goal attainment. The purpose of this course is to provide clinicians with evidence-based tools for examination and intervention of the patient with cardiorespiratory dysfunction. This course will focus on preparing the rehabilitation professional to examine and treat the client with heart failure and will provide an overview of the current evidence related to cardiopulmonary dysfunction. Evidence will include an in-depth discussion of the most recent revision of the Clinical Practice Guideline for Heart Failure from the American Physical Therapy Association.

The course will provide information on diagnostics, prognosis, examination for stability and the most current evidence based recommendations for intervention that will optimize the client's ability to perform ADLs, participate in socialization, and optimize functional outcomes. In addition, this course will review the availability of examination tools to evaluate airway, breathing and circulation impairments for various client populations (pediatric through geriatric) and evidence-based intervention tools that will optimize client outcomes. Course activities will include hands on lab content for examining airway, breathing and aerobic capacity.

Course instruction method includes: lecture, demonstration, picture/graphs, group discussion, case studies, videos, and question/answers.

INSTRUCTOR: Dr. Kristin Lefebvre is the Director of the Ph.D. in Clinical Research and Vice President for Academic Affairs and Dean of Graduate Faculty at the University of Jamestown in Fargo, ND. Dr. Lefebvre is a trained expert in Foundations of Clinical Research through the Harvard University School of Medicine. Dr. Lefebvre is a physical therapist with ABPTS board certification in cardiovascular and pulmonary physical therapy and over 20 years of teaching experience in Doctor of Physical Therapy (DPT) programs. She is a current Associate Editor for the Cardiovascular and Pulmonary Journal and the current Research Chair for the Academy of Cardiovascular and Pulmonary Section. She has also served as the Nominating Committee Chair and Secretary for the Academy in the past. Dr. Lefebvre completed her master's in physical therapy at the University of Delaware in 2000 and a PhD in Health Policy at the University of the Sciences in Philadelphia in May 2008. Her doctoral thesis examined the AHRQ NIS Inpatient Data Set for racial differences in level of amputation among minorities with vascular disease. Her research interests include evaluation of health disparities in primary care practice with particular interest in the cardiovascular and pulmonary patient, the provision of preventative care among patients with cardiovascular diseases, use of outcome measures in cardiovascular and pulmonary physical therapy and curricular and educational design and evaluation of interprofessional high fidelity simulation experiences. She has multiple national and international disseminations including two book chapters and 16 peer reviewed articles in high impact journals. (Intermediate Professional area). The instructor has no relevant financial or nonfinancial relationships to disclose.

FORMAT: This is a 7-hour course equivalent to .7 CEUs. Motivations Inc is an approved provider by The Texas Chapter of the **APTA** and many additional state and chapter approvals.



Motivations Inc. is an AOTA Approved Provider of professional development. Approved Provider #12163 and #17232. This Live activity is offered at 0.7 CEUs, Intermediate Level, Occupational Therapy Service Delivery/Foundational Knowledge. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures.

AGENDA

#7411 Examination and Intervention for the patient with Cardiorespiratory Dysfunction, Airway Management Impairments and Breathing Pattern Disorders

OBJECTIVES: Upon completion of this course, the participant will be able to:

1. Correctly identify pertinent anatomical landmarks essential for appropriate cardiorespiratory examination and intervention.
2. Accurately identifying neuromuscular, integumentary, and musculoskeletal pathologies that lead to cardiopulmonary dysfunction.
3. Describe the impact of the airway, ventilatory and circulatory systems on participation in activities of daily living, such as dressing, feeding, and bathing.
4. Analyze examination of the airway, ventilatory and circulatory systems of a client.
5. Correlate gait impairments found on examination to appropriate evidence-based intervention
6. Implement a treatment plan to address cardiorespiratory dysfunction while maximizing functional performance and participation in Instrumental Activities of Daily Living, such as household management and meal preparation

For course dates, times and registration, please visit: www.motivationsceu.com

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Pre-Study: 30 Minutes Plan to read the course materials, references and review the post test before the start time. Please be prepared to share patient case study and related question during the discussion time.

15	Background & Review of Learner Outcomes	Lecture
30	Review of Cardiorespiratory Anatomy Pertinent to Examination and Intervention	Lecture/Interactive Discussion
30	Pathologies that Lead to Cardiopulmonary Impairments	Lecture
60	Overview of Heart Failure CPG examination and intervention	Lecture/Interactive Discussion
60	Examination Techniques for Airway, Ventilatory and Circulatory Dysfunction	Lecture/Video/Interactive Discussion
60	Examination Techniques	LAB
60	Evidence Based Intervention Techniques for Airway, Ventilatory and Circulatory Dysfunction	Lecture/Video/ Interactive Discussion
60	Intervention Techniques	LAB
45	Case Study, Q and A, Summary	Discussion

Post-test: 30 Minutes Research, identify, and submit your posttest question answers on the online form. This is an open book test you can take multiple times if needed to obtain the 70% score. Complete the evaluation feedback survey and needs assessment. Obtain, review and save your auto-emailed certificate for your files.

#7447 Best Practice for Heart Failure Rehabilitation: Clinical Practice Guideline Update

AGENDA:

OBJECTIVES: Upon completion of this course, the participant will be able to:

1. Structure an examination of the client with heart failure with a focus on determining stability and readiness for physical activity.
2. Understand objective measures that can be utilized to determine if intensity of therapeutic intervention is appropriate or needs to be adjusted.
3. Summarize the key action statements of the most recent update of the American Physical Therapy (APTA) Clinical Practice Guideline for Heart Failure Rehabilitation.
4. Understand how the best practice for clients with Heart Failure can optimize ability to perform ADLs, participate in social interaction, and self-care.
5. Incorporate different, evidence based, activities to optimize outcomes with those with Heart Failure across the continuum of care

Pre-Study: 30 Minutes Plan to read the course materials, references and review the post test before the start time. Please be prepared to share patient case study and related question during the discussion time.

45 mins - Review heart failure pathophysiology, symptoms and medical management	Lecture
15 mins - Discuss diagnostic procedures (including sonography and MRI) that help determine the severity of heart failure and the implications of that to the rehabilitation professional.	Lecture/Discussion
30 mins - Present relationship between HFpEF and HFrEF, ejection fraction and exercise tolerance.	Lecture/Discussion
60 mins - Review the Key Action Statements from the updated Clinical Practice Guideline	Lecture
60 mins - Discuss the examination of the patient with heart failure with a focus on determining the stability of the patient and appropriateness of intervention.	
60 mins – Examination of the patient with heart failure	LAB
60 mins - Discuss the examination of the patient with heart failure with a focus on determining the stability of the patient and appropriateness of intervention.	Lecture
60 mins – Intervention with the patient with heart failure	LAB
30 mins- Case Studies and Q and A	Discussion

Post-test: 30 Minutes Research, identify, and submit your post-test question answers on the online form. This is an open book test you can take multiple times if needed to obtain the 70% score. Complete the evaluation feedback survey and needs assessment. Obtain and save your auto-emailed certificate for your files.